11.Students' Personality Development Activities

11(a)	**Activities like mock interview, role play, group discussions, quizzes, workshops, competitions, etc.**				
	Activities		No.	Details	Marks
	Mock Interview	:	60	List Uploaded	
	Role Play	:	92		
	Group Discussion	:	145		
	Workshop	:	60		
	Competition	:	55		
11(b)	**Personality development labs, Provisions for trained faculty to conduct practical sessions and existence of Qualified student counselors**				
	Personality development labs	:	1	List Uploaded	
	Availability of trained faculty to conduct practical sessions	:	27		
	Existence of NSS/NCC Technical and Cultural Clubs/Societies		YES	2 units registered under NSS. 1 unit registered under NCC. 16 Club list uploaded	
11(c)	**Sports facilities in the Institutions**				
	Indoor facilities	:	YES	Details Uploaded	
	Outdoor facilities	:	YES		
	Sport Equipments	:	YES		
				Marks (Max.Marks:35)	

Students’ Personality Development related activities

Mock Interview	60
Role Play	92
Group Discussion	145
Workshop	60
Competition	55

Students' Personality Development related activities

MERI regularly conducts workshops for soft skills like communication, inter personal skills, leadership skills and personality development. Placement cell at MERI along with academics dept. continuously organizes soft skills activities focusing on personality development, team work, interpersonal skills and communication.

Mock Interview	60
Role Play	92
Group Discussion	145
Workshop	60
Competition	55

Competitions

- MERI organizes various activities and competitions where students demonstrate their all round abilities. Some of the activities are

1. **Solo dance- Boys competition**
2. **Group dance competition**
3. **Singing competition**
4. **Poetry recitation contest**
5. **Dual Dance competition**
6. **Arm wrestling competition**
7. **Table tennis competition**
8. **Chess competition-boys**
9. **Cricket Tournament**
10. **Arm wrestling contest**
11 **Solo dance Girls Competition**
12. **Chess-Girls**
13. **Cooking without fire**
14. **Collage making**
15. **Rangoli**
16. **Poster Making and abstract art**
17. **Reel Making Competition**
18. **Slogan Writing**
19. **Best out of waste competition**
20. **Push Ups/Yoga**
21. **Tug of War**
22. **Football**
23. **Intra-College mock stock competition**
24. **Fashionista 2K25**
25. **Intra College Teach back Session**
26. **Snap splash –Videography competition**

27. **Intra College GD competition**

Student counselors-There is availability of trained counselor to counsel students.

Sports Facilities

MERI has following sports facilities available for its students:

Sports	Games	Place of Conduct
Indoor Games	Table Tennis Carrom Chess Snooker	MERI, Janakpuri
Outdoor Games	Volleyball Foot Ball Cricket Basketball Lawn tennis Badminton Athletics Judo Kho Kho Kabaddi	MERI, Janakpuri

Activity Report of Communication Activities spanning from 2025 to 2026.

Listening activity was conducted with the students on 19th of June 2025 for the students of BCA 2nd Year.

Listening skills are crucial for effective communication and building strong relationships, both personally and professionally. Here are some key components of good listening skills:

1. **Active Listening**: This means fully concentrating, understanding, responding, and remembering what the other person is saying. It involves making eye contact, nodding, and showing interest in the conversation.
2. **Avoiding Interruptions**: Let the speaker finish their thoughts before responding. Interrupting can make the speaker feel unheard or frustrated.
3. **Empathy**: Put yourself in the other person's shoes. Try to understand their emotions and perspective rather than just focusing on what they're saying.
4. **Clarification**: If something is unclear, ask questions to ensure you understand correctly. Phrases like, “Can you explain that further?” or “What did you mean by that?” can help clarify misunderstandings.
5. **Non-verbal Cues**: Pay attention to body language, tone of voice, and facial expressions. These can often convey more information than words alone.



Public speaking skills Practice Session was conducted on 22nd of July 2025 with the students of BCA 2nd semester.

Public speaking is the act of delivering a speech or presentation in front of an audience. It's a skill that can be useful in many contexts, such as business, education, politics, and entertainment. Good public speaking involves more than just presenting information—it's about engaging and inspiring your audience.



Here are some key aspects of public speaking:

1. **Preparation**: Know your material well. Organize your thoughts into a clear structure (e.g., introduction, body, and conclusion). Tailor your content to your audience's needs or interests.
2. **Confidence**: Be confident in your delivery. This doesn't mean being perfect, but rather speaking with authority and conviction. Practice can help with this.
3. **Body Language**: Your body language conveys a lot of information. Make eye contact, use hand gestures, and stand or sit in a posture that exudes confidence and engagement.
4. **Voice Modulation**: The way you speak matters—vary your tone, pitch, and pace to keep the audience engaged. A monotone delivery can be disengaging.
5. **Engagement**: Involve your audience. Ask questions, use anecdotes or humor, and connect with your listeners to maintain interest.

Presentation skills Practice Session was conducted for MBA Students

on 22nd of August 2025, Presentation Skills are essential for effectively communicating ideas, information, and concepts to an audience. Whether you are delivering a business proposal, a lecture, or sharing an idea with a group, strong presentation skills can significantly impact how well your message is received. Here are some key components of presentation skills:

1. Clarity and Structure

- **Organize your content**: Structure your presentation with a clear beginning, middle, and end. Start with an introduction to outline what you'll cover, followed by the body where you explain your main points, and end with a conclusion or call to action.
- **Be clear and concise**: Avoid unnecessary jargon and focus on delivering your message clearly. A concise presentation is more likely to engage your audience.



2. Confidence

- **Body language**: Use positive body language such as maintaining good posture, eye contact, and purposeful movements. Avoid crossing your arms or fidgeting, as this can distract from your message.
- **Voice control**: Speak confidently and with appropriate volume. Use varied tone and pace to keep your audience engaged. Avoid speaking too fast, as this can make it difficult for people to follow your ideas.
- **Practice**: Familiarize yourself with the content and rehearse multiple times. This will reduce nervousness and help you deliver your message smoothly.

3. Engagement

- **Know your audience**: Tailor your content to the needs, interests, and knowledge level of your audience. This will help keep them engaged and make the presentation more relevant.
- **Ask questions and involve the audience**: Pose thought-provoking questions or encourage audience participation to keep them actively engaged.
- **Visual aids**: Use slides, charts, videos, or other visual elements to enhance your message. However, avoid overcrowding slides with text. Keep them simple and relevant.

4. Handling Nerves

- **Breathing techniques**: Deep breathing exercises can help calm your nerves and ensure you're speaking clearly.
- **Positive visualization**: Visualize yourself delivering a successful presentation to boost your confidence.
- **Focus on the message, not yourself**: Shift your attention from worrying about how you are performing to focusing on delivering value to your audience.



Activity Name: Group Discussion Activity was also conducted for the students of BBA 2nd year on 9th of September 2025

Purpose: To develop effective communication skills, critical thinking, active listening, teamwork, and confidence among college students.

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1. Purpose of the Activity

The purpose of the Group Discussion Activity was to enhance students' verbal communication and interpersonal skills by providing them with a platform to express their views, exchange ideas, and discuss relevant academic, social, and professional issues. The activity aimed to improve students' confidence, listening abilities, logical reasoning, teamwork, and ability to present arguments clearly and respectfully.

2. Description of the Activity

The activity was organised to provide students with practical exposure to group-based communication. Students were divided into small groups and assigned topics related to current affairs, business, education, technology, and social issues.

Each group was given a specific time to discuss its assigned topic. Students shared their opinions, presented supporting arguments, responded to different viewpoints, and attempted to reach a meaningful conclusion. The faculty coordinator observed their participation and provided feedback on their communication style, clarity of expression, listening skills, body language, and ability to work collaboratively.

3. Learning Outcomes

The activity helped students to:

1. Improve verbal fluency and clarity of expression.
2. Develop active listening and attentive responding.

3. Build confidence in expressing opinions before others.
4. Strengthen critical thinking and analytical reasoning.
5. Learn to respect diverse viewpoints and opinions.
6. Develop teamwork and collaborative decision-making skills.
7. Improve leadership, persuasion, and conflict-management abilities.
8. Prepare for placement interviews and professional discussions.

4. Conclusion

The Group Discussion Activity provided students with a valuable opportunity to practise effective communication in a collaborative environment. It encouraged active participation, mutual respect, logical thinking, and confidence in expressing ideas. The activity contributed to students' overall personality development and workplace readiness.

Activity Name: Mock Interview Session

Mock Interview Session was conducted for the students of MBA First on 9th of February 2026.

Purpose: To prepare students for real job interviews by improving their communication skills, confidence, professional etiquette, body language, and ability to answer interview questions effectively.



Venue: College Seminar Hall / Placement Training Room

1. Purpose of the Activity

The purpose of the Mock Interview Session was to provide students with practical exposure to real-world interview situations and prepare them for future employment opportunities. The

activity aimed to enhance students' verbal communication, self-presentation, confidence, professional behaviour, and ability to respond to interview questions clearly and appropriately. It also sought to familiarise students with interview procedures, commonly asked questions, and the expectations of recruiters.

2. Description of the Activity

The Mock Interview Session was organised to help students understand the structure and requirements of professional job interviews. Students participated in simulated interviews conducted by faculty members and coordinators acting as interviewers.

Participants were asked questions related to their educational backgrounds, career objectives, strengths and weaknesses, subject knowledge, teamwork, problem-solving abilities, and professional aspirations. Students were also encouraged to practise answering questions such as "Tell me about yourself," "Why should we hire you?" and "Where do you see yourself in five years?"

The interviewers evaluated students on the basis of communication skills, clarity of thought, confidence, body language, grooming, listening skills, and the relevance of their responses. Individual feedback and suggestions were provided to help students identify areas for improvement.

3. Learning Outcomes

The activity helped students to:

1. Develop confidence in facing job interviews.
2. Improve verbal communication and presentation skills.
3. Learn appropriate professional etiquette and interview behaviour.
4. Practise answering frequently asked interview questions.
5. Enhance body language, eye contact, posture, and voice modulation.
6. Identify personal strengths and areas requiring improvement.
7. Improve self-awareness and professional self-presentation.
8. Prepare effectively for campus placements and employment opportunities.

4. Conclusion

The Mock Interview Session was a valuable learning experience that helped students understand the expectations of professional interviews. It provided them with an opportunity to practise interview techniques, receive constructive feedback, and improve their overall employability skills. The activity contributed to students' professional development and preparedness for recruitment processes

Activity Name: Presentation Skills Competition

Presentation Skills Session has been conducted for the students of BCOM 2nd Year on 10th of March 2026.

Purpose: To enhance students' public speaking, presentation, communication, confidence, and audience-engagement skills, while enabling them to present ideas clearly and effectively using appropriate visual aids.



1. Purpose of the Activity

The purpose of the Presentation Skills Competition was to provide students with a platform to demonstrate and improve their oral presentation and professional communication abilities. The activity aimed to develop confidence, clarity of expression, logical organisation of ideas, effective use of visual aids, and the ability to engage an audience. It also sought to prepare students for academic presentations, seminars, group projects, business meetings, and professional workplace situations.

2. Description of the Activity

The Presentation Skills Competition was organised to encourage students to communicate their ideas in a structured, engaging, and professional manner. Participants were invited to prepare presentations on topics related to business, management, technology, education, entrepreneurship, environmental sustainability, and contemporary social issues.

Students presented their topics using PowerPoint slides and other relevant visual aids. They were encouraged to organise their content logically, maintain appropriate eye contact, use effective voice modulation, manage their time, and interact confidently with the audience. A question-and-

answer session followed the presentations, allowing participants to demonstrate their subject knowledge and ability to respond to questions.

The presentations were evaluated by faculty members on the basis of content quality, clarity, organisation, confidence, body language, creativity, visual-aid usage, audience engagement, and time management. Constructive feedback was provided to help students identify their strengths and areas for improvement.

3. Learning Outcomes

The activity helped students to:

1. Improve public speaking and oral communication skills.
2. Develop confidence in presenting ideas before an audience.
3. Organise information logically and coherently.
4. Use PowerPoint slides, charts, graphs, and other visual aids effectively.
5. Enhance body language, eye contact, and voice modulation.
6. Develop audience engagement and interaction skills.
7. Improve time management and professional presentation techniques.
8. Strengthen their readiness for academic, managerial, and workplace presentations.

4. Conclusion

The Presentation Skills Competition provided students with a valuable opportunity to showcase their knowledge, creativity, and communication abilities. It encouraged active participation, confidence, critical thinking, and professional expression. The activity contributed to students' overall personality development and prepared them to deliver effective presentations in academic and professional environmen

Activity Name: Group Discussion Activity was conducted for the students of BBA 3rd Year on 26th of September 2026

Purpose: To enhance students' verbal communication, active listening, critical thinking, teamwork, confidence, and ability to express opinions logically while respecting diverse view



1. Purpose of the Activity

The purpose of the Group Discussion Activity was to provide students with a platform to exchange ideas, express opinions, and discuss relevant academic, social, and professional issues. The activity aimed to develop effective communication, analytical thinking, leadership, cooperation, and decision-making skills. It also sought to prepare students for group discussions conducted during campus placements, recruitment processes, and professional meetings.

2. Description of the Activity

The Group Discussion Activity was organised to give students practical experience in collaborative communication. Students were divided into small groups and assigned topics related to current affairs, business management, technology, education, and social issues.

Each group was given a specific time to discuss its assigned topic. Participants shared their viewpoints, presented logical arguments, listened to others, responded to different opinions, and worked towards reaching a meaningful conclusion. Faculty members observed the discussions and evaluated students on their communication skills, clarity of thought, confidence, listening abilities, teamwork, and body language.

Constructive feedback was provided to help students identify their strengths and improve their participation in future discussions.

3. Learning Outcomes

The activity helped students to:

1. Improve verbal fluency and clarity of expression.
2. Develop active listening and interpersonal communication skills.
3. Build confidence in expressing opinions before a group.
4. Strengthen critical thinking and logical reasoning.
5. Learn to respect diverse perspectives.
6. Enhance teamwork, leadership, and collaborative decision-making.
7. Develop the ability to handle disagreements constructively.
8. Prepare for placement interviews and professional discussions.

4. Conclusion

The Group Discussion Activity provided students with a valuable opportunity to practise effective communication in a collaborative environment. It encouraged confidence, mutual respect, logical thinking, and active participation. The activity contributed to students' personality development, interpersonal effectiveness, and professional readiness.

Activity Name: Debate Competition

Debate Competition has been conducted on 8th of September 2026 for the students of MBA.

Purpose: To develop students' public speaking, persuasive communication, critical thinking, logical reasoning, and confidence while encouraging them to express opinions, support arguments with evidence, and respect opposing viewpoints.



1. Purpose of the Activity

The purpose of the Debate Competition was to provide students with a platform to express their views on contemporary issues and develop effective argumentation and communication skills. The activity aimed to enhance students' ability to analyse issues from different perspectives, construct logical arguments, present evidence-based opinions, and respond confidently to counterarguments. It also sought to promote intellectual curiosity, healthy competition, respectful disagreement, and informed decision-making among students.

2. Description of the Activity

The Debate Competition was organised to encourage students to engage in structured discussions on relevant social, educational, technological, environmental, and business-related issues.

Participants were divided into two teams, with one team supporting the motion and the other opposing it.

Students were given topics such as “Artificial Intelligence: Boon or Bane,” “Social Media Does More Harm Than Good,” and “Online Education Is Better Than Traditional Education.” Each participant was allotted a specific time to present arguments, support opinions with examples, and respond to opposing viewpoints.

The faculty coordinators and judges evaluated participants on the basis of content, logical reasoning, clarity of expression, persuasive ability, confidence, rebuttal skills, time management, and adherence to debate rules. Feedback was provided to help students improve their speaking and argumentative abilities.

3. Learning Outcomes

The activity helped students to:

1. Improve public speaking and persuasive communication skills.
2. Develop critical thinking and analytical reasoning.
3. Learn to construct clear, logical, and evidence-based arguments.
4. Enhance confidence in expressing opinions before an audience.
5. Develop the ability to respond effectively to counterarguments.
6. Improve vocabulary, fluency, and clarity of expression.
7. Learn to respect opposing viewpoints and practise constructive disagreement.
8. Strengthen research skills and awareness of contemporary issues.

4. Conclusion

The Debate Competition provided students with an engaging platform to demonstrate their communication skills, knowledge, and intellectual abilities. It encouraged healthy competition, independent thinking, respectful dialogue, and confidence in public speaking. The activity contributed to students’ overall personality development and prepared them for academic discussions, leadership roles, group discussions, and professional communication.

Activity Name: General Knowledge Quiz Competition

General knowledge Quiz has been done for the students of BA (JMC) on 20^{th,} 2026 September.

Purpose: To enhance students’ general awareness, intellectual curiosity, critical thinking, knowledge of current affairs, and teamwork through an engaging and competitive quiz-based learning activity.



1. Purpose of the Activity

The purpose of the General Knowledge Quiz Activity was to broaden students' knowledge and awareness of national and international events, history, geography, science, technology, economics, sports, and current affairs. The activity aimed to promote self-learning, quick thinking, healthy competition, teamwork, and decision-making abilities. It also sought to improve students' confidence, encourage active participation in academic activities, and develop their ability to recall and apply information effectively.

2. Description of the Activity

The General Knowledge Quiz Competition was organised to provide students with an interactive platform to test and expand their knowledge beyond the classroom curriculum. Students participated individually or in teams and answered questions covering a wide range of subjects, including Indian history, world geography, political developments, business and economics, scientific discoveries, technological advancements, sports, literature, and current affairs.

The quiz was conducted in multiple rounds, such as a preliminary round, rapid-fire round, visual identification round, current affairs round, and buzzer round. Participants were required to answer questions within a specified time limit. The quizmaster explained the rules, maintained scoring records, and ensured fair participation among the teams.

Faculty coordinators evaluated the participants based on the accuracy of their answers, response time, teamwork, and overall performance. The competition concluded with the announcement of the winning team and recognition of outstanding participants.

3. Learning Outcomes

The activity helped students to:

1. Expand their general knowledge and awareness of current affairs.
2. Improve memory, concentration, and information-retention abilities.
3. Develop quick thinking and decision-making skills.
4. Strengthen teamwork and collaborative learning.
5. Improve confidence and participation in competitive activities.
6. Develop intellectual curiosity and independent learning habits.
7. Enhance analytical thinking and problem-solving abilities.
8. Build awareness of national and international developments.

4. Conclusion

The General Knowledge Quiz Competition provided an engaging and educational experience for students by combining learning with healthy competition. It encouraged curiosity, teamwork, confidence, and continuous learning. The activity contributed to students' intellectual development and helped them become more informed, aware, and confident individuals.

GROUP DISCUSSION TOPICS

Sr. No. Topics

1. Social Media: Boon or Bane?
2. Can India Become a Global Manufacturing Hub?
3. Banking Scams
4. Mars Mission for India Justified?
5. Decline in open spaces and playgrounds can lead to negative tendencies in children
6. Knowledge is the biggest asset you can accumulate
7. Is India ready for cashless Economy?
8. Does Travelling help in generating ideas and experiential learning?
9. Zero
10. End of Globalization/ De-Globalization/ Nationalization.
11. Climate change/Pollution
12. Retirement Homes: Do advantages of living in them outweigh the disadvantages?
13. Social Media: Impact on human behavior and society
14. Death penalties for perpetrators of crime against women. is it justified?
15. US Trade Policy is Trump creating World Trade War?
16. Media Freedom Should there be a limit?
17. Fake News will kill Social Fiber of India unless checked
18. Individual's Data Privacy Protection is More Important than Before
19. Mobocracy is led by Fake News resulting in Lynching
20. Vehicles?
21. Modicare: Affordable healthcare or a piped dream?
22. Bullet Train Does India really need it?
23. Sensex: Sensitivity has nothing to do with economy and society?
24. Companies Amendment Bill Will it be helpful in case of doing business?
25. Gujarat &Himachal Assembly elections Implications at national level.
26. IIM Bill 2017. Is it really beneficial for the students?
27. End of subsidy regime. Step needed to propel the wheel of growth
28. TRUMP-KIM SUMMIT Will De-Nuclearization Instill World Peace?
29. GD Topic Union Budget India 2018
30. Is India ready for Electric Mission to MARS, Can India afford spending a fortune on such projects?
31. E-commerce: Discounts are harmful in long run?
32. War Kashmir Crisis: War not dialogue will end the Crisis?
33. Preponing the General Budget Is preponing the presentation date a good
34. Terrorism Is this the price we have to pay for democracy?
35. Linking of Aadhaar is making Aadhar mandatory a good idea?
36. GD topic Retirement Homes
37. Smart City Project will give wings to growth
38. Gender bias in portraying Women in Advertisements

39. Brevity is the soul of wit
40. Gender blas in portraying Women in Advertisements
41. Effect of Pandemic on world Economy
42. E-learning Boon or Bane
43. Post Adoption effects of e-learning
44. Impact of Lockdown on Indian Economy
45. India needs a uniform civil code
46. Friends, Enemy or Frenenmies?
47. Hard Work Vs Smart Work
48. Me Too Campaign Breaking Silence to Win the War
49. Your failures can be your stepping stones or your stumbling blocks Ethics or Profit
50. Zero (0)
51. Black or Grey
52. Work-Life Balance is a Myth
53. FAMOUS VS IMPORTANT
54. Roses are red, crows are black
55. Water or Oxygen
56. East or West India is the best
57. Patience. A virtue in Business and Management.
58. Social Media A boon or a bane for society and individuals
59. Beti Bachao Beti Padhao Will it abolish the orthodox mindset?
60. Law should be an instrument of Social Change
61. Browsing at Workplace affects productivity
62. Social Activism is necessary for survival of democratic society
63. India needs a uniform civil code
64. Difficulties in implementation of Climate Change Summit Resolutions
65. Net Neutrality is essential to make India Digital
66. Friends, Enemy or Frenemies?
67. Innovation Vs Invention: What is more important?
68. Change is the only constant
69. Freedom Is a myth
70. Fact Vs Opinion: There are no facts only opinions
71. Leader or Follower
72. Strategy or Execution
73. Means or End
74. Hard Work Vs Smart Work
75. Effective manager or Ethical Manager
76. It was a bright, cold day in April and the clocks were striking thirteen.
77. Red is red, blue is blue and never the two shall meet
78. Work from Home (WFH) culture a tool to save cost
80. European Union's role in Ukraine-Russia conflict

81. Is Moonlighting good or bad
82. Role of developing countries in reducing carbon emission
83. Is online education here to stay?
84. Is social distancing the new normal?
85. The changing world dynamics post Covid 19
86. Should there be a limit to media freedom?
87. Is work-life balance actually a myth?
88. Role of patience and persistence in business and management
89. Change is the only constant
90. Friends, enemies and ferneries how to demarcate?
91. Failure teaches us more important lessons than success does
92. Is India capable to lead solar and wind energy revolution?
93. Is India actually ready for a true cashless economy?
94. Pros and cons of block chain technology
95. Is 'startup India' actually boosting entrepreneurship culture in India.
96. Will 'Beta Bacchao- Beti Padao campaign' actually change the typical Indian mindset?
97. Is net neutrality essential to make India digital?
98. Is smart city project actually useful?
99. Is introduction of bullet trains in India a good idea?
100. Net Neutrality is essential to make India Digital
101. Impact of Technology on Jobs: Will Automation & Artificial Intelligence increased Jobs?
102. Globalization: An Opportunity or a Threat?
103. Crypto Currency: A bright future or just a fad?
104. The Fugitive Economic Offender Bill 2017
105. Startup India: Boosting Entrepreneurship
106. Merger of Public Sector Banks: How beneficial is the merger of Banks?
107. Water Transport Tourism: A shot in the Arm for economic development
108. Budget Cycle Change: Only a nove of convenience
109. Banking Frauds: Result Rising NPAS; Better to Prevent now than to run after
110. Union Budget: Merging the General & Railway Budget will save exchequer from unnecessary spending
111. India V/s China: Will India remain way behind China?
112. Employment Generation: IT industry will create huge job opportunities in India
113. FDI in retail: Good for India?
114. Business Lobbying: Make it legal in India
115. Corruption in Economy: It is the root cause for India Economic slowdown
116. Make in India: The idea will make India a manufacturing hub
117. Minimum Support Price: Really helpful or a Political gimmick
118. Agriculture Vs Manufacturing Industry in India-priorities for future
119. Walmart and Flipkart Deal: Impact on Indian Economy

120. Is MBA necessary to be successful in Business?
121.Cashless Economy: Is Society ready for transformation?
122. Bank Recapitalization: NPA reduction and not bank recapitalization can cure the health of PSBS in India
123. RERA: Will it restore the trust of home buyers?
124. Moody's Rating Upgrade: will the improvement enhance economies growth of India?
125. YONO One Banking Digital platform for all financial solutions.
126. Demonetization: Success & failures
127. Indian Economic Slowdown: A long term problem, how to come out of it?
128. GST: Will economy grow faster with reduced rates of Goods & Service Tax?
129. Farmers' Income: Will India be able to double it in next 5 years?
130. Privatization of India n economy: Should India go ahead with idea?
131. High deficit Financing V/s High interest rates: Both cannot go together.
132. Is work-life balance actually a myth?
133. Role of patience and persistence in business and management
134. Change is the only constant
135. Friends, enemies and ferneries how to demarcate?
136. Failure teaches us more important lessons than success does
137. Is India capable to lead solar and wind energy revolution?
138. Is India actually ready for a true cashless economy?
139. Pros and cons of block chain technology
140. Impact of technology on job
141. Is 'startup India' actually boosting entrepreneurship culture in India.
142. Skills vs. Degrees : Which is More Important?
143. Entrepreneurship vs. Employment
144. Leadership vs. Management
145. Artificial Intelligence : : Opportunity or Threat?

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
LIST OF CLUB CO-ORDINATORS

Sl. No.	Club	Club Coordinators
1	CSR Club	Prof. (Dr.) Deepshikha Kalra , Ms. Shweta Ahuja Dr. Pawan Kishore Jha, Dr. Sarita Yadav
2	E-Cell	Dr. Gurpreet Kaur , Dr. Anil Grewal Dr. Sachin Suryan
3	Zumba/Music/Band/Dance	Dr. Neha Shivani, Ms. Avsheen, Ms. Ekta, Dr. Kamal, Ms. Shikha Yadav
4	Sports/Fitness	Dr. Sumit Chauhan, Dr. Anil Grewal
5	Literary Club	Dr. Shikha Gupta , Ms. Sheela Narang, Ms. Bhawna
6	Precious Pixels	Dr. Anand Nandwani , Ms. Nisha Garg Mr. Pankaj Negi
7	Media Cell	Dr. S.K. Pandey, Shri Sadanand Pandey Mr. Sachin Sharma
8	Fashion Vista	Dr. Stuti Narula Markan, Ms. Yashika Malik Dr. Richa Gupta
9	Cultural Club	Dr. Monika Sharma , Dr. Sangeeta, Mr. Ishwar Singh, Dr. Arkin Chawla
10	Theatre Club (Rangbhoomi)	Ms. Shikha Yadav Dr. Irshad Ahemad
11	Research Club	CMA Ajay Jain , Dr. Suresh Jha Dr. S.S. Misra
12	Coding Club	Ms. Nidhi Sharma, Ms. Ritu Sawanni, Ms. Mansi Mathur
13	NEOGEN Club (placement)	Mr. Ashok Bhatia, Mr. Sanjay Bhagat
14	Invent Kala	Dr. Lalita Yadav, Dr. Simranjeet Kaur
15	Space Club	Mr. Amit Vikas Hans, Ms. Mansi Mathur, Dr. Stuti, Dr. Pooja Singh Negi, Mr. Akhil
16	IIC	Dr. Anil Grewal, Ms. Nidhi Sharma

Trained Faculty to conduct practical sessions

S.no.	Name of Faculty	Profile	Topic
1	Dr. Dushyant K Rai	Professor School of Media Studies, University of Jammu	Changing Pattern of Print Media Reporting
2	Mr. Sumit Awasthi	Consulting Editor, NDTV	The Future of Credible Journalism in the Age of AI and Digital Platforms
3	Mr. Diwakar	Editor, Times of India	Challenges of Print Journalism in the Age of Social Media
4	Mr. Vivek Nanda	Ex Vice President, Sharp Business System	Managerial Skill Development
5	Mr. Ankit Jain	Govt. Officer, TeDX Speaker, Joshtalk Speaker, Master of Communication	Sales Pitching, Communication Blueprint(Basic Communication Skills), Communication Eco-system(International Communication Skills), Communication Mastery(Advanced Communication Skills)
6	Mr. Adarsh Rai	HR Brain Hub Consulting LLP	Resume Building & tips for stress interview
7	Dr. U.K.Neogi	Ex VP Birla Group	Export Import documentation
8	Mr. Sachin Garg	Founder & Director Momginie, Ex Director Daffodil	Emerging Technologies for Business
9	Mr. Dippankar S Halder	CEO, Entrepreneur & Busines	Building a Business - An Entrepreneur's Journey
10	Mr. Yogender Singh	Founder - Train with Yogen	IIMA ALUMNUS ON STARTUPS AND MARKETING STRATEGY
11	Prof. Nadira Chaturvedi	MBA-IIMA, Co-Chair Patients for Patient, Safety Foundation India	Social Markting : A case study on Community Event in Cancer Awareness
12	Mr Salil Agrawal	Author, Mentor & Coach-President, IIMAGES	IIMA Alumnus on Getting Into the Right Attitude Corporate Ready
13	Dr Ashok Aggarwal	Former MD & CEO of Escorts Securities Ltd.	Recent trends in Fintech
14	MS Shikha Gupta	NISM Certified Trainer	National Webinar on stock market
15	Mr. Kanishk Mallick	TIMES Group	KPI & KRAS
16	Mr Puneet Purohit	Pathkind Labs	Preparation for HR Roles

17	Prof. Devender Bahadur	Certified SAP MM Consultant, Certified ISO Lead Assessor	Logistics & Supply Chain
18	Mr. Amit Goel	Head of Radio Software, Product Management, Global Nokia	IIM Alumnus on Industry Expectations
19	Prof. Devendra Kumar Arora	(Alumnus, IIMC Kolkata), President SPAA India, AACB USA and NAAC advisor	Workshop for 21st Century Management Leaners on Learning Team Building Skills from the Ramayana : The Making of Ram Setu
20	Mr. Hoskote Srinivas Murthy	(PGDM-IIMA), Management	CAREER CHOICES
21	Mr. Y. N. Kaushal	(PGDM-IIMA), Director, Enablers' Management Institute	GROWTH MINDSET
22	Ms. Marya Shakil	Senior TV Anchor and Executive Editor (National Affairs)	TV Journalism in the Digital Age
23	Mr. Paras Malhotra	Associate Director,Product Management at S&P Global	Training programme on advanced excel and Power BI
24	Prof. Rakesh Khurana	Advisor	TARP Model
25	Dr. Saurabh Maheshwari	Director at Poddar Business School, Jaipur and Co-Founder & Chief Business Officer at SKLZ TECT LLP	five days hands on workshop on Future Ready AI
26	Air Vice Marshal (Dr.) Devesh Vatsa	Advisor Cyber Security & Critical Technologies, DSCI NASSCOM	Quantum Industrilization
27	Mr. Vinayak Godse	Chief Executive Officer, DSCI	Frontier Technologies

SPORTS ACTIVITIES
INDEX
FOR THE ACADEMIC SESSION 2025-26

S. No.	Name of the Game / Championship	Event Date
1	Intra College Chess Competition	13 August 2025
2	Athletics – Track Events (50m, 100m, 200m & 400m Races)	19 August 2025
3	Athletics – Track Events (Spoon Race,50m, 100m, 200m & 400m Races) Intra College Table Tennis Tournament Intra College Chess Competition	29-31August 2025
4	Intra College Volleyball Tournament	03 September 2025
5	Intra College Long Jump Competition	9 September 2025
6	Intra College Kho-Kho Tournament	15 September 2025
7	Intra College Football Tournament	23 September 2025
8	Intra College Discus Throw Competition	29 September 2025
9	Intra College Spoon Race Competition	3 October 2025
10	Intra College Tug of War Competition	10 October 2025
11	Intra College Cricket Tournament	15 October 2025
12	Intra College Arm Wrestling Competition	25 October 2025
13	University Sports Meet	29-31 October 2025
14	24th Delhi State Armwrestling & Para Armwrestling Championship	24 – 26 January 2026
15	Intra – College Chess Competition	04 February 2026
16	Intra – College Table Tennis Competition	04 February 2026
17	Intra – College Table Tennis Tournament	10 February 2026
18	Inter – College Table Tennis Competition (La Kermesse)	20 February 2026
19	Inter – College Chess Competition (La Kermesse)	20 February 2026
20	Inter – College Arm Wrestling Competition (La Kermesse)	20 February 2026

21	Inter – College Tug of War Competition (La Kermesse)	21 February 2026
22	Intra – College Kabaddi Competition	07 March 2026
23	Intra – College Tug of War Competition	10 March 2026
24	Intra – College Race Competition (50m/100m/200m/Spoon)	17 March 2026
25	Intra – College Kho-Kho Tournament	24 March 2026
26	SPARDHA – 2026 Annual Inter-College Sports Meet	01 – 02 April 2026
27	All India Inter University Thang-Ta Competition, Manipur	06 – 09 April 2026

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Chess Competition

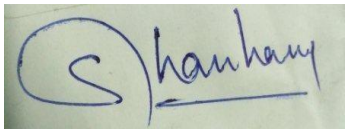
Ref: Office2/Dean/SPORTS/2025/14 **Date: 08 August 2025**

MERI College is organizing an Intra College Chess Competition on 13August 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate.

Event Details:
Date: 13 August, 2025
Venue: Room No. 103

Registration:

The interested students may submit their names latest by 12 August 2025 to the following Student Coordinator: **- Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Chess Competition – Report

Date: 13 August 2025

The Intra College Chess Competition was successfully conducted on 13 August 2025 at Management Education & Research Institute, Janakpuri, New Delhi. The competition witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting keen interest in indoor sports and strategic games.

Highlights of the Event:

Participation:
A total of 22 students participated in the competition, competing in separate Boys' and Girls' categories.

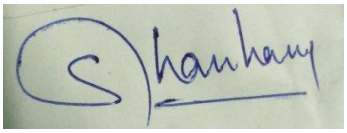
Results:

Boys' Category:
Winner: Rohan Sharma (BCA)
Runner-up: Nikhil Verma (MBA)

Girls' Category:
Winner: Neha Gupta (BBA)
Runner-up: Anjali Singh (BA(JMC))

The matches were conducted in a disciplined and competitive environment, with participants demonstrating strong analytical skills, patience, and strategic thinking. The event successfully promoted mental agility, sportsmanship, and healthy competition among the students.

The Sports Department appreciates the efforts of all participants and volunteers for making the event a grand success.



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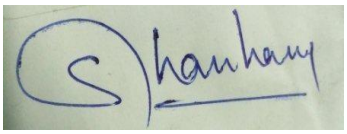
MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Athletics – Track Events (Spoon Race, 50m, 100m, 200m & 400m Races)

Ref: Office2/Dean/SPORTS/2025/15 **Date: 11 August 2025**

MERI College is organizing Athletics – Track Events (Spoon race, 50m, 100m, 200m & 400m Races) on 19 August 2025. Students from MBA, BCA, B.COM(H), BA(JMC) & BBA are invited to participate.

Event Details:
Date: 19 August 2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 18 August 2025 to the following Student Coordinator: - **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Athletics – Track Events (Spoon Race, 50m, 100m, 200m & 400m Races) – Report

Date: 19 August 2025

The Athletics – Track Events comprising Spoon Race, 50m, 100m, 200m and 400m races were successfully conducted on 19 August 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA participated enthusiastically, displaying remarkable speed, stamina, balance, and sportsmanship.

Highlights of the Event:

Participation:
More than 45 students participated in various track events, competing in separate Boys' and Girls' categories across different courses.

Results:

Spoon Race

Boys' Category:
Winner: Tushar Aggarwal (BCA)
Runner-up: Devansh Rao (BCA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Muskan Verma (B.COM(H))

50m Race

Boys' Category:
Winner: Soumya Ranjan (BBA)
Runner-up: Prakhar Rai (BBA)
Girls' Category:
Winner: Riya Jain (BBA)
Runner-up: Anjali Singh (BA(JMC))

100m Race

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Tushar Aggarwal (BCA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Neha Gupta (BA(JMC))

200m Race

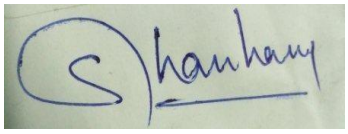
Boys' Category:
Winner: Soumya Ranjan (BBA)
Runner-up: Prakhar Rai (BBA)
Girls' Category:
Winner: Simran Kaur (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

400m Race

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Soumya Ranjan (BBA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Anjali Singh (BA(JMC))

The event was conducted smoothly under the supervision of the Sports Department. The participants demonstrated excellent athletic ability, discipline, and competitive spirit. The Athletics Meet played a significant role in promoting physical fitness and encouraging a healthy sporting culture among students.

The Sports Department extends its appreciation to all participants, officials, and volunteers for making the event a grand success.



Dr. Sumit Chauhan
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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE
National Sports Day Celebration

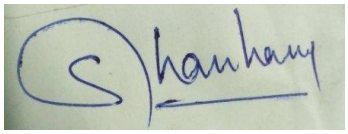
Ref: Office2/Dean/SPORTS/2025/16 **Date: 27th August, 2025**

All the students are hereby informed that, on the occasion of **National Sports Day on 29th-31stAugust 2025**, our institution is organizing sports events from 29-30 August, 2025. Following events will be organised:

- 50 Metre Race-30th August 2025-**Venue:** College Ground-Time: 11:30 AM
- 100 MetreRace-30thAugust 2025-**Venue:**College Ground-Time: 11:45 AM
- Spoon Race - 30th August 2025 -**Venue:** College Ground -Time: 12:30 PM
- Rope Skipping-30th August 2025-**Venue:** College Ground-Time: 1 PM
- Table Tennis Competition-30th August 2025-**Venue:** Sports & Fitness Area -Time: 11 AM
- *Chess Competition-30 August 2025-**Venue:** Room No. 203-Time:11:30 AM
- Zumba-30th August 2025-**Venue:** Auditorium-Time: 2:30 PM

All interested students are requested to register their names with the Student Sports Coordinator- **Ayush Tiwari-9990290860** by **28th August 2025**.

Let us come together to celebrate the spirit of sportsmanship and fitness.
***- Participants must bring their own rackets.**



Dr Sumit Chauhan
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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
National Sports Day Celebration – Report

Date: 31 August 2025

The National Sports Day Celebration was successfully organized at Management Education & Research Institute, Janakpuri, New Delhi from 29th to 30th August 2025. The celebration aimed to promote physical fitness, sportsmanship, and a healthy lifestyle among students. A series of indoor and outdoor sports activities were conducted with enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC), and BBA.
The events were conducted at different venues across the campus and were well coordinated by the Sports Department and student volunteers.

Highlights of the Celebration

Participation:
A large number of students actively participated in the events, competing in various athletic, recreational, and indoor games. The students displayed commendable energy, discipline, and competitive spirit throughout the celebration.

Event-wise Results

50 Metre Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Soumya Ranjan (BBA)
Winner (Girls): Ritika Singh (MBA)

100 Metre Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Prakhar Rai (BBA)
Winner (Girls): Ritika Singh (MBA)

Spoon Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Tushar Aggarwal (BCA)
Winner (Girls): Ritika Singh (MBA)

Rope Skipping
Date: 30 August 2025
Venue: College Ground
Winner (Girls): Ritika Singh (MBA)

Table Tennis Competition
Date: 30 August 2025

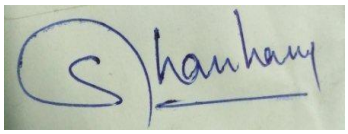
Venue: Sports & Fitness Area
Winner (Boys): Soumya Ranjan (BBA)

Chess Competition
Date: 30 August 2025
Venue: Room No. 203
Winner (Boys): Soumya Ranjan (BBA)

Zumba Activity
Date: 30 August 2025
Venue: Auditorium

The Zumba session witnessed active participation from students and faculty members. The energetic session promoted fitness, coordination, and mental well-being, concluding the National Sports Day Celebration on a vibrant and enthusiastic note.

The National Sports Day Celebration successfully reinforced the importance of physical fitness, teamwork, and a balanced lifestyle among students. The Sports Department extends its sincere appreciation to all participants, student coordinators, officials, and volunteers for their cooperation and support in making the event a grand success.



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Table Tennis Tournament – Report

Date: 30 January 2025

The Intra College Table Tennis Tournament was successfully conducted on 29 January 2025 at the Sports & Fitness Room, 4th Floor, Management Education & Research Institute, Janakpuri, New Delhi. The tournament was organized for both Boys and Girls, and witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA.

Highlights of the Event:

Participation:
A total of 18 students participated in the tournament, competing in separate Boys' and Girls' categories. The matches were played in a competitive yet disciplined environment, showcasing excellent reflexes, coordination, and sportsmanship.

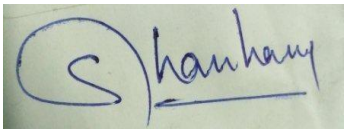
Results:

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Tushar Aggarwal (BCA)

Girls' Category:
Winner: Simran Kaur (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

The tournament provided a valuable platform for students to demonstrate their technical skills and competitive spirit in indoor sports. The event was well-organized and received positive feedback from participants and spectators alike.

The Sports Department extends its appreciation to all the participants and volunteers for their cooperation and contribution towards the successful conduct of the tournament.



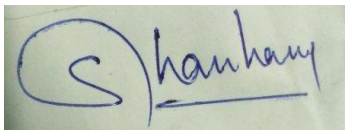
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE
Intra College Volleyball Tournament (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/17 **Date: 27 August 2025**

MERI College is organizing an Intra College Volleyball Tournament for both Boys and Girls on 03 September 2025. Students from all courses are encouraged to participate and showcase their volleyball skills.

Event Details:
Date: 03 September 2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 02September 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Volleyball Tournament (Boys & Girls) – Report

Date:0 3 September 2025

The Intra College Volleyball Tournament for Boys and Girls was successfully conducted on 03 September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The tournament witnessed enthusiastic participation from students of various courses including MBA, BCA, B.COM(H), BA(JMC) and BBA.

The matches were played in a competitive yet disciplined environment, with participants displaying excellent coordination, teamwork, and sportsmanship throughout the tournament.

Highlights of the Event
Participation:
A total of 8 teams participated in the tournament, competing in separate Boys' and Girls' categories.

Results
Boys' Category
Winner – BBA Team:

1. Soumya Ranjan (BBA)
2. Prakhar Rai (BBA)
3. Aman Kumar (BBA)
4. Rohan Sharma (BBA)
5. Nitin Verma (BBA)
6. Saurabh Yadav (BBA)

Runner-up – BCA Team:

1. Tushar Aggarwal (BCA)
2. Devansh Rao (BCA)
3. Arjun Mehta (BCA)
4. Mohit Kumar (BCA)
5. Rahul Singh (BCA)
6. Kunal Verma (BCA)

Girls' Category
Winner – BA(JMC) Team:

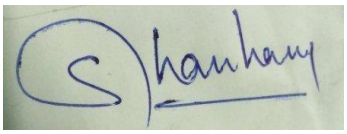
1. Ritika Singh (MBA)
2. Neha Gupta (BA(JMC))
3. Anjali Singh (BA(JMC))
4. Pooja Verma (BA(JMC))
5. Simran Kaur (BA(JMC))
6. Riya Gupta (BA(JMC))

Runner-up – B.COM(H) Team:

1. Aditi Jain (B.COM(H))
2. Komal Sharma (B.COM(H))
3. Shweta Gupta (B.COM(H))
4. Muskan Verma (B.COM(H))
5. Priya Singh (B.COM(H))
6. Nandini Arora (B.COM(H))

The final matches were closely contested and received enthusiastic support from students and faculty members. The tournament successfully promoted physical fitness, leadership skills, team spirit, and healthy competition among the students.

The Sports Department appreciates the efforts of all participants, officials, and volunteers for making the event a grand success.



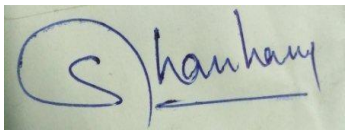
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Long Jump Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/18 **Date: 03 September 2025**

MERI College is organizing an Intra College Long Jump Competition for both Boys and Girls on 09September2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and showcase their athletic abilities.

Event Details:
Date: 09September2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 08September 2025 to the following Student Coordinator: **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Long Jump Competition (Boys & Girls) – Report

Date: 09September 2025

The Intra College Long Jump Competition for Boys and Girls was successfully conducted on 09September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed active participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed remarkable athletic skills and enthusiasm.

Highlights of the Event:

Participation:
A total of 26 students participated in the competition across both Boys' and Girls' categories, making the event highly competitive and engaging.

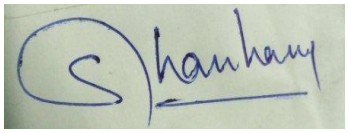
Results:

Boys' Category:
Winner: Rahul Singh (BBA)
Runner-up: Aman Verma (BCA)

Girls' Category:
Winner: Neha Sharma (BA(JMC))
Runner-up: Pooja Gupta (MBA)

The participants showcased excellent strength, coordination, and technique during the competition. The event not only encouraged physical fitness but also promoted healthy competition and sportsmanship among students of different courses.

The Sports Department extends its appreciation to all the participants, student coordinators, and volunteers for their support in the smooth conduct of the event.



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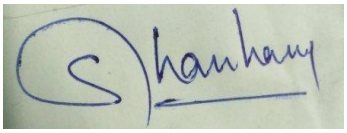
MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Kho-Kho Tournament (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/19 **Date: 09 September 2025**

MERI College is organizing an Intra College Kho-Kho Tournament for both Boys and Girls on 15September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and demonstrate their speed, agility, and team coordination.

Event Details:
Date: 15September 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by14September, 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Kho-Kho Tournament (Boys & Girls) – Report

Date:15 September 2025

The Intra College Kho-Kho Tournament for Boys and Girls was successfully conducted on 15September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The tournament witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed remarkable speed, agility, coordination, and team spirit throughout the matches.

The event was organized in separate Boys' and Girls' categories to ensure fair competition and wider participation. All matches were played in a spirited and disciplined manner, with students showcasing excellent reflexes and strategic teamwork.

Highlights of the Event:

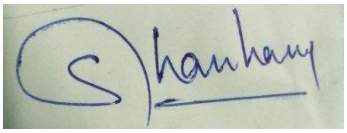
Participation:
A total of 36 students participated in the tournament, forming multiple teams across different courses.

Results:

Boys' Category:
Winner: BCA Team
Runner-up: BBA Team

Girls' Category:
Winner: BA(JMC) Team
Runner-up: B.COM(H) Team

The tournament provided an excellent platform for students to demonstrate their athletic skills and reinforced the importance of teamwork and physical fitness. The Sports Department extends its appreciation to all participants, student coordinators, and volunteers for their support in making the event a successful and memorable one.



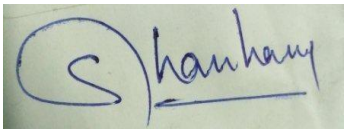
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Football Tournament (Boys)

Ref: Office2/Dean/SPORTS/2025/20 **Date: 15 September 2025**

MERI College is organizing an **Intra College Football Tournament (Boys)** on 23 September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and showcase their skills, teamwork, and sportsmanship on the field.

Event Details:
Date: 23September 2025
Venue: Hari Nagar Sports Complex
Registration: Interested students may submit their names latest by22September, 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Football Tournament (Boys) – Report

Date: 23 September2025

The Intra College Football Tournament (Boys) was successfully conducted on 23September2025 at the Hari Nagar Sports Complex. The tournament witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed excellent teamwork, discipline, and sportsmanship throughout the matches.

Highlights of the Tournament:

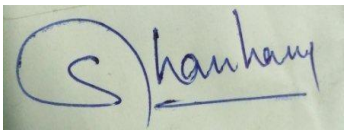
Participation:
A total of 6 teams representing different courses participated in the tournament. The matches were played in a knockout format, generating high enthusiasm among players and spectators.

Final Results:

Winner:
BBA Team
Runner-up:
MBA Team

The final match was highly competitive, with both teams showcasing strong coordination, fitness, and tactical skills. The BBA team emerged victorious after a closely contested match, earning appreciation from faculty members and fellow students.

The tournament successfully encouraged physical fitness, leadership qualities, and a spirit of healthy competition among the participants. The Sports Department extends its appreciation to all teams, student coordinators, and officials for the smooth conduct of the event.



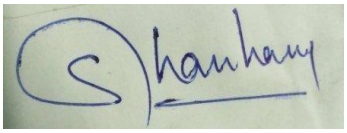
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Discus Throw Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/21 **Date: 23 September 2025**

MERI College is organizing an Intra College Discus Throw Competition (Boys & Girls) on 29September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their strength, technique, and precision.

Event Details:
Date: 29September 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 28September 2025 to the following Student Coordinator:**Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Discus Throw Competition (Boys & Girls) – Report

Date:29 September 2025

The Intra College Discus Throw Competition (Boys & Girls) was successfully conducted on 29September2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting a strong interest in track and field events.

Highlights of the Event:

Participation:
A total of 18 students participated in the competition, competing in separate Boys' and Girls' categories. The participants displayed commendable strength, focus, and technique during the event.

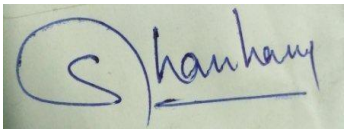
Results:

Boys' Category:
Winner: Deepak Kumar (BCA)
Runner-up: Rohit Sharma (BBA)

Girls' Category:
Winner: Neha Gupta (B.COM(H))
Runner-up: Anjali Singh (BA(JMC))

The competition was conducted smoothly under the supervision of the Sports Department. The event encouraged physical fitness, discipline, and competitive spirit among the students. Participants adhered to the rules and maintained a high standard of sportsmanship throughout the competition.

The Sports Department extends its appreciation to all participants, student coordinators, and volunteers for their cooperation and support in making the event a success.



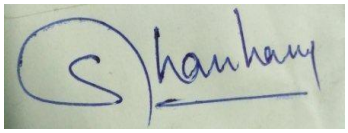
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Spoon Race Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/22 **Date: 29 September 2025**

MERI College is organizing an Intra College Spoon Race Competition (Boys & Girls) on 03 October 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and showcase their balance, coordination, and concentration.

Event Details:
Date: 03 October 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 01 October 2025 to the following Student Coordinator:**Ayush Tiwari-9990290860**.



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Spoon Race Competition (Boys & Girls) – Report

Date: 03 October **2025**

The Intra College Spoon Race Competition (Boys & Girls) was successfully conducted on 03 October 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, creating an atmosphere of excitement and healthy competition.

Highlights of the Event:

Participation:
A total of 24 students participated in the competition, competing separately in Boys' and Girls' categories. The event tested the participants' balance, concentration, and coordination, and was enjoyed by both participants and spectators.

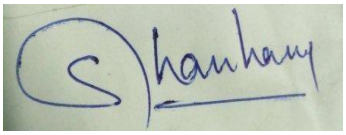
Results:

Boys' Category:
Winner: Amit Kumar (BCA)
Runner-up: Rohit Sharma (B.COM(H))

Girls' Category:
Winner: Pooja Verma (BBA)
Runner-up: Neha Singh (BA(JMC))

The competition was conducted smoothly under the supervision of the Sports Department. Participants demonstrated great enthusiasm and sportsmanship throughout the event. The Spoon Race Competition served as a fun-filled yet challenging activity, promoting agility, focus, and a spirit of camaraderie among students.

The Sports Department appreciates the efforts of all participants and volunteers for making the event a successful and memorable one.



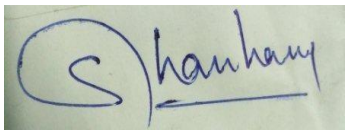
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Tug of War Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/23 **Date: 03 October 2025**

MERI College is organizing an Intra College Tug of War Competition (Boys & Girls) on 10 October 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and demonstrate strength, coordination, and team spirit.

Event Details:
Date: 10 October 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 09 October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Tug of War Competition (Boys & Girls) – Report

Date: 10 October 2025

The Intra College Tug of War Competition (Boys & Girls) was successfully conducted on 10 October 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting a strong spirit of teamwork, strength, and sportsmanship.

Highlights of the Event:

Participation:
A total of 10 teams participated in the competition, including 6 Boys' teams and 4 Girls' teams, representing different academic programmes. The matches were conducted in a knockout format, generating excitement among participants and spectators alike.

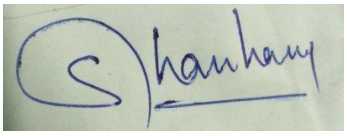
Results:

Boys' Category:
Winner: BBA Team
Runner-up: BCA Team

Girls' Category:
Winner: BA(JMC) Team
Runner-up: B.COM(H) Team

The competition was marked by intense matches, excellent coordination, and remarkable physical endurance displayed by all teams. The event not only promoted physical fitness but also reinforced the importance of unity, leadership, and collective effort.

The Sports Department extends its appreciation to all participants, student coordinators, and faculty members for their cooperation in making the event a grand success.



Dr. Sumit Chauhan

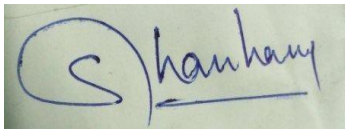
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Cricket Tournament (Boys)

Ref: Office2/Dean/SPORTS/2025/24 **Date: 10 October 2025**

MERI College is organizing an Intra College Cricket Tournament (Boys) on 15 October 2025 at the Hari Nagar Sports Complex. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their cricketing skills, teamwork, and sportsmanship.

Event Details:
Date: 15 October2025
Venue: Hari Nagar Sports Complex
Registration: Interested students may submit their names latest by 14October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Cricket Tournament (Boys) – Report

Date: 15 October 2025

The Intra College Cricket Tournament (Boys) was successfully conducted on 15 October 2025 at the Hari Nagar Sports Complex. Students from MBA, BBA, BCA and B.COM(H) participated enthusiastically, showcasing excellent cricketing skills, teamwork, and sportsmanship.

The tournament was organized in a knockout format and witnessed active participation from various course teams. All matches were played in a disciplined and competitive spirit under the supervision of the Sports Department.

Highlights of the Tournament:

Participation:
A total of 6 teams participated in the tournament, representing different academic courses of the institute.

Final Results:

Winner: BBA Team

Players:

1. Soumya Ranjan (BBA)
2. Prakhar Rai (BBA)
3. Akash Sharma (BBA)
4. Ankit Verma (BBA)
5. Sarthak Jain (BBA)
6. Rohan Mehta (BBA)
7. Nikhil Gupta (BBA)
8. Abhishek Kumar (BBA)
9. Kunal Malhotra (BBA)
10. Harsh Vardhan (BBA)
11. Piyush Aggarwal (BBA)
12. Shubham Mishra (BBA)
13. Aman Yadav (BBA)
14. Rohit Kumar (BBA)
15. Manish Rawat (BBA)

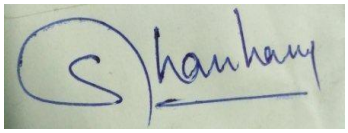
Runner-up: MBA Team

Players:

1. Ritika Singh (MBA)
2. Rahul Verma (MBA)
3. Tarun Vashisht (MBA)
4. Aman Sharma (MBA)
5. Nitin Bansal (MBA)
6. Varun Arora (MBA)
7. Akash Gupta (MBA)
8. Ritesh Singh (MBA)
9. Abhinav Mishra (MBA)
10. Prateek Jain (MBA)
11. Vishal Chauhan (MBA)
12. Yash Mittal (MBA)
13. Gaurav Sharma (MBA)
14. Mayank Tyagi (MBA)
15. Sandeep Kumar (MBA)

The final match was highly competitive, with both teams displaying strong batting and bowling performances. The BBA team emerged victorious due to their consistent performance, effective coordination, and disciplined approach throughout the tournament.

The event successfully promoted physical fitness, leadership qualities, and a spirit of healthy competition among students. The Sports Department extends its appreciation to all participants, student coordinators, and officials for the smooth and successful conduct of the tournament.



Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Arm Wrestling Competition (Boys & Girls)

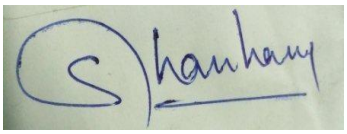
Ref: Office2/Dean/SPORTS/2025/25 **Date: 15 October 2025**

MERI College is organizing the Intra College Arm Wrestling Competition (Boys & Girls) on 25 October2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their strength, endurance, and competitive spirit.

Event Details:
Date: 25 October 2025
Venue: Amphitheatre
Registration: Interested students may submit their names latest by 24 October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**

Weight Categories:

- Men: 60 KG, 70 KG, 80 KG, 80+ KG
- Women: 65 KG, 65+ KG



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Arm Wrestling Competition (Boys & Girls) – Report

Date: 25 October 2025

The Intra College Arm Wrestling Competition (Boys & Girls) was successfully conducted on 25 October 2025 at the Amphitheatre, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who demonstrated remarkable strength, endurance, and competitive spirit.
The competition was organized in different weight categories for both boys and girls to ensure fair participation and competitive balance.

Highlights of the Event:

Participation:
A total of 18 students participated in the competition across various weight categories. The event was conducted smoothly under the supervision of the Sports Department, maintaining proper rules and safety guidelines.

Results:

Boys' Category:

60 KG Category
Winner: Prakhar Rai (BBA)
Runner-up: Tushar Aggarwal (BCA)

70 KG Category
Winner: Soumya Ranjan (BBA)
Runner-up: Devansh Rao (BCA)

80 KG & Above Category
Winner: Harsh Kumar (BBA)
Runner-up: Aman Sharma (MBA)

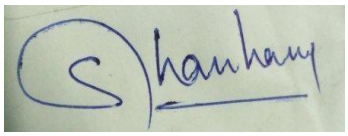
Girls' Category:

65 KG Category
Winner: Ritika Singh (MBA)
Runner-up: Neha Gupta (BA(JMC))

65 KG & Above Category
Winner: Anjali Singh (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

The competition was marked by intense matches and enthusiastic support from fellow students. Participants displayed excellent sportsmanship, discipline, and respect for the rules throughout the event.

The Sports Department appreciates the efforts of all participants, student coordinators, and officials for their cooperation in making the event a success.



Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Participation in 20th Annual Sports Meet – GGSIP University (AY 2025–26)

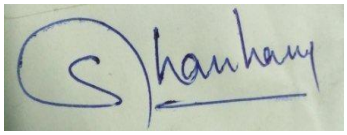
Ref: Office2/Dean/SPORTS/2025/26 **Date: 13 October 2025**

This is to inform all students that **Guru Gobind Singh Indraprastha University (GGSIPU)** is organizing the **20th Annual Sports Meet for the Academic Year 2025–26**. In this regard, entries are invited from interested students of MERI College to participate in the following sports events:

1. March Past *(Mandatory for all participating Institutes)*
2. Athletics *(List of sub-events enclosed)*
3. Badminton
4. Basketball
5. Best Physique
6. Chess
7. Cricket
8. Cross Country Race
9. Football
10. Judo
11. Kabaddi
12. Power Lifting
13. Table Tennis
14. Tennis
15. Tug of War
16. Volleyball
17. Yogasana

All interested students are requested to submit their names latest by **18 October 2025** to the **Student Coordinator**:**Ayush Tiwari – 9990290860**

The same may also be announced by the **Class Co-coordinators** in their respective classes for wider dissemination.



Dr. Sumit Chauhan
Sports In-Charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/01 **Date: 12 January 2026**

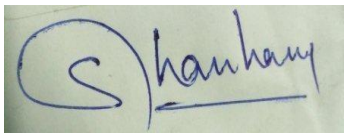
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

24th Delhi State Armwrestling & Para Armwrestling Championship 2025–26

MERI College is organizing the 24th Delhi State Armwrestling & Para Armwrestling Championship 2025–26, to be held from 24th to 26th January 2026 at the MERI College campus, in association with the Armwrestling Association of New Delhi and the People's Armwrestling Federation of India.

Event Details:

- **Date:** 24th to 26th January 2026
- **Venue:** MERI College Campus, Auditorium
- **Time:** 12:00 Noon onwards
- **Registration:** Interested students may submit their names latest by 22 January 2026 to the Student Coordinator: Piyush Monga – 8745055523



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Sports In-charge

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77वें गणतंत्र दिवस की हार्दिक शुभकामनाएं

वर्षों से राष्ट्र की सेवा में समर्पित

वीर अर्जुन

नई दिल्ली, लखनऊ एवं देहरादून से प्रकाशित

वर्ष: 42, अंक : 56 पृष्ठ : 16 E-mail : newsdesk@virarjun.com Website : www.virarjun.com E-Paper : www.epapervirarjun.com

R.N.I. No. 511/57 D.L.(C)-05/1270/2024-26 (Posted at Delhi RMS) नई दिल्ली, सोमवार, 26 जनवरी, 2026 मूल्य : रु 4.00 प्रभात संस्करण

दिल्ली स्टेट चैंपियनशिप में सब-जूनियर और जूनियर आर्म रेसलर्स ने समां बांधा

वीर अर्जुन संवाददाता

नई दिल्ली। नई दिल्ली के जनकपुरी में मैनेजमेंट एजुकेशन एंड रिसर्च इंस्टीट्यूट (एमईआरआई) द्वारा आयोजित 24वीं दिल्ली स्टेट आर्म-रेसलिंग और पैरा आर्म-रेसलिंग चैंपियनशिप 2025-26 की शुरुआत शनिवार को एमईआरआई कॉलेज, जनकपुरी में शानदार तरीके से हुई, जिसमें सब-जूनियर और जूनियर कैटेगरी के खिलाड़ियों ने मुख्य भूमिका निभाई।

कार्यक्रम की शुरुआत छात्रों द्वारा स्मृति चिन्ह भेंट करने से हुई, जिसके बाद एमईआरआई के वाइस प्रेसिडेंट प्रोफेसर ललित अग्रवाल ने गणमान्य व्यक्तियों, फैकल्टी सदस्यों, छात्रों और मेहमानों का गर्मजोशी से स्वागत किया। दीप प्रज्ज्वलन समारोह किया गया जो आर्म-रेसलिंग और पैरा आर्म-रेसलिंग चैंपियनशिप 2025-26 की शुरुआत का प्रतीक था।

चैंपियनशिप में युवा आर्म रेसलर्स ने पुरुषों और महिलाओं दोनों के लिए बाएं और दाएं हाथ की कैटेगरी में उत्साहपूर्वक भाग लिया। दिन की शुरुआत सुबह 8:00 बजे से 11:00 बजे तक रजिस्ट्रेशन और वेट-इन के साथ हुई, क्योंकि पूरी दिल्ली से एथलीट कार्यक्रम स्थल पर पहुंचे। इसके साथ ही, सुबह 9:00 बजे से 10:00 बजे के बीच एक रेफरी प्रशिक्षण और सेमिनार आयोजित किया गया, जिससे यह सुनिश्चित हो सके कि पूरी प्रतियोगिता के दौरान ऑफिशिएटिंग स्टैंडर्ड उच्च बने रहें। सुबह 11:00 बजे से 11:30 बजे के बीच आयोजित एक उद्घाटन समारोह ने आधिकारिक तौर पर चैंपियनशिप की शुरुआत की। दिल्ली आर्म-रेसलिंग एसोसिएशन के अधिकारी, कोच, रेफरी और प्रतिभागी मौजूद थे जब कार्यक्रम का औपचारिक रूप से उद्घाटन किया गया। चैंपियनशिप के मैच सुबह 11:30 बजे से शुरू हुए, जिसमें सब-जूनियर और जूनियर प्रतियोगियों के बीच ताकत, तकनीक और दृढ़ संकल्प का प्रदर्शन करते हुए रोमांचक मुकाबले हुए। दोपहर में, यूथ (पुरुष और महिला) रजिस्ट्रेशन और वेट-इन दोपहर 3:00 बजे से हुआ, जिससे एथलीट आगामी प्रतियोगिताओं के लिए तैयार हो सकें। दिन का समापन शाम 4:00 बजे से पुरस्कार वितरण और सम्मान समारोह के साथ हुआ, जहां विजेताओं को उनके उत्कृष्ट प्रदर्शन के लिए सम्मानित किया गया, जिससे आने वाले दिनों के लिए एक ऊर्जावान माहौल बना।

कार्यक्रम का समापन एमईआरआई की डीन डॉ. दीपशिखा कालरा द्वारा धन्यवाद ज्ञापन के साथ हुआ, जिन्होंने कार्यक्रम को सफल बनाने के लिए सभी गणमान्य व्यक्तियों, वक्ताओं, फैकल्टी सदस्यों, कर्मचारियों और छात्रों का आभार व्यक्त किया। इस कार्यक्रम में एडवाइजर प्रो. (डॉ.) राकेश खुराना और डॉ. सुमित चौहान मौजूद थे।



एमईआरआई के वाइस प्रेसीडेंट प्रोफेसर (डा.) ललित अग्रवाल आर्म रेसलिंग एसोसिएशन आफ न्यू डेलही के रवींद्र गुप्ता, विजय मानव और विजय सिंह भंडारी को सम्मानित करते हुए ।

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/03 **Date: 22 January 2026**

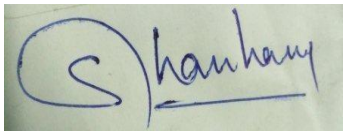
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Table Tennis Competition

MERI College is organizing an Intra-College Table Tennis Competition on 04 February 2026 for Boys & Girls.

Event Details:

- **Date: 04 February 2026**
- **Venue: Sports & Fitness Club, 4th Floor**
- **Time: 12:00 Noon**
- **Registration: Interested students may submit their names latest by 02 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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All Notice Boards
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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE TABLE TENNIS COMPETITION – REPORT

Event Overview

The Management Education & Research Institute successfully organized the Intra-College Table Tennis Competition on 04 February 2026 for Boys and Girls at the Sports & Fitness Club, 4th Floor. The event was conducted with the objective of encouraging sportsmanship, healthy competition and active student participation in co-curricular activities.

The competition witnessed enthusiastic participation from students of various courses. Matches were conducted in a disciplined and competitive environment under the supervision of the faculty coordinators, and all participants displayed commendable energy, skill and sportsman spirit.

The Table Tennis Competition was held on the same day as the Intra-College Chess Competition, and a number of students entered both events. Several of them secured positions in each, which accounts for the names common to the two result sheets.

Date	04 February 2026
Venue	Sports & Fitness Club, 4th Floor
Event	Intra-College Table Tennis Competition
Categories	Boys' Singles and Girls' Singles
Organized By	Sports Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Boys' Category – Winners

S. No.	Student Name	Course / Semester	Position
1	Nikhil Raj	B.Com (Hons.) – 2nd Semester	1st Position
2	Soumitra Rawat	B.Com (Hons.) – 2nd Semester	2nd Position
3	Aditya Sharma	MBA – 2nd Semester	3rd Position

Girls' Category – Winners

S. No.	Student Name	Course / Semester	Position
1	Akshita Jain	B.Com (Hons.)	1st Position
2	Ritu Bisht	BBA – 2nd Semester	2nd Position (joint)
3	Arushi Suryan	B.Com (Hons.) – 6th Semester	2nd Position (joint)
4	Monika	B.Com (Hons.) – 6th Semester	3rd Position

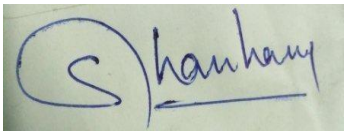
Participants

S. No.	Student Name	Course / Semester	Category
1	Nikhil Raj	B.Com (Hons.) – 2nd Semester	Boys
2	Soumitra Rawat	B.Com (Hons.) – 2nd Semester	Boys
3	Aditya Sharma	MBA – 2nd Semester	Boys
4	Dhairya		Boys
5	Sumit Singh		Boys
6	Vedansh		Boys
7	Akshita Jain	B.Com (Hons.)	Girls
8	Ritu Bisht	BBA – 2nd Semester	Girls
9	Arushi Suryan	B.Com (Hons.) – 6th Semester	Girls
10	Monika	B.Com (Hons.) – 6th Semester	Girls

Conclusion

The Table Tennis Competition concluded successfully with active student involvement and excellent coordination by the Sports Department. Such events play an important role in developing confidence, discipline, teamwork and physical fitness among students. The institute congratulates all winners and participants for making the event a grand success.

Note: the second position in the Girls' category was shared between Ritu Bisht and Arushi Suryan. Course and semester details for Dhairya, Sumit Singh and Vedansh are to be completed from the official register.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/04 **Date: 28 January 2026**

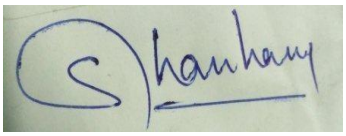
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Table Tennis Tournament

MERI College is organizing an Intra-College Table Tennis Tournament on 10 February 2026 for Boys & Girls.

Event Details:

- **Date:** 10 February 2026
- **Venue:** Sports & Fitness Club, 4th Floor
- **Time:** 12:00 Noon
- **Registration:** Interested students may submit their names latest by 07 February 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE
TABLE TENNIS TOURNAMENT – WINNERS REPORT

Date	10 February 2026
Venue	Sports & Fitness Club
Event	Table Tennis Tournament
Categories	Boys' Singles and Girls' Singles
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

The Table Tennis Tournament was organized at the Sports & Fitness Club on 10 February 2026. Students participated enthusiastically and demonstrated excellent concentration, technical ability, sportsmanship and competitive spirit.

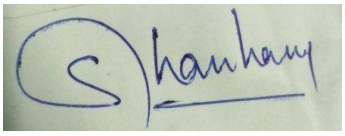
Boys' Category

S. No.	Student Name	Course / Semester	Position / Role
1	Aaryan Puri	BBA – 2nd Semester	1st Position
2	Tanveer Singh	BBA – 2nd Semester	2nd Position
3	Faizur Rehman	BCA – 4th Semester	3rd Position

Girls' Category

S. No.	Student Name	Course / Semester	Position / Role
1	Arushi Gupta	B.Com Hons.	1st Position
2	Akshita Jain	B.Com Hons.	2nd Position
3	Sanvi Saklani	BCA	3rd Position

The above students secured the respective positions in the Table Tennis Tournament. Certificates may be issued to all position holders in recognition of their sporting achievement.



Dr. Sumit Chauhan
Sports Coordinator
MERI College


CELEBRATING
38
YEARS OF
EXCELLENCE
MERI
GROUP OF INSTITUTIONS
INTERNATIONAL
TOURNAMENT


CELEBRATING
38
YEARS OF
EXCELLENCE
MERI
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Ref: Office2/Dean/SPORTS/2026/05 **Date: 07 February 2026**

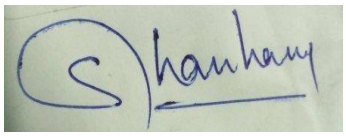
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Table Tennis Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Table Tennis Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR.

Event Details:

- **Date: 20 February 2026**
- **Venue: Gymnasium, MERI, Janakpuri**
- **Time: 12:00 Noon onwards**
- **Registration: Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE TABLE TENNIS COMPETITION – REPORT

Annual Fest ‘La’ Kermesse 2026’ | 20 February 2026

Event Overview

The Inter-College Table Tennis Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest ‘La’ Kermesse 2026’, held on 20 February 2026 at the Gymnasium, MERI, Janakpuri, under the fest theme “Interstellar – Where Art Meets Infinity”.

The competition was organized with the objective of promoting physical fitness, concentration, reflex and sportsmanship among students, and was held in the Boys' and Girls' Singles categories. Matches were conducted in a well-structured and disciplined manner under the guidance of the faculty coordinators and dedicated volunteers, ensuring fair play and smooth execution of all rounds. The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony.

Date	20 February 2026 (Fest: 20–21 February 2026)
Venue	Gymnasium, MERI, Janakpuri
Event	Inter-College Table Tennis Competition (Annual Fest ‘La’ Kermesse 2026’)
Theme	Interstellar – Where Art Meets Infinity
Categories	Boys' Singles and Girls' Singles
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

Participants

S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Gaurav Tanwar	MERI College	MDU	BBA – 1st Year	1
2	Manit Chopra	MERI	GGSIPU	BCA	1
3	Dev Arora	ADGIPS	GGSIPU	B.Tech	1
4	Kunal	Keshav Mahavidyalaya	University of Delhi	B.Sc. Computer Science	1
5	Sarthak Paliwal	Mewar University	Mewar University	MCA	1

Boys' Category – Winners

S. No.	Student Name	College	Position
1	Manit Chopra	MERI	1st Position
2	Dev Arora	ADGIPS	2nd Position
3	Sarthak Paliwal	Mewar University	3rd Position

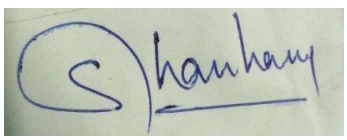
Girls' Category – Winners

S. No.	Student Name	College	Position
1	Pratigya Bhatia	MERI	1st Position
2	Ritika Singh	MERI	2nd Position
3	Manisha Kumari	MERI	3rd Position

Conclusion

The successful conduct of the Inter-College Table Tennis Competition reflects MERI College's continued commitment to promoting sportsmanship and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Note: The venue above follows the official fest entries record. The participant list is taken from the official fest participation form. The winners in both categories are to be entered from the official register.



Dr. Sumit Chauhan
Sports Coordinator

MERI College, Date: _____ Place: New Delhi

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Ref: Office2/Dean/SPORTS/2026/06 **Date: 07 February 2026**

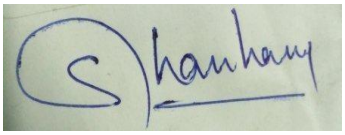
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Chess Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Chess Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR.

Event Details:

- **Date:** 20 February 2026
- **Venue:** Room No. 203, MERI, Janakpuri
- **Time:** 12:00 Noon onwards
- **Registration:** Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE CHESS COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | 20–21 February 2026

Event Overview

Management Education and Research Institute (MERI), Janakpuri, successfully organized an Inter-College Chess Competition as part of its Annual Fest 'La' Kermesse 2026', held on 20th and 21st February 2026 at Room No. 203, MERI, Janakpuri. The fest was based on the theme "Interstellar – Where Art Meets Infinity". The chess competition added an intellectual and competitive spirit to the vibrant cultural celebrations and became one of the most engaging highlights of the event.

The competition was contested across institutions of the MERI Group and drew entries from colleges of the University of Delhi and other universities, giving the tournament a genuinely inter-college character. Participants showcased exceptional analytical skill and tactical expertise throughout. The event was conducted in a well-structured and disciplined manner under the guidance of the faculty coordinators and dedicated volunteers, ensuring fair play and smooth execution of all rounds. The tournament was divided into Boys' and Girls' categories, with several intense and closely contested matches taking place over the course of a single day.

Date	20–21 February 2026
Venue	Room No. 203, MERI, Janakpuri
Event	Inter-College Chess Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Categories	Boys and Girls
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

Boys' Category – Winners

S. No.	Student Name	College	Course	Position
1	Nikhil Raj	MERI College, Janakpuri, New Delhi	B.Com (Hons.)	1st Position
2	Ansh Garg	MERI College of Engineering & Technology, Sampla, Haryana	–	2nd Position
3	Raj Rishi	MERI (MDU)	BCA	3rd Position

In the Boys' category the winners came from two different institutions of the MERI Group — Nikhil Raj of MERI College, Janakpuri, taking the first position and Ansh Garg of MERI College of Engineering & Technology, Sampla, the second. Their calm approach, strategic planning and confidence under pressure reflected a deep understanding of the game.

Girls' Category – Winners

S. No.	Student Name	College	Course / Semester	Position
1	Arushi Suryan	MERI College, Janakpuri	B.Com (Hons.) – 6th Semester	1st Position
2	Akshita Jain	MERI College, Janakpuri	B.Com (Hons.)	2nd Position
3	Ritu Bisht	MERI College, Janakpuri	BBA – 2nd Semester	3rd Position

In the Girls' category the participants demonstrated consistent performance, determination and tactical brilliance, earning appreciation from the judges and fellow participants alike.

Participants

S. No.	Participant	College	University	Course
1	Nikhil Raj	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)
2	Ansh Garg	MERI College of Engineering &	MDU	–

		Technology, Sampla		
3	Raj Rishi	MERI	MDU	BCA
4	Arushi Suryan	MERI College, Janakpuri	GGSIPU	B.Com (Hons.) – 6th Sem
5	Akshita Jain	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)
6	Ritu Bisht	MERI College, Janakpuri	GGSIPU	BBA – 2nd Sem
7	Soumitra Rawat	MERI	GGSIPU	B.Com (Hons.)
8	Aditya Singh Rawat	MERI	GGSIPU	BCA
9	Ajay Kr. Rawat	MERI	GGSIPU	BCA
10	Rishabh Arora	MERI	GGSIPU	BCA
11	Hunar	MERI	GGSIPU	BCA
12	Manit Chopra	MERI	GGSIPU	BCA
13	Vedansh	MERI	GGSIPU	BCA
14	Harsh Badalya	MERI	GGSIPU	BCA
15	Aman Kumar	MERI	MDU	BCA
16	Chirag Chahal	MERI	MDU	BCA
17	Kavya Sharma	MERI	MDU	BCA
18	Saujanya Singh	MERI College	MDU	BBA – 1st Year
19	Gaurav Tanwar	MERI College	MDU	BBA – 1st Year
20	Ayush Yadav	MERI	MDU	B.Tech CSE
21	Kreetigya Choudhary	MERI PLI	MDU	BA LLB (5 Year)
22	Atul Raina	Ramjas College	University of Delhi	B.Com (Prog.)
23	Kunal	Keshav Mahavidyalaya	University of Delhi	B.Sc. Computer Science
24	Ritik Singh	IGIPESS	University of Delhi	B.Sc.
25	Ravi Sharma	Maharishi University of Information Technology, Noida	MUIT	B.Tech

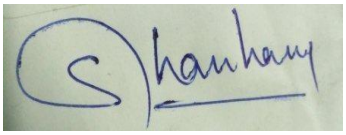
Prize Distribution

The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony held at the conclusion of the competition.

Conclusion

The remarkable success of the Inter-College Chess Competition highlights the commitment of Management Education and Research Institute (MERI) to fostering holistic development by promoting both intellectual growth and cultural excellence. The event embodied the spirit of strategic mastery, healthy competition and teamwork, thereby contributing significantly to the grandeur and success of 'La' Kermesse 2026'.

Note: The participant list is taken from the official fest participation form together with the recorded position holders. The course and semester of Ansh Garg (MERI CET, Sampla) may be completed from the official register.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi




MERI
GROUP OF INSTITUTIONS

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/07 **Date: 09 February 2026**

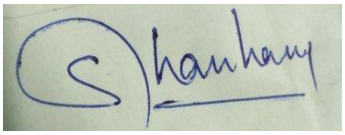
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Arm Wrestling Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Arm Wrestling Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR. Bouts will be contested in the Under 60 kg, Under 70 kg, Under 80 kg and Above 80 kg categories.

Event Details:

- **Date: 20 February 2026 (Day 1 of the fest)**
- **Venue: Amphitheatre, MERI, Janakpuri**
- **Time: 1:00 PM - 2:30 PM**
- **Registration: Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE ARM WRESTLING COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | Day 1, 20 February 2026

Event Overview

The Inter-College Arm Wrestling Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest 'La' Kermesse 2026', held on 20 February 2026 at the Amphitheatre, MERI, Janakpuri, from 1:00 PM to 2:30 PM, under the fest theme "Interstellar – Where Art Meets Infinity".

Bouts were contested across four weight categories — Under 60 kg, Under 70 kg, Under 80 kg and Above 80 kg — and were conducted in a well-organized and disciplined manner under the guidance of the faculty coordinators and volunteers, ensuring fair play throughout. The competition drew participation from students of MERI and of colleges of the University of Delhi, and added an energetic, competitive highlight to the fest. The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony.

Date	20 February 2026 (Day 1 of the fest, 20–21 February 2026)
Venue	Amphitheatre, MERI, Janakpuri
Time	1:00 PM – 2:30 PM
Event	Inter-College Arm Wrestling Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Categories	Under 60 kg, Under 70 kg, Under 80 kg, Above 80 kg
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Faculty on Duty	Dr. Sumit Chauhan (SPOC), Dr. Anil Grewal, Mr. Sandeep Chhillar

Under 60 kg – Winners

S. No.	Student Name	Position
1	Harsh Kumar Jha	1st Position
2	Monit	2nd Position
3	Jatin	3rd Position

Under 70 kg – Winners

S. No.	Student Name	Position
1	Aditya	1st Position
2	Preet Jha	2nd Position
3	Ayush	3rd Position

Under 80 kg – Winners

S. No.	Student Name	Position
1	Ashmeet Singh	1st Position
2	Bharat Verma	2nd Position
3	Akash	3rd Position

Above 80 kg (80+) – Winners

S. No.	Student Name	Position
1	Hardik	1st Position
2	Anish	2nd Position
3	Chitraj	3rd Position

Participants

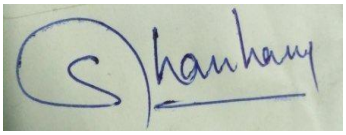
S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Praveen Kumar	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	1
2	Md. Nadeem	MERI College,	GGSIPU	B.Com (Hons.)	2

		Janakpuri			
3	Gaurang	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	10
4	Sparsh Tiku	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	1
5	Nitesh	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	1
6	Santosh Kumar	Shaheed Bhagat Singh College	University of Delhi	BA	1

Conclusion

The successful conduct of the Inter-College Arm Wrestling Competition reflects MERI College's continued commitment to promoting sportsmanship and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Note: The date, venue and timing above follow the official fest duty chart and schedule, which place Arm Wrestling on Day 1. Course, semester and institution of the winners are to be completed from the official register. Results verified against the record furnished by the Sports Coordinator on 26 August 2026; the participant list is taken from the official fest participation form.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/08 **Date: 09 February 2026**

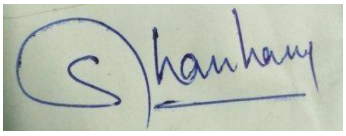
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Tug of War Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Tug of War Competition on 21 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to teams from colleges across Delhi-NCR.

Event Details:

- **Date: 21 February 2026 (Day 2 of the fest)**
- **Venue: MERI Ground, Janakpuri**
- **Time: 10:30 AM - 12:30 PM**
- **Registration: Interested students may submit their team names latest by 19 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE TUG OF WAR COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | Day 2, 21 February 2026

Event Overview

The Inter-College Tug of War Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest 'La' Kermesse 2026', held on 21 February 2026 at the MERI Ground from 10:30 AM to 12:30 PM, under the fest theme "Interstellar – Where Art Meets Infinity".

The competition drew a strong field of teams from MERI and from colleges of the University of Delhi and GGSIP University. Teams competed in a knock-out format under the supervision of the faculty coordinators and volunteers, and displayed excellent coordination, collective strength and team spirit throughout. The event proved one of the most keenly followed attractions of the second day of the fest.

The title was won by Baba Group, the MERI College team captained by Piyush Monga — the same combination that went on to take the first position in the Intra-College Kabaddi Competition. The team fielded eight players. It was felicitated with medals and a certificate at the prize distribution ceremony held on the fest stage in the Auditorium.

Date	21 February 2026 (Day 2 of the fest, 20–21 February 2026)
Venue	MERI Ground, Janakpuri
Time	10:30 AM – 12:30 PM
Event	Inter-College Tug of War Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Format	Team event, knock-out
Winners	Baba Group, MERI College (Captain: Piyush Monga)
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Faculty on Duty	Dr. Sumit Chauhan, Dr. Dhanbir Singh, Mr. Gaurav Bhateja, Mr. Sachin Grewal

Result

Position	Team	College
1st Position	Baba Group	MERI College, Janakpuri
2nd Position	Delhi Warriors	MERI College, Janakpuri

Winning Team – Baba Group

S. No.	Student Name	Course / Semester	Role
1	Piyush Monga	BCA – 4th Semester	Captain
2	Varun Singh	BCA – 4th Semester	Player
3	Shriyansh	BCA – 4th Semester	Player
4	Sukhdev Singh	BCA – 4th Semester	Player
5	Ayush Tiwari	BCA – 6th Semester	Player
6	Dharmender Yadav	B.Tech (CSE) – 6th Semester	Player
7	Vanshaj Tanwar	BBA – 2nd Semester	Player
8	Sumit Singh	BCA – 4th Semester	Player

Participating Teams

S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Arpan Singh	MERI	MDU	BBA LLB	–
2	Praveen Kumar	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	1
3	Md. Nadeem	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	2
4	Sumit Singh	MERI	MDU	MBA	8
5	Prateek Garg	MERI College of	MDU	MBA	8

		Engineering & Technology, Sampla			
6	Prerna	MERI College	MDU	B.Tech	1
7	Ajay	VMMC	GGSIPU	BPO	4
8	Gaurang	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	10
9	Mohit Kumar	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	10
10	Mannat Pathak	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	1
11	Parth	Ramanujan College	University of Delhi	B.Com (Hons.)	4
12	Atul Raina	Ramjas College	University of Delhi	B.Com (Prog.)	2
13	Jayant Singh Patwal	Acharya Narendra Dev College	University of Delhi	B.Sc. (Hons.) Zoology	1
14	Nishchay	PGDAV College	University of Delhi	B.Com	1
15	Yashasvi Jha	PGDAV College	University of Delhi	BA (Hons.) Political Science	1
16	Ritik Singh	IGIPESS	University of Delhi	B.Sc.	1
17	Sumit Singh	MERI College	GGSIPU	BCA	7

Conclusion

The successful conduct of the Inter-College Tug of War Competition reflects MERI College's continued commitment to promoting sportsmanship, teamwork and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Event Glimpses



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Ref: Office2/Dean/SPORTS/2026/09 **Date: 25 February 2026**

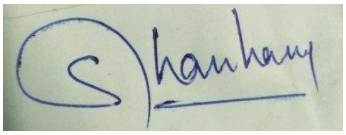
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Kabaddi Competition

MERI College is organizing an Intra-College Kabaddi Competition on 07 March 2026 for Boys & Girls.

Event Details:

- **Date: 07 March 2026**
- **Venue: MERI College Grounds**
- **Time: 12:00 Noon**
- **Registration: Interested students may submit their team names latest by 05 March 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE KABADDI COMPETITION – REPORT

Event Overview

The Intra-College Kabaddi Competition was organized by the Sports & Fitness Club of MERI College on 07 March 2026 at the MERI College Grounds. The competition was conducted with the objective of promoting physical fitness, agility, teamwork and competitive spirit among students.

Two teams, Baba Group and Power Rangers, contested the competition. The teams were drawn from students of the BCA, BBA, B.Tech and BA (JMC) programmes across semesters, and the matches were conducted under the supervision of the faculty coordinators and student volunteers. Both teams demonstrated teamwork, discipline, physical fitness and a strong competitive spirit, and the raiding and defending sequences were closely contested throughout.

Date	07 March 2026
Venue	MERI College Grounds
Event	Intra-College Kabaddi Competition
Teams	Baba Group, Power Rangers
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Results at a Glance

Position	**Team**
1st Position	Baba Group
2nd Position	Power Rangers

1st Position – Baba Group

S. No.	**Student Name**	**Course / Semester**
1	Piyush Monga (Captain)	BCA – 4th Semester
2	Varun Singh	BCA – 4th Semester
3	Shriyansh	BCA – 4th Semester
4	Sukhdev Singh	BCA – 4th Semester
5	Ayush Tiwari	BCA – 6th Semester
6	Dharmender Yadav	B.Tech (CSE) – 6th Semester
7	Vanshaj Tanwar	BBA – 2nd Semester

2nd Position – Power Rangers

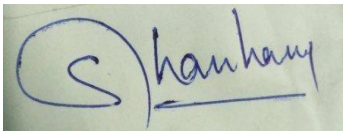
S. No.	**Student Name**	**Course / Semester**
1	Yaman (Captain)	BCA – 4th Semester
2	Alwin Binu	BCA – 4th Semester
3	Aayush Rajput	BCA – 4th Semester
4	Suraj Rawat	BCA – 4th Semester
5	Sahil Khan	B.Tech – 2nd Semester
6	Ashish Bisht	BA (JMC) – 4th Semester
7	Harsh	BBA – 2nd Semester

Power Rangers secured the second position after a commendable performance, competing valiantly until the final round.

Conclusion

The competition concluded successfully with enthusiastic student participation and effective coordination by the Sports Department. Kabaddi, as a traditional Indian contact sport, is particularly effective in building stamina, presence of mind and collective responsibility among students. The institute congratulates Baba Group on their victory and commends Power Rangers for their performance. Certificates may be issued to the winners and position holders in recognition of their achievement.

Note on the date: the notice for this competition was issued for 24 February 2026, and an earlier draft of this report carried that date. The Student Coordinator's record of 03 September 2026 places the competition on 07 March 2026, which suggests the fixture was postponed. The date shown above follows that record and may be confirmed against the official register. The earlier draft is retained in folder 16 (Extras).



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Ref: Office2/Dean/SPORTS/2026/10 **Date: 25 February 2026**

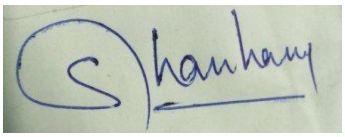
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra College Tug of War Competition

MERI College is organizing an Intra College Tug of War Competition on 10 March 2026 for Boys & Girls.

Event Details:

- **Date:** 10 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 3:30 PM onwards
- **Registration:** Interested students may submit their team names latest by 07 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE TUG OF WAR COMPETITION – REPORT

10 March 2026

Event Overview

The Intra-College Tug of War Competition was organized by the Sports & Fitness Club of MERI College on 10 March 2026 at the MERI Sports Ground for both Boys and Girls. The event was conducted with the objective of encouraging teamwork, physical strength, coordination and sportsmanship among students.

Teams of seven members each were constituted from students across the BCA, BBA, B.Com (Hons.) and B.Tech programmes and competed in a knock-out format. The teams displayed excellent coordination, determination and collective effort throughout the event, which was conducted under the supervision of the faculty coordinators and student volunteers.

Date	10 March 2026
Venue	MERI Sports Ground
Time	3:30 PM onwards
Event	Intra-College Tug of War Competition
Categories	Boys and Girls
Format	Teams of seven members, knock-out
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Participating Teams

Team – Desi Warrior

S. No.	Student Name	Course / Semester
1	Mayank (Captain)	B.Com – 4th Semester
2	Naman	B.Com – 4th Semester
3	Praveen	B.Com – 4th Semester
4	Naman	B.Com – 4th Semester
5	Saksham	B.Com – 2nd Semester
6	Aditya	B.Com – 2nd Semester
7	Mayur	B.Com – 2nd Semester

Team – Pehalwan

S. No.	Student Name	Course / Semester
1	Rajat (Captain)	BCA – 2nd Semester
2	Dhariya	BCA – 2nd Semester
3	Sachin	BBA – 2nd Semester
4	Aryan	BBA – 2nd Semester
5	Angshu	BBA – 2nd Semester
6	Badal	BBA – 2nd Semester
7	Nadeem	B.Com (Hons.) – 2nd Semester

Team – Delhi Warriors

S. No.	Student Name	Course / Semester
1	Sumit Singh (Captain)	BCA – 4th Semester
2	Sultan	BCA – 4th Semester
3	Alen Samuel	BCA – 2nd Semester
4	Rohit Dhoni	B.Tech – 2nd Semester
5	Nishu	B.Tech – 4th Semester
6	Vaibhav Singh	B.Com (Hons.) – 2nd Semester
7	Shivang Chauhan	B.Com (Hons.) – 2nd Semester

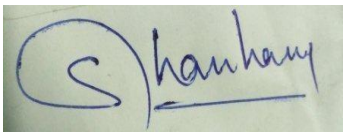
Final Placings

Position	Team
1st Position	Pehalwan
2nd Position	Delhi Warriors
3rd Position	Desi Warriors

Conclusion

The competition concluded successfully with active student involvement. Tug of War, being a purely team-based contest, is particularly effective in building collective effort, mutual trust and perseverance among students. The Sports Club commends the active involvement of all participants and encourages continued participation in such team-building activities.

Points for verification: (i) two members of Desi Warrior are both recorded as 'Naman, B.Com 4th Semester' — this may be a repeated entry or two students of the same name; (ii) the final placings and the rosters of the remaining teams are awaited. An earlier draft of this report carried a provisional participant list taken from the Sports Meet of 25 January 2025; that list has been removed and replaced by the team records above.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/11 **Date: 04 March 2026**

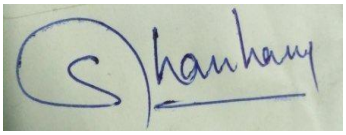
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra College Race Competition

MERI College is organizing an Intra College Race Competition on 17 March 2026 for Boys & Girls, comprising 50m, 100m, 200m and Spoon Race categories.

Event Details:

- **Date:** 17 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 9:00 AM onwards
- **Categories:** 50m Race, 100m Race, 200m Race, Spoon Race
- **Registration:** Interested students may submit their names latest by 14 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE RACE COMPETITION – REPORT

50m, 100m, 200m and Spoon Race | 17 March 2026

Event Overview

The Intra-College Race Competition was organized by the Sports & Fitness Club of MERI College on 17 March 2026 at the MERI Sports Ground for both Boys and Girls, comprising the 50 Metre, 100 Metre, 200 Metre and Spoon Race categories. The event was conducted with the objective of encouraging athletic ability, discipline, speed and healthy competition among students.

The competition witnessed enthusiastic participation from students across various courses. Heats were conducted for each category, followed by the finals, under the supervision of the faculty coordinators and student volunteers. All participants displayed commendable speed, agility and sportsmanship across the race categories.

Date	17 March 2026
Venue	MERI Sports Ground
Time	9:00 AM onwards
Event	Intra-College Race Competition
Categories	50m Race, 100m Race, 200m Race, Spoon Race
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

50 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Aditya Malik	BBA IV	Boys	1st
2	Alwin Binu	BCA IV	Boys	2nd
3	Deeptanshu Sharma	BCA IV	Boys	3rd

50 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Himanshi	BBA II	Girls	1st
2	Neha	BCA II	Girls	2nd
3	Lipika Parasher	BCA IV	Girls	3rd

100 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Shivang Chauhan	B.Com (Hons.) – 2nd Semester	Boys	1st
2	Aditya Malik	BBA IV	Boys	2nd
3	Saksham	B.Com – 2nd Semester	Boys	3rd

100 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Sakshi Awasthi	BCA II	Girls	1st
2	Sanvi Saklani	BCA II	Girls	2nd
3	Himanshi	BBA II	Girls	3rd

200 Metre Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Saksham	B.Com – 2nd Semester	Boys	1st

2	Alen Samuel	BCA – 2nd Semester	Boys	2nd
3	Badal	BBA – 2nd Semester	Boys	3rd

200 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Pratigya Bhatia	BCA II	Girls	1st
2	Ritika Singh	MBA II	Girls	2nd
3	Manisha Kumari	BBA IV	Girls	3rd

Spoon Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Alen Samuel	BCA – 2nd Semester	Boys	1st
2	Badal	BBA – 2nd Semester	Boys	2nd
3	Praveen	B.Com – 4th Semester	Boys	3rd

Spoon Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Anjali Daspute	MBA II	Girls	1st
2	Shruti	MBA II	Girls	2nd
3	Avsheen Bedi	MBA II	Girls	3rd

Participants

The list below is provisional. It is carried from the participation records held by the Sports Club for the Sports Meet of 2025 and is to be replaced with the register of entries for this fixture.

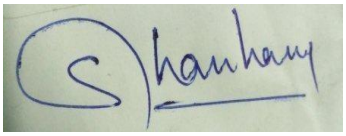
S. No.	Student Name	Event(s) Entered
1	Aastha Sharma	200 Meter Race / Spoon Race
2	Aditya	200 Meter Race / Spoon Race
3	Alen Samuel	200 Meter Race / Spoon Race
4	Angshu	200 Meter Race / Spoon Race
5	Anjali Daspute	200 Meter Race / Spoon Race
6	Anushka Sharma	200 Meter Race / Spoon Race
7	Aryan	200 Meter Race / Spoon Race
8	Avsheen Bedi	200 Meter Race / Spoon Race
9	Ayush Tiwari	200 Meter Race / Spoon Race
10	Badal	200 Meter Race / Spoon Race
11	Dhariya	200 Meter Race / Spoon Race
12	Drishti Suryavanshi	200 Meter Race / Spoon Race
13	Ekta Kapoor	200 Meter Race / Spoon Race
14	Hardik Singh	200 Meter Race / Spoon Race
15	Harika Mehra	200 Meter Race / Spoon Race
16	Khushi Shahi	200 Meter Race / Spoon Race
17	Lavanya Dhingra	200 Meter Race / Spoon Race
18	Manisha Kumari	200 Meter Race / Spoon Race
19	Manmeet Singh Gill	200 Meter Race / Spoon Race
20	Mayur	200 Meter Race / Spoon Race
21	Nadeem	200 Meter Race / Spoon Race

22	Naman	200 Meter Race / Spoon Race
23	Naman	200 Meter Race / Spoon Race
24	Prabhneet Kaur	200 Meter Race / Spoon Race
25	Pratigya Bhatia	200 Meter Race / Spoon Race
26	Praveen	200 Meter Race / Spoon Race
27	Ritika Singh	200 Meter Race / Spoon Race
28	Sachin	200 Meter Race / Spoon Race
29	Saksham	200 Meter Race / Spoon Race
30	Shivang Chauhan	200 Meter Race / Spoon Race
31	Shruti	200 Meter Race / Spoon Race
32	Sultan	200 Meter Race / Spoon Race
33	Uday Sharma	200 Meter Race / Spoon Race
34	Vaibhav Singh	200 Meter Race / Spoon Race
35	Himanshi	50 Meter / 100 Meter Race
36	Sakshi Awasthi	50 Meter / 100 Meter Race
37	Sanvi Saklani	50 Meter / 100 Meter Race
38	Aditya Malik	50 Meter / 100 Meter Race
39	Alwin Binu	50 Meter / 100 Meter Race
40	Anjani Kumari	50 Meter / 100 Meter Race
41	Deeptanshu Sharma	50 Meter / 100 Meter Race
42	Geet Bhatt	50 Meter / 100 Meter Race
43	Himanshi	50 Meter / 100 Meter Race
44	Lipika Parasher	50 Meter / 100 Meter Race
45	Neha	50 Meter / 100 Meter Race

Conclusion

The competition concluded successfully with enthusiastic student participation. Track events of this kind remain among the most effective means of promoting physical fitness and a competitive temperament among students. The Sports Club commends the active involvement of all participants and encourages continued participation in such athletic events.

Note: The winners and positions in all four categories are to be entered from the official Sports Club register, and the provisional participant list above replaced with the register of entries for this fixture.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/12 **Date: 11 March 2026**

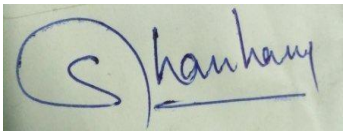
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Kho-Kho Tournament

MERI College is organizing an Intra-College Kho-Kho Tournament on 24 March 2026 for Boys & Girls.

Event Details:

- **Date:** 24 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 3:30 PM onwards
- **Registration:** Interested students may submit their team names latest by 21 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

Copy to: –

Vice President – For information please
CFO – For information please
Dean (Management) – For information please
HoD (IT) – For information please
HoD (JMC) – For information please
All Class Co-coordinators
All Notice Boards
Mr. Vipan – For Website Upload

MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE KHO-KHO TOURNAMENT – REPORT

Event Overview

The Intra-College Kho-Kho Tournament was organized by the Sports & Fitness Club of MERI College on 24 March 2026 at the MERI Sports Ground for both Boys and Girls. The tournament was conducted with the objective of promoting agility, speed, teamwork, physical fitness and team spirit among students.

Two teams competed in each of the Boys' and Girls' categories. In the Boys' category, Baba Group and Power Ranger contested the final, while in the Girls' category the teams Moon and Flower were pitted against each other. Teams were drawn from students across the BCA, BBA and B.Com (Hons.) programmes and across semesters, and the matches were conducted under the supervision of the faculty coordinators and student volunteers, ensuring fair play throughout.

The participating teams demonstrated excellent coordination, stamina and discipline. The chasing and defending sequences were closely contested in both categories. Baba Group took the first position in the Boys' category and Power Ranger the second; in the Girls' category Team Moon finished first and Team Flower second. The winners were felicitated with certificates and medals at the conclusion of the tournament.

Date	24 March 2026
Venue	MERI Sports Ground
Time	3:30 PM onwards
Event	Intra-College Kho-Kho Tournament
Categories	Boys and Girls
Teams – Boys	Baba Group, Power Ranger
Teams – Girls	Moon, Flower
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Results at a Glance

Category	Position	Team
Boys	1st Position	Baba Group
Boys	2nd Position	Power Ranger
Girls	1st Position	Team Moon
Girls	2nd Position	Team Flower

Boys' Category – 1st Position: Baba Group

S. No.	Student Name	Course / Semester	Enrolment No.
1	Piyush Monga (Captain)	BCA – 4th Semester	04315102024
2	Shashank Sharma	BBA – 1st Year	25MER0463
3	Sumit Singh	BCA – 4th Semester	03315102024
4	Varun Singh	BCA – 4th Semester	35215102024
5	Dhariya Negi	BCA – 2nd Semester	02715102025
6	Md. Nadeem	B.Com (Hons.) – 2nd Semester	00715188825
7	Devansh Rao	BCA – 2nd Semester	01615102025
8	Shritvik Chauhan	BCA – 2nd Semester	02615102025
9	Rishabh Yadav	BCA – 2nd Semester	05115102025

Girls' Category – 1st Position: Team Moon

S. No.	Student Name	Course / Semester	Enrolment No.
1	Khushi	B.Com (Hons.) – 6th Semester	01315188823
2	Monika	B.Com (Hons.) – 6th Semester	00115188823
3	Anisha Rawat	B.Com (Hons.) – 6th	70315188823

		Semester	
4	Akshita Jain	B.Com (Hons.) – 6th Semester	01015188823
5	Muskaan	B.Com (Hons.) – 6th Semester	07015188823
6	Sakshi Awasthi	BCA – 2nd Semester	02535102025
7	Jasbir Kaur	BBA – 2nd Semester	08515101725
8	Muskan	BBA – 2nd Semester	05835101725
9	Himanshi	BBA – 2nd Semester	00515101725
10	Nutan Sharma	BBA – 2nd Semester	01435101725

Girls' Category – 2nd Position: Team Flower

S. No.	Student Name	Course / Semester	Enrolment No.
1	Dhanisha	B.Com (Hons.)	3015188825
2	Simar	B.Com (Hons.)	05415188825
3	Radhika	B.Com (Hons.)	04515188825
4	Akriti	B.Com (Hons.)	03315188825
5	Kartiki	B.Com (Hons.)	02715188825
6	Bhavya Bhatnagar	BBA	07515101725
7	Falguni	BCA	05315102025
8	Tannu	BCA	05415188825
9	Sanvi	BCA	04215102025

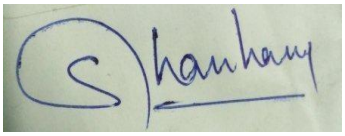
Conclusion

The tournament concluded successfully with enthusiastic student participation and effective coordination by the Sports Department. Kho-Kho, as a traditional Indian sport, offers an excellent means of building endurance, quick decision-making and collective responsibility among students. The institute congratulates Baba Group and Team Moon on their victories, and commends Power Ranger and Team Flower for their performance.

Event Glimpses

Photographs of the tournament are available in the ‘Photos’ sub-folder accompanying this report.

Results as furnished by the Student Coordinator, Piyush Monga, on 03 September 2026. The player list of Power Ranger, runners-up in the Boys' category, was not included in the record and may be added from the official register if required.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi


CELEBRATING
39
YEARS OF
EXCELLENCE
MERI
GROUP OF INSTITUTIONS


CELEBRATING
39
YEARS OF
EXCELLENCE
MERI
GROUP OF INSTITUTIONS

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/13 **Date: 20 March 2026**

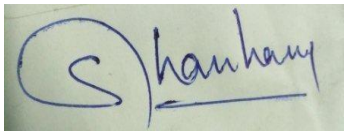
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

SPARDHA-2026 - Annual Inter-College Sports Meet, MERI Group of Institutions

This is to inform all students that the MERI Group of Institutions is organizing its Annual Inter-College Sports Meet 'SPARDHA-2026' on 1st and 2nd April 2026 at MERI College of Engineering & Technology, Sampla, Bahadurgarh. Students of MERI College, Janakpuri, will represent the branch across track & field, team and racquet events.

Event Details:

- **Date: 01 - 02 April 2026**
- **Venue: MERI College of Engineering & Technology, Sampla, Bahadurgarh**
- **Events: 100m, 200m, 400m, 4x100m Relay, Tug of War, Basketball, Volleyball, Kho-Kho, Badminton, Lawn Tennis, Pickleball, Discus Throw and Shot Put**
- **Registration: Interested students may submit their names latest by 27 March 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

Copy to: –

Vice President – For information please
CFO – For information please
Dean (Management) – For information please
HoD (IT) – For information please
HoD (JMC) – For information please
All Class Co-coordinators
All Notice Boards
Mr. Vipan – For Website Upload

Report on SPARDHA–2026
MERI Group of Institutions
Date: 1–2 April 2026
Venue: MERI College of Engineering & Technology, Sampla, Bahadurgarh

The MERI Group of Institutions successfully organized its Annual Inter-College Sports Meet **"SPARDHA–2026"** on 1st and 2nd April 2026 at its Sampla campus. The event witnessed enthusiastic participation from various MERI branches, promoting sportsmanship, teamwork, and competitive spirit among students.
The MERI College, Janakpuri (New Delhi) branch delivered an outstanding performance across multiple athletic and team events, securing top positions in several categories over both days.

Day 1 Highlights (1 April 2026)
The first day focused primarily on track & field events and individual sports. Students from MERI Janakpuri demonstrated exceptional athletic ability and competitive excellence.
Track Events Performance

- **100 meters**
    - 1st Position: *Anisha*
    - 3rd Position: *Saumya Ranjan*
- **200 meters**
    - 1st Position: *Alen Samuel*
    - 2nd Position: *Rajat Bhatt*
    - 3rd Position: *Piyush Monga*
    - 1st Position (Girls): *Anisha*
- **400 meters**
    - 1st Position: *Monika*

Other Events

- **Lawn Tennis**
    - 3rd Position: *Khushi*

Day 2 Highlights (2 April 2026)
The second day featured team sports, relays, and field events. MERI Janakpuri continued its momentum with remarkable achievements.
Team Events

- **Tug of War** – 1st Position
- **4×100m Relay (Boys)** – 1st Position
  (Piyush Monga, Soumyo, Alen Samuel, Rajat Bhatt)
- **Basketball** – 1st Position
- **Volleyball** – 2nd Position
- **Kho-Kho** – 2nd Position
- **4×100m Relay (Girls)** – 2nd Position
  (Anisha, Khushi, Dhanisha, Monika)

Badminton

- **Singles** – 1st Position: *Monika*
- **Doubles** – 1st Position: *(Monika & Arushi)*

Pickleball

- 1st Position: *Khushi*
- 2nd Position: *Anisha*
- 3rd Position: *Muskaan*

Field Events

- **Discus Throw**
    - 1st Position: *Suraj Rawat*
    - 2nd Position: *Khushi*
- **Shot Put**
    - 1st Position: *Suraj Rawat*

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/14 **Date: 24 March 2026**

NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

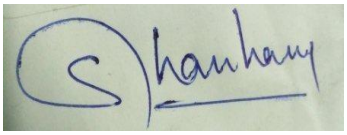
All India Inter University Thang-Ta (Men & Women) Competition 2025–26

This is to inform that MERI College students will be representing GGSIP University at the All India Inter University Thang-Ta (Men & Women) Competition 2025–26, organized by Manipur University, Kanchipur, Imphal, under the aegis of the Association of Indian Universities (AIU), New Delhi, from 06 to 09 April 2026.

Participating students will depart on 05 April 2026 and return on 10 April 2026.

Event Details:

- **Date:** 06 to 09 April 2026
- **Venue:** Manipur University, Kanchipur, Imphal
- **Departure:** 05 April 2026
- **Contact:** For details, contact: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

Copy to: –

Vice President – For information please
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HoD (IT) – For information please
HoD (JMC) – For information please
All Class Co-coordinators
All Notice Boards
Mr. Vipan – For Website Upload

Report on Participation in All India Inter University Thang-Ta (Men & Women) Competition 2025-26

I with two student participants from our College represented GGSIP University in the **All India Inter University Thang-Ta (Men & Women) Competition 2025-26**, organized by **Manipur University, Kanchipur, Imphal**, under the aegis of the **Association of Indian Universities (AIU), New Delhi**, from **06 April 2026 to 09 April 2026**.

1. Participants from MERI College

The following students from MERI College represented GGSIP University in the championship:

S. No.	Name of Student	Course	Semester	Batch
1	Jatin Negi	BBA	4th Semester	2024-2027
2	Aniket	BBA	2nd Semester	2025-2027

2. Journey Details

- **Departure:** 05 April 2026 via Indigo Flight to Imphal
- **Arrival at Imphal:** Approximately 11:45 AM
- **Return Journey:** 10 April 2026 via Air India Express Flight to Delhi

The journey was smooth and well managed.

3. Managers' Meeting

A Managers' meeting was conducted on **05 April 2026 at 5:30 PM** at **Manipur Central University, Imphal**.

During the meeting:

- All managers and officials introduced themselves.
- Organizers briefed all participants regarding:
  - Competition schedule
  - Rules and regulations
  - Reporting timings
  - Venue arrangements
  - Match procedures and discipline guidelines

The meeting concluded with refreshments including tea and biscuits.

4. Inaugural Ceremony

The inaugural function of the championship was held at **Dr. Kamal Indoor Stadium, Kanchipur, Manipur University** in a grand manner. The event witnessed participation from universities across India and reflected the rich sporting culture of Manipur.

5. Competition Performance

(A) Jatin Negi

- Event: **Phunaba-1 (Men)**
- Weight Category: **80 KG**
- University: **GGSIP University**

Jatin Negi played his bout on **08 April 2026**. He gave an excellent performance and displayed remarkable fighting spirit. He narrowly lost against **Manipur University** by only **2 points**, which reflects his strong competitiveness against a highly experienced opponent.

(B) Aniket

- Event: **PhunabaAnisubha (Men)**
- Weight Category: **80+ KG**
- University: **GGSIP University**

Aniket also participated in his scheduled bout on **08 April 2026**. He fought with determination and represented the institution with discipline and commitment. Though he lost in the first round, the exposure gained at the national level will be highly beneficial for his future growth.

6. Closing Ceremony
The closing ceremony of the championship was held on **09 April 2026** at the competition venue. The event concluded successfully with prize distribution and appreciation for all participating universities.

7. Overall Experience and Observations
The championship was very well organized by **Manipur University**. The arrangements regarding accommodation, transport, competition management, hospitality, and coordination were commendable.
This participation provided valuable exposure to our students in the following areas:

- National level competition experience
- Interaction with athletes from across India
- Understanding of advanced competitive standards
- Mental toughness and confidence building
- Motivation for future achievements

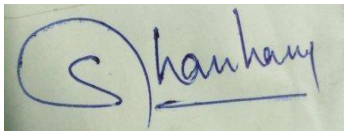
Manipur, being the birthplace of Thang-Ta, offered an inspiring atmosphere for the event.

8. Acknowledgements
I express my sincere gratitude to:

- **Prof. Lalit Aggarwal Sir** for granting permission and support to represent MERI / GGSIPU at the national level.
- MERI College administration for continuous encouragement of sports participation.

9. Conclusion
The participation of MERI students in this prestigious AIU National Championship was a matter of pride for the institution. Both students performed commendably and gained significant competitive exposure. Such opportunities greatly contribute to personality development, discipline, and sporting excellence.

I recommend continued encouragement and support for students participating in university and national level sports competitions.



Submitted by:
Sumit Chauhan

MERI College
Date: _____
Place: New Delhi

F.No.14/1/NSS/RDD/2025-26/23
Government of India
Ministry of Youth Affairs and Sports
Regional Directorate of NSS
Ground Floor, Shivaji Stadium Annexe Building
New Delhi: 110001

Dated: 19.05.2025

To,

The Programme Coordinator,
Guru Gobind Singh Indraprastha University,
Sector 16-C, Dwarka, New Delhi-110078.

Sub: Sanction of additional 09 (Nine) NSS Self-Financing Units (SFUs) to affiliated colleges under GGSIPU- reg.

Sir,

I am to refer to the Letter No. GGSIPU/NSS/2025/786 dated 22.04.2025 &MBSSPA/GGSIPU/NSS/2025/4652 dated 24.04.2025 on the subject above and to convey the approval of competent authority to sanction 9 (Nine) NSS Self-Financing Units (SFUs) as per the details given below.

Sl. No.	Name of Institution	No. of SFU granted	No. of NSS volunteers to be enrolled	Name of NSS Programme Officer
1	Jagannath International Management School	02	200	1. Dr. Simran Jain 2. Ms. Tanishka Gupta
2	KCC Institute of Legal and Higher Education	03	300	1. Mr. Pramod Kumar 2. Ms. Shipra Singh 3. Ms. Megha
3	Sri Ram Institute of Teacher's Education	01	100	Dr. Sonu
4	Management Education Research Institute	01	100	Mr. Pawan Kishore Jha
5.	MBS School of Planning and Architecture	01	100	Prof. Bijay Dash
6.	Guru Ram Dass College of Education	01	100	Dr. Geeta Pathak

The sanction of NSS Self-Financing Units (SFUs) to the above institution is subject to the terms and conditions laid down under SFU Guidelines and NSS Manual issued by the Government of India and in case of any violation or under performance, the SFUs sanctions may be withdrawn. It is also requested that all periodical reports are to be submitted and activities/programmes of NSS are to be conducted under intimation to this office.

19/5/25

(Sharwan Ram)
Regional Director

Copy for information to:

1. Director, Directorate of NSS, MoYAS, Shastri Bhawan, New Delhi: 110001 for necessary information.
2. State NSS Officer, Govt. of Delhi, for necessary information.

Tele No – 01120896171
NIC Mail ID – co2del-bn@nccindia.nic.in
Email id- 2dbnitipusa@gmail.com

2 Delhi Bn NCC
BTC Complex, Pusa
New Delhi-110012

2DBN/NCC/Trg/2026/200 dt 30 Jul 2026

Vice Chancellor/ Director/ HOS/Principal
Management Education Research Institute (MERI),
Janakpuri, New Delhi-110058

ALLOTMENT OF NCC SENIOR DIVISION VACANCY TO MANAGEMENT EDUCATION RESEARCH INSTITUTE (MERI), JANAKPURI, NEW DELHI UNDER FSFS CATEGORY

1. NCC Directorate Delhi letter No 2015/11/NCC/Trg dt 11 Jul 2026 (copy att).

2. As per your request **160 vacancies of NCC (Senior Division) under FSFS category** have been allotted to your Institute provided following conditions our fulfilled by your Institutions :-

(2.1) Nominate a Caretaker (CTO) immediately preferably below 40 years of age. The candidate should be permanent serving member of teaching staff in the institution/school. **Temporary Teacher, Adhoc Teacher, Primary Teacher, Lab Attendant & Librarian are not eligible**.

(2.2) Principal and nominated Caretaker (CTO) should meet the CO this Bn immediately on receipt of this letter for further progressing the raising of new NCC 01 Coy i.e. 160 cadets in the Institutions.

(2.3) Minimum 54/53 Cadet must be enrolled for current training year.

(2.4) The NCC in-Charge must attend all training conferences being conducted by the unit once in two/three month.

(2.5) The principal will be responsible for forwarding various details in respect of NCC cadets and NCC activities whenever required by the unit.

(2.6) The Institution must send Cadet to attend Annual Training Camp (ATC) and other National Camp from 2nd year onward.

(2.7) The school is to hire ESM/GCA/BCA for Training/ Administration. The QRs for hiring the ESM/GCA/BCA is attached at Appendix 'A'.

(2.8) The school will bear the cost of Adm expenditure on Basic & Refresher Trg of ANO. However, if the ANO or the Institute willingly withdraws from the NCC Sub Unit, the Institution will have to bear the entire expenditure on a prorata basis.

3. **Conduct of Training** :-

4. **Financial Expenditure** :-

(4.1) The Instiute will be required to meet all the expenditure incurred towards training of cadets, ANO, hiring of ESM/GCA/BCA & Uniform Allowances.

5. **Methology of Incurring Expenditure** :-

(5.1) The Institute is to bear the entire expenditure for the Institutional Training, Hiring of ESM, PRCN/Refresher Course, TA/DA for ANO & Cadets and Honorarium including Rank Pay for ANO.

(5.2) The school is to deposite expenditure towards Messing, Incidental & POL for 10 Days camp for the cadets.

6. For info and further necessary action pl.

Lt Col
Administrative Officer
2 Delhi Bn NCC

2 Delhi Bn NCC
ITI Pusa, New Delhi-12

11.Students' Personality Development Activities

11(a)	**Activities like mock interview, role play, group discussions, quizzes, workshops, competitions, etc.**				
	Activities		No.	Details	Marks
	Mock Interview	:	60	List Uploaded	
	Role Play	:	92		
	Group Discussion	:	145		
	Workshop	:	60		
	Competition	:	55		
11(b)	**Personality development labs, Provisions for trained faculty to conduct practical sessions and existence of Qualified student counselors**				
	Personality development labs	:	1	List Uploaded	
	Availability of trained faculty to conduct practical sessions	:	27		
	Existence of NSS/NCC Technical and Cultural Clubs/Societies		YES	2 units registered under NSS. 1 unit registered under NCC. 16 Club list uploaded	
11(c)	**Sports facilities in the Institutions**				
	Indoor facilities	:	YES	Details Uploaded	
	Outdoor facilities	:	YES		
	Sport Equipments	:	YES		
				Marks (Max.Marks:35)	

Students’ Personality Development related activities

Mock Interview	60
Role Play	92
Group Discussion	145
Workshop	60
Competition	55

Students' Personality Development related activities

MERI regularly conducts workshops for soft skills like communication, inter personal skills, leadership skills and personality development. Placement cell at MERI along with academics dept. continuously organizes soft skills activities focusing on personality development, team work, interpersonal skills and communication.

Mock Interview	60
Role Play	92
Group Discussion	145
Workshop	60
Competition	55

Competitions

- MERI organizes various activities and competitions where students demonstrate their all round abilities. Some of the activities are

1. **Solo dance- Boys competition**
2. **Group dance competition**
3. **Singing competition**
4. **Poetry recitation contest**
5. **Dual Dance competition**
6. **Arm wrestling competition**
7. **Table tennis competition**
8. **Chess competition-boys**
9. **Cricket Tournament**
10. **Arm wrestling contest**
11 **Solo dance Girls Competition**
12. **Chess-Girls**
13. **Cooking without fire**
14. **Collage making**
15. **Rangoli**
16. **Poster Making and abstract art**
17. **Reel Making Competition**
18. **Slogan Writing**
19. **Best out of waste competition**
20. **Push Ups/Yoga**
21. **Tug of War**
22. **Football**
23. **Intra-College mock stock competition**
24. **Fashionista 2K25**
25. **Intra College Teach back Session**
26. **Snap splash –Videography competition**

27. **Intra College GD competition**

Student counselors-There is availability of trained counselor to counsel students.

Sports Facilities

MERI has following sports facilities available for its students:

Sports	Games	Place of Conduct
Indoor Games	Table Tennis Carrom Chess Snooker	MERI, Janakpuri
Outdoor Games	Volleyball Foot Ball Cricket Basketball Lawn tennis Badminton Athletics Judo Kho Kho Kabaddi	MERI, Janakpuri

Activity Report of Communication Activities spanning from 2025 to 2026.

Listening activity was conducted with the students on 19th of June 2025 for the students of BCA 2nd Year.

Listening skills are crucial for effective communication and building strong relationships, both personally and professionally. Here are some key components of good listening skills:

1. **Active Listening**: This means fully concentrating, understanding, responding, and remembering what the other person is saying. It involves making eye contact, nodding, and showing interest in the conversation.
2. **Avoiding Interruptions**: Let the speaker finish their thoughts before responding. Interrupting can make the speaker feel unheard or frustrated.
3. **Empathy**: Put yourself in the other person's shoes. Try to understand their emotions and perspective rather than just focusing on what they're saying.
4. **Clarification**: If something is unclear, ask questions to ensure you understand correctly. Phrases like, “Can you explain that further?” or “What did you mean by that?” can help clarify misunderstandings.
5. **Non-verbal Cues**: Pay attention to body language, tone of voice, and facial expressions. These can often convey more information than words alone.



Public speaking skills Practice Session was conducted on 22nd of July 2025 with the students of BCA 2nd semester.

Public speaking is the act of delivering a speech or presentation in front of an audience. It's a skill that can be useful in many contexts, such as business, education, politics, and entertainment. Good public speaking involves more than just presenting information—it's about engaging and inspiring your audience.



Here are some key aspects of public speaking:

1. **Preparation**: Know your material well. Organize your thoughts into a clear structure (e.g., introduction, body, and conclusion). Tailor your content to your audience's needs or interests.
2. **Confidence**: Be confident in your delivery. This doesn't mean being perfect, but rather speaking with authority and conviction. Practice can help with this.
3. **Body Language**: Your body language conveys a lot of information. Make eye contact, use hand gestures, and stand or sit in a posture that exudes confidence and engagement.
4. **Voice Modulation**: The way you speak matters—vary your tone, pitch, and pace to keep the audience engaged. A monotone delivery can be disengaging.
5. **Engagement**: Involve your audience. Ask questions, use anecdotes or humor, and connect with your listeners to maintain interest.

Presentation skills Practice Session was conducted for MBA Students

on 22nd of August 2025, Presentation Skills are essential for effectively communicating ideas, information, and concepts to an audience. Whether you are delivering a business proposal, a lecture, or sharing an idea with a group, strong presentation skills can significantly impact how well your message is received. Here are some key components of presentation skills:

1. Clarity and Structure

- **Organize your content**: Structure your presentation with a clear beginning, middle, and end. Start with an introduction to outline what you'll cover, followed by the body where you explain your main points, and end with a conclusion or call to action.
- **Be clear and concise**: Avoid unnecessary jargon and focus on delivering your message clearly. A concise presentation is more likely to engage your audience.



2. Confidence

- **Body language**: Use positive body language such as maintaining good posture, eye contact, and purposeful movements. Avoid crossing your arms or fidgeting, as this can distract from your message.
- **Voice control**: Speak confidently and with appropriate volume. Use varied tone and pace to keep your audience engaged. Avoid speaking too fast, as this can make it difficult for people to follow your ideas.
- **Practice**: Familiarize yourself with the content and rehearse multiple times. This will reduce nervousness and help you deliver your message smoothly.

3. Engagement

- **Know your audience**: Tailor your content to the needs, interests, and knowledge level of your audience. This will help keep them engaged and make the presentation more relevant.
- **Ask questions and involve the audience**: Pose thought-provoking questions or encourage audience participation to keep them actively engaged.
- **Visual aids**: Use slides, charts, videos, or other visual elements to enhance your message. However, avoid overcrowding slides with text. Keep them simple and relevant.

4. Handling Nerves

- **Breathing techniques**: Deep breathing exercises can help calm your nerves and ensure you're speaking clearly.
- **Positive visualization**: Visualize yourself delivering a successful presentation to boost your confidence.
- **Focus on the message, not yourself**: Shift your attention from worrying about how you are performing to focusing on delivering value to your audience.



Activity Name: Group Discussion Activity was also conducted for the students of BBA 2nd year on 9th of September 2025

Purpose: To develop effective communication skills, critical thinking, active listening, teamwork, and confidence among college students.

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1. Purpose of the Activity

The purpose of the Group Discussion Activity was to enhance students' verbal communication and interpersonal skills by providing them with a platform to express their views, exchange ideas, and discuss relevant academic, social, and professional issues. The activity aimed to improve students' confidence, listening abilities, logical reasoning, teamwork, and ability to present arguments clearly and respectfully.

2. Description of the Activity

The activity was organised to provide students with practical exposure to group-based communication. Students were divided into small groups and assigned topics related to current affairs, business, education, technology, and social issues.

Each group was given a specific time to discuss its assigned topic. Students shared their opinions, presented supporting arguments, responded to different viewpoints, and attempted to reach a meaningful conclusion. The faculty coordinator observed their participation and provided feedback on their communication style, clarity of expression, listening skills, body language, and ability to work collaboratively.

3. Learning Outcomes

The activity helped students to:

1. Improve verbal fluency and clarity of expression.
2. Develop active listening and attentive responding.

3. Build confidence in expressing opinions before others.
4. Strengthen critical thinking and analytical reasoning.
5. Learn to respect diverse viewpoints and opinions.
6. Develop teamwork and collaborative decision-making skills.
7. Improve leadership, persuasion, and conflict-management abilities.
8. Prepare for placement interviews and professional discussions.

4. Conclusion

The Group Discussion Activity provided students with a valuable opportunity to practise effective communication in a collaborative environment. It encouraged active participation, mutual respect, logical thinking, and confidence in expressing ideas. The activity contributed to students' overall personality development and workplace readiness.

Activity Name: Mock Interview Session

Mock Interview Session was conducted for the students of MBA First on 9th of February 2026.

Purpose: To prepare students for real job interviews by improving their communication skills, confidence, professional etiquette, body language, and ability to answer interview questions effectively.



Venue: College Seminar Hall / Placement Training Room

1. Purpose of the Activity

The purpose of the Mock Interview Session was to provide students with practical exposure to real-world interview situations and prepare them for future employment opportunities. The

activity aimed to enhance students' verbal communication, self-presentation, confidence, professional behaviour, and ability to respond to interview questions clearly and appropriately. It also sought to familiarise students with interview procedures, commonly asked questions, and the expectations of recruiters.

2. Description of the Activity

The Mock Interview Session was organised to help students understand the structure and requirements of professional job interviews. Students participated in simulated interviews conducted by faculty members and coordinators acting as interviewers.

Participants were asked questions related to their educational backgrounds, career objectives, strengths and weaknesses, subject knowledge, teamwork, problem-solving abilities, and professional aspirations. Students were also encouraged to practise answering questions such as "Tell me about yourself," "Why should we hire you?" and "Where do you see yourself in five years?"

The interviewers evaluated students on the basis of communication skills, clarity of thought, confidence, body language, grooming, listening skills, and the relevance of their responses. Individual feedback and suggestions were provided to help students identify areas for improvement.

3. Learning Outcomes

The activity helped students to:

1. Develop confidence in facing job interviews.
2. Improve verbal communication and presentation skills.
3. Learn appropriate professional etiquette and interview behaviour.
4. Practise answering frequently asked interview questions.
5. Enhance body language, eye contact, posture, and voice modulation.
6. Identify personal strengths and areas requiring improvement.
7. Improve self-awareness and professional self-presentation.
8. Prepare effectively for campus placements and employment opportunities.

4. Conclusion

The Mock Interview Session was a valuable learning experience that helped students understand the expectations of professional interviews. It provided them with an opportunity to practise interview techniques, receive constructive feedback, and improve their overall employability skills. The activity contributed to students' professional development and preparedness for recruitment processes

Activity Name: Presentation Skills Competition

Presentation Skills Session has been conducted for the students of BCOM 2nd Year on 10th of March 2026.

Purpose: To enhance students' public speaking, presentation, communication, confidence, and audience-engagement skills, while enabling them to present ideas clearly and effectively using appropriate visual aids.



1. Purpose of the Activity

The purpose of the Presentation Skills Competition was to provide students with a platform to demonstrate and improve their oral presentation and professional communication abilities. The activity aimed to develop confidence, clarity of expression, logical organisation of ideas, effective use of visual aids, and the ability to engage an audience. It also sought to prepare students for academic presentations, seminars, group projects, business meetings, and professional workplace situations.

2. Description of the Activity

The Presentation Skills Competition was organised to encourage students to communicate their ideas in a structured, engaging, and professional manner. Participants were invited to prepare presentations on topics related to business, management, technology, education, entrepreneurship, environmental sustainability, and contemporary social issues.

Students presented their topics using PowerPoint slides and other relevant visual aids. They were encouraged to organise their content logically, maintain appropriate eye contact, use effective voice modulation, manage their time, and interact confidently with the audience. A question-and-

answer session followed the presentations, allowing participants to demonstrate their subject knowledge and ability to respond to questions.

The presentations were evaluated by faculty members on the basis of content quality, clarity, organisation, confidence, body language, creativity, visual-aid usage, audience engagement, and time management. Constructive feedback was provided to help students identify their strengths and areas for improvement.

3. Learning Outcomes

The activity helped students to:

1. Improve public speaking and oral communication skills.
2. Develop confidence in presenting ideas before an audience.
3. Organise information logically and coherently.
4. Use PowerPoint slides, charts, graphs, and other visual aids effectively.
5. Enhance body language, eye contact, and voice modulation.
6. Develop audience engagement and interaction skills.
7. Improve time management and professional presentation techniques.
8. Strengthen their readiness for academic, managerial, and workplace presentations.

4. Conclusion

The Presentation Skills Competition provided students with a valuable opportunity to showcase their knowledge, creativity, and communication abilities. It encouraged active participation, confidence, critical thinking, and professional expression. The activity contributed to students' overall personality development and prepared them to deliver effective presentations in academic and professional environmen

Activity Name: Group Discussion Activity was conducted for the students of BBA 3rd Year on 26th of September 2026

Purpose: To enhance students' verbal communication, active listening, critical thinking, teamwork, confidence, and ability to express opinions logically while respecting diverse view



1. Purpose of the Activity

The purpose of the Group Discussion Activity was to provide students with a platform to exchange ideas, express opinions, and discuss relevant academic, social, and professional issues. The activity aimed to develop effective communication, analytical thinking, leadership, cooperation, and decision-making skills. It also sought to prepare students for group discussions conducted during campus placements, recruitment processes, and professional meetings.

2. Description of the Activity

The Group Discussion Activity was organised to give students practical experience in collaborative communication. Students were divided into small groups and assigned topics related to current affairs, business management, technology, education, and social issues.

Each group was given a specific time to discuss its assigned topic. Participants shared their viewpoints, presented logical arguments, listened to others, responded to different opinions, and worked towards reaching a meaningful conclusion. Faculty members observed the discussions and evaluated students on their communication skills, clarity of thought, confidence, listening abilities, teamwork, and body language.

Constructive feedback was provided to help students identify their strengths and improve their participation in future discussions.

3. Learning Outcomes

The activity helped students to:

1. Improve verbal fluency and clarity of expression.
2. Develop active listening and interpersonal communication skills.
3. Build confidence in expressing opinions before a group.
4. Strengthen critical thinking and logical reasoning.
5. Learn to respect diverse perspectives.
6. Enhance teamwork, leadership, and collaborative decision-making.
7. Develop the ability to handle disagreements constructively.
8. Prepare for placement interviews and professional discussions.

4. Conclusion

The Group Discussion Activity provided students with a valuable opportunity to practise effective communication in a collaborative environment. It encouraged confidence, mutual respect, logical thinking, and active participation. The activity contributed to students' personality development, interpersonal effectiveness, and professional readiness.

Activity Name: Debate Competition

Debate Competition has been conducted on 8th of September 2026 for the students of MBA.

Purpose: To develop students' public speaking, persuasive communication, critical thinking, logical reasoning, and confidence while encouraging them to express opinions, support arguments with evidence, and respect opposing viewpoints.



1. Purpose of the Activity

The purpose of the Debate Competition was to provide students with a platform to express their views on contemporary issues and develop effective argumentation and communication skills. The activity aimed to enhance students' ability to analyse issues from different perspectives, construct logical arguments, present evidence-based opinions, and respond confidently to counterarguments. It also sought to promote intellectual curiosity, healthy competition, respectful disagreement, and informed decision-making among students.

2. Description of the Activity

The Debate Competition was organised to encourage students to engage in structured discussions on relevant social, educational, technological, environmental, and business-related issues.

Participants were divided into two teams, with one team supporting the motion and the other opposing it.

Students were given topics such as “Artificial Intelligence: Boon or Bane,” “Social Media Does More Harm Than Good,” and “Online Education Is Better Than Traditional Education.” Each participant was allotted a specific time to present arguments, support opinions with examples, and respond to opposing viewpoints.

The faculty coordinators and judges evaluated participants on the basis of content, logical reasoning, clarity of expression, persuasive ability, confidence, rebuttal skills, time management, and adherence to debate rules. Feedback was provided to help students improve their speaking and argumentative abilities.

3. Learning Outcomes

The activity helped students to:

1. Improve public speaking and persuasive communication skills.
2. Develop critical thinking and analytical reasoning.
3. Learn to construct clear, logical, and evidence-based arguments.
4. Enhance confidence in expressing opinions before an audience.
5. Develop the ability to respond effectively to counterarguments.
6. Improve vocabulary, fluency, and clarity of expression.
7. Learn to respect opposing viewpoints and practise constructive disagreement.
8. Strengthen research skills and awareness of contemporary issues.

4. Conclusion

The Debate Competition provided students with an engaging platform to demonstrate their communication skills, knowledge, and intellectual abilities. It encouraged healthy competition, independent thinking, respectful dialogue, and confidence in public speaking. The activity contributed to students’ overall personality development and prepared them for academic discussions, leadership roles, group discussions, and professional communication.

Activity Name: General Knowledge Quiz Competition

General knowledge Quiz has been done for the students of BA (JMC) on 20^{th,} 2026 September.

Purpose: To enhance students’ general awareness, intellectual curiosity, critical thinking, knowledge of current affairs, and teamwork through an engaging and competitive quiz-based learning activity.



1. Purpose of the Activity

The purpose of the General Knowledge Quiz Activity was to broaden students' knowledge and awareness of national and international events, history, geography, science, technology, economics, sports, and current affairs. The activity aimed to promote self-learning, quick thinking, healthy competition, teamwork, and decision-making abilities. It also sought to improve students' confidence, encourage active participation in academic activities, and develop their ability to recall and apply information effectively.

2. Description of the Activity

The General Knowledge Quiz Competition was organised to provide students with an interactive platform to test and expand their knowledge beyond the classroom curriculum. Students participated individually or in teams and answered questions covering a wide range of subjects, including Indian history, world geography, political developments, business and economics, scientific discoveries, technological advancements, sports, literature, and current affairs.

The quiz was conducted in multiple rounds, such as a preliminary round, rapid-fire round, visual identification round, current affairs round, and buzzer round. Participants were required to answer questions within a specified time limit. The quizmaster explained the rules, maintained scoring records, and ensured fair participation among the teams.

Faculty coordinators evaluated the participants based on the accuracy of their answers, response time, teamwork, and overall performance. The competition concluded with the announcement of the winning team and recognition of outstanding participants.

3. Learning Outcomes

The activity helped students to:

1. Expand their general knowledge and awareness of current affairs.
2. Improve memory, concentration, and information-retention abilities.
3. Develop quick thinking and decision-making skills.
4. Strengthen teamwork and collaborative learning.
5. Improve confidence and participation in competitive activities.
6. Develop intellectual curiosity and independent learning habits.
7. Enhance analytical thinking and problem-solving abilities.
8. Build awareness of national and international developments.

4. Conclusion

The General Knowledge Quiz Competition provided an engaging and educational experience for students by combining learning with healthy competition. It encouraged curiosity, teamwork, confidence, and continuous learning. The activity contributed to students' intellectual development and helped them become more informed, aware, and confident individuals.

GROUP DISCUSSION TOPICS

Sr. No. Topics

1. Social Media: Boon or Bane?
2. Can India Become a Global Manufacturing Hub?
3. Banking Scams
4. Mars Mission for India Justified?
5. Decline in open spaces and playgrounds can lead to negative tendencies in children
6. Knowledge is the biggest asset you can accumulate
7. Is India ready for cashless Economy?
8. Does Travelling help in generating ideas and experiential learning?
9. Zero
10. End of Globalization/ De-Globalization/ Nationalization.
11. Climate change/Pollution
12. Retirement Homes: Do advantages of living in them outweigh the disadvantages?
13. Social Media: Impact on human behavior and society
14. Death penalties for perpetrators of crime against women. is it justified?
15. US Trade Policy is Trump creating World Trade War?
16. Media Freedom Should there be a limit?
17. Fake News will kill Social Fiber of India unless checked
18. Individual's Data Privacy Protection is More Important than Before
19. Mobocracy is led by Fake News resulting in Lynching
20. Vehicles?
21. Modicare: Affordable healthcare or a piped dream?
22. Bullet Train Does India really need it?
23. Sensex: Sensitivity has nothing to do with economy and society?
24. Companies Amendment Bill Will it be helpful in case of doing business?
25. Gujarat &Himachal Assembly elections Implications at national level.
26. IIM Bill 2017. Is it really beneficial for the students?
27. End of subsidy regime. Step needed to propel the wheel of growth
28. TRUMP-KIM SUMMIT Will De-Nuclearization Instill World Peace?
29. GD Topic Union Budget India 2018
30. Is India ready for Electric Mission to MARS, Can India afford spending a fortune on such projects?
31. E-commerce: Discounts are harmful in long run?
32. War Kashmir Crisis: War not dialogue will end the Crisis?
33. Preponing the General Budget Is preponing the presentation date a good
34. Terrorism Is this the price we have to pay for democracy?
35. Linking of Aadhaar is making Aadhar mandatory a good idea?
36. GD topic Retirement Homes
37. Smart City Project will give wings to growth
38. Gender bias in portraying Women in Advertisements

39. Brevity is the soul of wit
40. Gender blas in portraying Women in Advertisements
41. Effect of Pandemic on world Economy
42. E-learning Boon or Bane
43. Post Adoption effects of e-learning
44. Impact of Lockdown on Indian Economy
45. India needs a uniform civil code
46. Friends, Enemy or Frenenmies?
47. Hard Work Vs Smart Work
48. Me Too Campaign Breaking Silence to Win the War
49. Your failures can be your stepping stones or your stumbling blocks Ethics or Profit
50. Zero (0)
51. Black or Grey
52. Work-Life Balance is a Myth
53. FAMOUS VS IMPORTANT
54. Roses are red, crows are black
55. Water or Oxygen
56. East or West India is the best
57. Patience. A virtue in Business and Management.
58. Social Media A boon or a bane for society and individuals
59. Beti Bachao Beti Padhao Will it abolish the orthodox mindset?
60. Law should be an instrument of Social Change
61. Browsing at Workplace affects productivity
62. Social Activism is necessary for survival of democratic society
63. India needs a uniform civil code
64. Difficulties in implementation of Climate Change Summit Resolutions
65. Net Neutrality is essential to make India Digital
66. Friends, Enemy or Frenemies?
67. Innovation Vs Invention: What is more important?
68. Change is the only constant
69. Freedom Is a myth
70. Fact Vs Opinion: There are no facts only opinions
71. Leader or Follower
72. Strategy or Execution
73. Means or End
74. Hard Work Vs Smart Work
75. Effective manager or Ethical Manager
76. It was a bright, cold day in April and the clocks were striking thirteen.
77. Red is red, blue is blue and never the two shall meet
78. Work from Home (WFH) culture a tool to save cost
80. European Union's role in Ukraine-Russia conflict

81. Is Moonlighting good or bad
82. Role of developing countries in reducing carbon emission
83. Is online education here to stay?
84. Is social distancing the new normal?
85. The changing world dynamics post Covid 19
86. Should there be a limit to media freedom?
87. Is work-life balance actually a myth?
88. Role of patience and persistence in business and management
89. Change is the only constant
90. Friends, enemies and ferneries how to demarcate?
91. Failure teaches us more important lessons than success does
92. Is India capable to lead solar and wind energy revolution?
93. Is India actually ready for a true cashless economy?
94. Pros and cons of block chain technology
95. Is 'startup India' actually boosting entrepreneurship culture in India.
96. Will 'Beta Bacchao- Beti Padao campaign' actually change the typical Indian mindset?
97. Is net neutrality essential to make India digital?
98. Is smart city project actually useful?
99. Is introduction of bullet trains in India a good idea?
100. Net Neutrality is essential to make India Digital
101. Impact of Technology on Jobs: Will Automation & Artificial Intelligence increased Jobs?
102. Globalization: An Opportunity or a Threat?
103. Crypto Currency: A bright future or just a fad?
104. The Fugitive Economic Offender Bill 2017
105. Startup India: Boosting Entrepreneurship
106. Merger of Public Sector Banks: How beneficial is the merger of Banks?
107. Water Transport Tourism: A shot in the Arm for economic development
108. Budget Cycle Change: Only a nove of convenience
109. Banking Frauds: Result Rising NPAS; Better to Prevent now than to run after
110. Union Budget: Merging the General & Railway Budget will save exchequer from unnecessary spending
111. India V/s China: Will India remain way behind China?
112. Employment Generation: IT industry will create huge job opportunities in India
113. FDI in retail: Good for India?
114. Business Lobbying: Make it legal in India
115. Corruption in Economy: It is the root cause for India Economic slowdown
116. Make in India: The idea will make India a manufacturing hub
117. Minimum Support Price: Really helpful or a Political gimmick
118. Agriculture Vs Manufacturing Industry in India-priorities for future
119. Walmart and Flipkart Deal: Impact on Indian Economy

120. Is MBA necessary to be successful in Business?
121.Cashless Economy: Is Society ready for transformation?
122. Bank Recapitalization: NPA reduction and not bank recapitalization can cure the health of PSBS in India
123. RERA: Will it restore the trust of home buyers?
124. Moody's Rating Upgrade: will the improvement enhance economies growth of India?
125. YONO One Banking Digital platform for all financial solutions.
126. Demonetization: Success & failures
127. Indian Economic Slowdown: A long term problem, how to come out of it?
128. GST: Will economy grow faster with reduced rates of Goods & Service Tax?
129. Farmers' Income: Will India be able to double it in next 5 years?
130. Privatization of India n economy: Should India go ahead with idea?
131. High deficit Financing V/s High interest rates: Both cannot go together.
132. Is work-life balance actually a myth?
133. Role of patience and persistence in business and management
134. Change is the only constant
135. Friends, enemies and ferneries how to demarcate?
136. Failure teaches us more important lessons than success does
137. Is India capable to lead solar and wind energy revolution?
138. Is India actually ready for a true cashless economy?
139. Pros and cons of block chain technology
140. Impact of technology on job
141. Is 'startup India' actually boosting entrepreneurship culture in India.
142. Skills vs. Degrees : Which is More Important?
143. Entrepreneurship vs. Employment
144. Leadership vs. Management
145. Artificial Intelligence : : Opportunity or Threat?

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
LIST OF CLUB CO-ORDINATORS

Sl. No.	Club	Club Coordinators
1	CSR Club	Prof. (Dr.) Deepshikha Kalra , Ms. Shweta Ahuja Dr. Pawan Kishore Jha, Dr. Sarita Yadav
2	E-Cell	Dr. Gurpreet Kaur , Dr. Anil Grewal Dr. Sachin Suryan
3	Zumba/Music/Band/Dance	Dr. Neha Shivani, Ms. Avsheen, Ms. Ekta, Dr. Kamal, Ms. Shikha Yadav
4	Sports/Fitness	Dr. Sumit Chauhan, Dr. Anil Grewal
5	Literary Club	Dr. Shikha Gupta , Ms. Sheela Narang, Ms. Bhawna
6	Precious Pixels	Dr. Anand Nandwani , Ms. Nisha Garg Mr. Pankaj Negi
7	Media Cell	Dr. S.K. Pandey, Shri Sadanand Pandey Mr. Sachin Sharma
8	Fashion Vista	Dr. Stuti Narula Markan, Ms. Yashika Malik Dr. Richa Gupta
9	Cultural Club	Dr. Monika Sharma , Dr. Sangeeta, Mr. Ishwar Singh, Dr. Arkin Chawla
10	Theatre Club (Rangbhoomi)	Ms. Shikha Yadav Dr. Irshad Ahemad
11	Research Club	CMA Ajay Jain , Dr. Suresh Jha Dr. S.S. Misra
12	Coding Club	Ms. Nidhi Sharma, Ms. Ritu Sawanni, Ms. Mansi Mathur
13	NEOGEN Club (placement)	Mr. Ashok Bhatia, Mr. Sanjay Bhagat
14	Invent Kala	Dr. Lalita Yadav, Dr. Simranjeet Kaur
15	Space Club	Mr. Amit Vikas Hans, Ms. Mansi Mathur, Dr. Stuti, Dr. Pooja Singh Negi, Mr. Akhil
16	IIC	Dr. Anil Grewal, Ms. Nidhi Sharma

Trained Faculty to conduct practical sessions

S.no.	Name of Faculty	Profile	Topic
1	Dr. Dushyant K Rai	Professor School of Media Studies, University of Jammu	Changing Pattern of Print Media Reporting
2	Mr. Sumit Awasthi	Consulting Editor, NDTV	The Future of Credible Journalism in the Age of AI and Digital Platforms
3	Mr. Diwakar	Editor, Times of India	Challenges of Print Journalism in the Age of Social Media
4	Mr. Vivek Nanda	Ex Vice President, Sharp Business System	Managerial Skill Development
5	Mr. Ankit Jain	Govt. Officer, TeDX Speaker, Joshtalk Speaker, Master of Communication	Sales Pitching, Communication Blueprint(Basic Communication Skills), Communication Eco-system(International Communication Skills), Communication Mastery(Advanced Communication Skills)
6	Mr. Adarsh Rai	HR Brain Hub Consulting LLP	Resume Building & tips for stress interview
7	Dr. U.K.Neogi	Ex VP Birla Group	Export Import documentation
8	Mr. Sachin Garg	Founder & Director Momginie, Ex Director Daffodil	Emerging Technologies for Business
9	Mr. Dippankar S Halder	CEO, Entrepreneur & Busines	Building a Business - An Entrepreneur's Journey
10	Mr. Yogender Singh	Founder - Train with Yogen	IIMA ALUMNUS ON STARTUPS AND MARKETING STRATEGY
11	Prof. Nadira Chaturvedi	MBA-IIMA, Co-Chair Patients for Patient, Safety Foundation India	Social Markting : A case study on Community Event in Cancer Awareness
12	Mr Salil Agrawal	Author, Mentor & Coach-President, IIMAGES	IIMA Alumnus on Getting Into the Right Attitude Corporate Ready
13	Dr Ashok Aggarwal	Former MD & CEO of Escorts Securities Ltd.	Recent trends in Fintech
14	MS Shikha Gupta	NISM Certified Trainer	National Webinar on stock market
15	Mr. Kanishk Mallick	TIMES Group	KPI & KRAS
16	Mr Puneet Purohit	Pathkind Labs	Preparation for HR Roles

17	Prof. Devender Bahadur	Certified SAP MM Consultant, Certified ISO Lead Assessor	Logistics & Supply Chain
18	Mr. Amit Goel	Head of Radio Software, Product Management, Global Nokia	IIM Alumnus on Industry Expectations
19	Prof. Devendra Kumar Arora	(Alumnus, IIMC Kolkata), President SPAA India, AACB USA and NAAC advisor	Workshop for 21st Century Management Leaners on Learning Team Building Skills from the Ramayana : The Making of Ram Setu
20	Mr. Hoskote Srinivas Murthy	(PGDM-IIMA), Management	CAREER CHOICES
21	Mr. Y. N. Kaushal	(PGDM-IIMA), Director, Enablers' Management Institute	GROWTH MINDSET
22	Ms. Marya Shakil	Senior TV Anchor and Executive Editor (National Affairs)	TV Journalism in the Digital Age
23	Mr. Paras Malhotra	Associate Director,Product Management at S&P Global	Training programme on advanced excel and Power BI
24	Prof. Rakesh Khurana	Advisor	TARP Model
25	Dr. Saurabh Maheshwari	Director at Poddar Business School, Jaipur and Co-Founder & Chief Business Officer at SKLZ TECT LLP	five days hands on workshop on Future Ready AI
26	Air Vice Marshal (Dr.) Devesh Vatsa	Advisor Cyber Security & Critical Technologies, DSCI NASSCOM	Quantum Industrilization
27	Mr. Vinayak Godse	Chief Executive Officer, DSCI	Frontier Technologies

SPORTS ACTIVITIES
INDEX
FOR THE ACADEMIC SESSION 2025-26

S. No.	Name of the Game / Championship	Event Date
1	Intra College Chess Competition	13 August 2025
2	Athletics – Track Events (50m, 100m, 200m & 400m Races)	19 August 2025
3	Athletics – Track Events (Spoon Race,50m, 100m, 200m & 400m Races) Intra College Table Tennis Tournament Intra College Chess Competition	29-31August 2025
4	Intra College Volleyball Tournament	03 September 2025
5	Intra College Long Jump Competition	9 September 2025
6	Intra College Kho-Kho Tournament	15 September 2025
7	Intra College Football Tournament	23 September 2025
8	Intra College Discus Throw Competition	29 September 2025
9	Intra College Spoon Race Competition	3 October 2025
10	Intra College Tug of War Competition	10 October 2025
11	Intra College Cricket Tournament	15 October 2025
12	Intra College Arm Wrestling Competition	25 October 2025
13	University Sports Meet	29-31 October 2025
14	24th Delhi State Armwrestling & Para Armwrestling Championship	24 – 26 January 2026
15	Intra – College Chess Competition	04 February 2026
16	Intra – College Table Tennis Competition	04 February 2026
17	Intra – College Table Tennis Tournament	10 February 2026
18	Inter – College Table Tennis Competition (La Kermesse)	20 February 2026
19	Inter – College Chess Competition (La Kermesse)	20 February 2026
20	Inter – College Arm Wrestling Competition (La Kermesse)	20 February 2026

21	Inter – College Tug of War Competition (La Kermesse)	21 February 2026
22	Intra – College Kabaddi Competition	07 March 2026
23	Intra – College Tug of War Competition	10 March 2026
24	Intra – College Race Competition (50m/100m/200m/Spoon)	17 March 2026
25	Intra – College Kho-Kho Tournament	24 March 2026
26	SPARDHA – 2026 Annual Inter-College Sports Meet	01 – 02 April 2026
27	All India Inter University Thang-Ta Competition, Manipur	06 – 09 April 2026

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Chess Competition

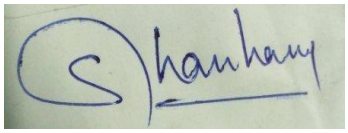
Ref: Office2/Dean/SPORTS/2025/14 **Date: 08 August 2025**

MERI College is organizing an Intra College Chess Competition on 13August 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate.

Event Details:
Date: 13 August, 2025
Venue: Room No. 103

Registration:

The interested students may submit their names latest by 12 August 2025 to the following Student Coordinator: **- Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Chess Competition – Report

Date: 13 August 2025

The Intra College Chess Competition was successfully conducted on 13 August 2025 at Management Education & Research Institute, Janakpuri, New Delhi. The competition witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting keen interest in indoor sports and strategic games.

Highlights of the Event:

Participation:
A total of 22 students participated in the competition, competing in separate Boys' and Girls' categories.

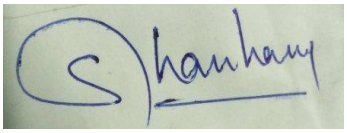
Results:

Boys' Category:
Winner: Rohan Sharma (BCA)
Runner-up: Nikhil Verma (MBA)

Girls' Category:
Winner: Neha Gupta (BBA)
Runner-up: Anjali Singh (BA(JMC))

The matches were conducted in a disciplined and competitive environment, with participants demonstrating strong analytical skills, patience, and strategic thinking. The event successfully promoted mental agility, sportsmanship, and healthy competition among the students.

The Sports Department appreciates the efforts of all participants and volunteers for making the event a grand success.



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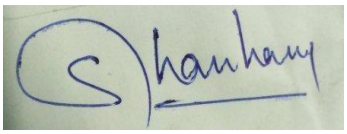
MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Athletics – Track Events (Spoon Race, 50m, 100m, 200m & 400m Races)

Ref: Office2/Dean/SPORTS/2025/15 **Date: 11 August 2025**

MERI College is organizing Athletics – Track Events (Spoon race, 50m, 100m, 200m & 400m Races) on 19 August 2025. Students from MBA, BCA, B.COM(H), BA(JMC) & BBA are invited to participate.

Event Details:
Date: 19 August 2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 18 August 2025 to the following Student Coordinator: - **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Athletics – Track Events (Spoon Race, 50m, 100m, 200m & 400m Races) – Report

Date: 19 August 2025

The Athletics – Track Events comprising Spoon Race, 50m, 100m, 200m and 400m races were successfully conducted on 19 August 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA participated enthusiastically, displaying remarkable speed, stamina, balance, and sportsmanship.

Highlights of the Event:

Participation:
More than 45 students participated in various track events, competing in separate Boys' and Girls' categories across different courses.

Results:

Spoon Race

Boys' Category:
Winner: Tushar Aggarwal (BCA)
Runner-up: Devansh Rao (BCA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Muskan Verma (B.COM(H))

50m Race

Boys' Category:
Winner: Soumya Ranjan (BBA)
Runner-up: Prakhar Rai (BBA)
Girls' Category:
Winner: Riya Jain (BBA)
Runner-up: Anjali Singh (BA(JMC))

100m Race

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Tushar Aggarwal (BCA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Neha Gupta (BA(JMC))

200m Race

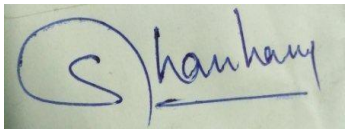
Boys' Category:
Winner: Soumya Ranjan (BBA)
Runner-up: Prakhar Rai (BBA)
Girls' Category:
Winner: Simran Kaur (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

400m Race

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Soumya Ranjan (BBA)
Girls' Category:
Winner: Ritika Singh (MBA)
Runner-up: Anjali Singh (BA(JMC))

The event was conducted smoothly under the supervision of the Sports Department. The participants demonstrated excellent athletic ability, discipline, and competitive spirit. The Athletics Meet played a significant role in promoting physical fitness and encouraging a healthy sporting culture among students.

The Sports Department extends its appreciation to all participants, officials, and volunteers for making the event a grand success.



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE
National Sports Day Celebration

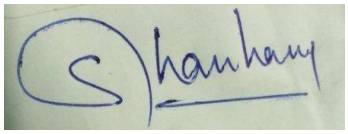
Ref: Office2/Dean/SPORTS/2025/16 **Date: 27th August, 2025**

All the students are hereby informed that, on the occasion of **National Sports Day on 29th-31stAugust 2025**, our institution is organizing sports events from 29-30 August, 2025. Following events will be organised:

- 50 Metre Race-30th August 2025-**Venue:** College Ground-Time: 11:30 AM
- 100 MetreRace-30thAugust 2025-**Venue:**College Ground-Time: 11:45 AM
- Spoon Race - 30th August 2025 -**Venue:** College Ground -Time: 12:30 PM
- Rope Skipping-30th August 2025-**Venue:** College Ground-Time: 1 PM
- Table Tennis Competition-30th August 2025-**Venue:** Sports & Fitness Area -Time: 11 AM
- *Chess Competition-30 August 2025-**Venue:** Room No. 203-Time:11:30 AM
- Zumba-30th August 2025-**Venue:** Auditorium-Time: 2:30 PM

All interested students are requested to register their names with the Student Sports Coordinator- **Ayush Tiwari-9990290860** by **28th August 2025**.

Let us come together to celebrate the spirit of sportsmanship and fitness.
***- Participants must bring their own rackets.**



Dr Sumit Chauhan
Sports In-Charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
National Sports Day Celebration – Report

Date: 31 August 2025

The National Sports Day Celebration was successfully organized at Management Education & Research Institute, Janakpuri, New Delhi from 29th to 30th August 2025. The celebration aimed to promote physical fitness, sportsmanship, and a healthy lifestyle among students. A series of indoor and outdoor sports activities were conducted with enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC), and BBA.
The events were conducted at different venues across the campus and were well coordinated by the Sports Department and student volunteers.

Highlights of the Celebration

Participation:
A large number of students actively participated in the events, competing in various athletic, recreational, and indoor games. The students displayed commendable energy, discipline, and competitive spirit throughout the celebration.

Event-wise Results

50 Metre Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Soumya Ranjan (BBA)
Winner (Girls): Ritika Singh (MBA)

100 Metre Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Prakhar Rai (BBA)
Winner (Girls): Ritika Singh (MBA)

Spoon Race
Date: 30 August 2025
Venue: College Ground
Winner (Boys): Tushar Aggarwal (BCA)
Winner (Girls): Ritika Singh (MBA)

Rope Skipping
Date: 30 August 2025
Venue: College Ground
Winner (Girls): Ritika Singh (MBA)

Table Tennis Competition
Date: 30 August 2025

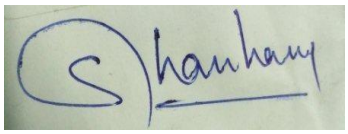
Venue: Sports & Fitness Area
Winner (Boys): Soumya Ranjan (BBA)

Chess Competition
Date: 30 August 2025
Venue: Room No. 203
Winner (Boys): Soumya Ranjan (BBA)

Zumba Activity
Date: 30 August 2025
Venue: Auditorium

The Zumba session witnessed active participation from students and faculty members. The energetic session promoted fitness, coordination, and mental well-being, concluding the National Sports Day Celebration on a vibrant and enthusiastic note.

The National Sports Day Celebration successfully reinforced the importance of physical fitness, teamwork, and a balanced lifestyle among students. The Sports Department extends its sincere appreciation to all participants, student coordinators, officials, and volunteers for their cooperation and support in making the event a grand success.



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Sports In-Charge
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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Table Tennis Tournament – Report

Date: 30 January 2025

The Intra College Table Tennis Tournament was successfully conducted on 29 January 2025 at the Sports & Fitness Room, 4th Floor, Management Education & Research Institute, Janakpuri, New Delhi. The tournament was organized for both Boys and Girls, and witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA.

Highlights of the Event:

Participation:
A total of 18 students participated in the tournament, competing in separate Boys' and Girls' categories. The matches were played in a competitive yet disciplined environment, showcasing excellent reflexes, coordination, and sportsmanship.

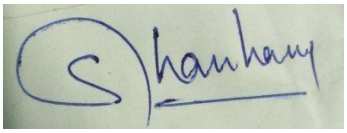
Results:

Boys' Category:
Winner: Devansh Rao (BCA)
Runner-up: Tushar Aggarwal (BCA)

Girls' Category:
Winner: Simran Kaur (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

The tournament provided a valuable platform for students to demonstrate their technical skills and competitive spirit in indoor sports. The event was well-organized and received positive feedback from participants and spectators alike.

The Sports Department extends its appreciation to all the participants and volunteers for their cooperation and contribution towards the successful conduct of the tournament.



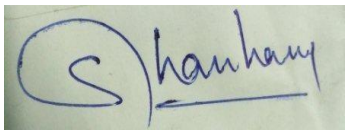
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE
Intra College Volleyball Tournament (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/17 **Date: 27 August 2025**

MERI College is organizing an Intra College Volleyball Tournament for both Boys and Girls on 03 September 2025. Students from all courses are encouraged to participate and showcase their volleyball skills.

Event Details:
Date: 03 September 2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 02September 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Volleyball Tournament (Boys & Girls) – Report

Date:0 3 September 2025

The Intra College Volleyball Tournament for Boys and Girls was successfully conducted on 03 September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The tournament witnessed enthusiastic participation from students of various courses including MBA, BCA, B.COM(H), BA(JMC) and BBA.

The matches were played in a competitive yet disciplined environment, with participants displaying excellent coordination, teamwork, and sportsmanship throughout the tournament.

Highlights of the Event
Participation:
A total of 8 teams participated in the tournament, competing in separate Boys' and Girls' categories.

Results
Boys' Category
Winner – BBA Team:

1. Soumya Ranjan (BBA)
2. Prakhar Rai (BBA)
3. Aman Kumar (BBA)
4. Rohan Sharma (BBA)
5. Nitin Verma (BBA)
6. Saurabh Yadav (BBA)

Runner-up – BCA Team:

1. Tushar Aggarwal (BCA)
2. Devansh Rao (BCA)
3. Arjun Mehta (BCA)
4. Mohit Kumar (BCA)
5. Rahul Singh (BCA)
6. Kunal Verma (BCA)

Girls' Category
Winner – BA(JMC) Team:

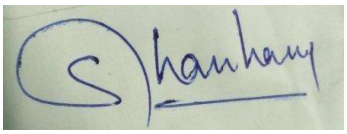
1. Ritika Singh (MBA)
2. Neha Gupta (BA(JMC))
3. Anjali Singh (BA(JMC))
4. Pooja Verma (BA(JMC))
5. Simran Kaur (BA(JMC))
6. Riya Gupta (BA(JMC))

Runner-up – B.COM(H) Team:

1. Aditi Jain (B.COM(H))
2. Komal Sharma (B.COM(H))
3. Shweta Gupta (B.COM(H))
4. Muskan Verma (B.COM(H))
5. Priya Singh (B.COM(H))
6. Nandini Arora (B.COM(H))

The final matches were closely contested and received enthusiastic support from students and faculty members. The tournament successfully promoted physical fitness, leadership skills, team spirit, and healthy competition among the students.

The Sports Department appreciates the efforts of all participants, officials, and volunteers for making the event a grand success.



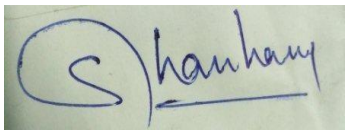
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Long Jump Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/18 **Date: 03 September 2025**

MERI College is organizing an Intra College Long Jump Competition for both Boys and Girls on 09September2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and showcase their athletic abilities.

Event Details:
Date: 09September2025
Venue: MERI Playground
Registration: The interested students may submit their names latest by 08September 2025 to the following Student Coordinator: **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Long Jump Competition (Boys & Girls) – Report

Date: 09September 2025

The Intra College Long Jump Competition for Boys and Girls was successfully conducted on 09September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed active participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed remarkable athletic skills and enthusiasm.

Highlights of the Event:

Participation:
A total of 26 students participated in the competition across both Boys' and Girls' categories, making the event highly competitive and engaging.

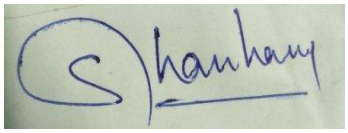
Results:

Boys' Category:
Winner: Rahul Singh (BBA)
Runner-up: Aman Verma (BCA)

Girls' Category:
Winner: Neha Sharma (BA(JMC))
Runner-up: Pooja Gupta (MBA)

The participants showcased excellent strength, coordination, and technique during the competition. The event not only encouraged physical fitness but also promoted healthy competition and sportsmanship among students of different courses.

The Sports Department extends its appreciation to all the participants, student coordinators, and volunteers for their support in the smooth conduct of the event.



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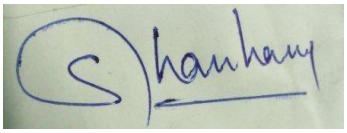
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Kho-Kho Tournament (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/19 **Date: 09 September 2025**

MERI College is organizing an Intra College Kho-Kho Tournament for both Boys and Girls on 15September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and demonstrate their speed, agility, and team coordination.

Event Details:
Date: 15September 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by14September, 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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Intra College Kho-Kho Tournament (Boys & Girls) – Report

Date:15 September 2025

The Intra College Kho-Kho Tournament for Boys and Girls was successfully conducted on 15September 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The tournament witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed remarkable speed, agility, coordination, and team spirit throughout the matches.

The event was organized in separate Boys' and Girls' categories to ensure fair competition and wider participation. All matches were played in a spirited and disciplined manner, with students showcasing excellent reflexes and strategic teamwork.

Highlights of the Event:

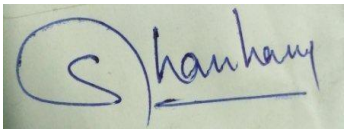
Participation:
A total of 36 students participated in the tournament, forming multiple teams across different courses.

Results:

Boys' Category:
Winner: BCA Team
Runner-up: BBA Team

Girls' Category:
Winner: BA(JMC) Team
Runner-up: B.COM(H) Team

The tournament provided an excellent platform for students to demonstrate their athletic skills and reinforced the importance of teamwork and physical fitness. The Sports Department extends its appreciation to all participants, student coordinators, and volunteers for their support in making the event a successful and memorable one.



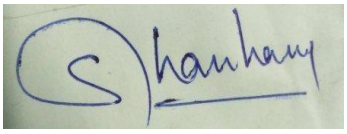
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Football Tournament (Boys)

Ref: Office2/Dean/SPORTS/2025/20 **Date: 15 September 2025**

MERI College is organizing an **Intra College Football Tournament (Boys)** on 23 September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and showcase their skills, teamwork, and sportsmanship on the field.

Event Details:
Date: 23September 2025
Venue: Hari Nagar Sports Complex
Registration: Interested students may submit their names latest by22September, 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Football Tournament (Boys) – Report

Date: 23 September2025

The Intra College Football Tournament (Boys) was successfully conducted on 23September2025 at the Hari Nagar Sports Complex. The tournament witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who displayed excellent teamwork, discipline, and sportsmanship throughout the matches.

Highlights of the Tournament:

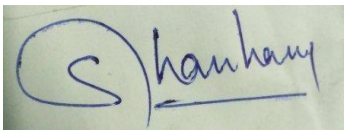
Participation:
A total of 6 teams representing different courses participated in the tournament. The matches were played in a knockout format, generating high enthusiasm among players and spectators.

Final Results:

Winner:
BBA Team
Runner-up:
MBA Team

The final match was highly competitive, with both teams showcasing strong coordination, fitness, and tactical skills. The BBA team emerged victorious after a closely contested match, earning appreciation from faculty members and fellow students.

The tournament successfully encouraged physical fitness, leadership qualities, and a spirit of healthy competition among the participants. The Sports Department extends its appreciation to all teams, student coordinators, and officials for the smooth conduct of the event.



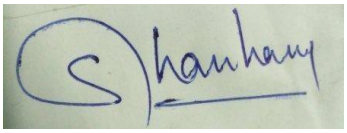
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Discus Throw Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/21 **Date: 23 September 2025**

MERI College is organizing an Intra College Discus Throw Competition (Boys & Girls) on 29September 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their strength, technique, and precision.

Event Details:
Date: 29September 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 28September 2025 to the following Student Coordinator:**Ayush Tiwari-9990290860**



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Discus Throw Competition (Boys & Girls) – Report

Date:29 September 2025

The Intra College Discus Throw Competition (Boys & Girls) was successfully conducted on 29September2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting a strong interest in track and field events.

Highlights of the Event:

Participation:
A total of 18 students participated in the competition, competing in separate Boys' and Girls' categories. The participants displayed commendable strength, focus, and technique during the event.

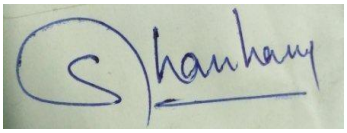
Results:

Boys' Category:
Winner: Deepak Kumar (BCA)
Runner-up: Rohit Sharma (BBA)

Girls' Category:
Winner: Neha Gupta (B.COM(H))
Runner-up: Anjali Singh (BA(JMC))

The competition was conducted smoothly under the supervision of the Sports Department. The event encouraged physical fitness, discipline, and competitive spirit among the students. Participants adhered to the rules and maintained a high standard of sportsmanship throughout the competition.

The Sports Department extends its appreciation to all participants, student coordinators, and volunteers for their cooperation and support in making the event a success.



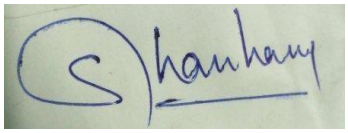
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Spoon Race Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/22 **Date: 29 September 2025**

MERI College is organizing an Intra College Spoon Race Competition (Boys & Girls) on 03 October 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and showcase their balance, coordination, and concentration.

Event Details:
Date: 03 October 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 01 October 2025 to the following Student Coordinator:**Ayush Tiwari-9990290860**.



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Spoon Race Competition (Boys & Girls) – Report

Date: 03 October **2025**

The Intra College Spoon Race Competition (Boys & Girls) was successfully conducted on 03 October 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, creating an atmosphere of excitement and healthy competition.

Highlights of the Event:

Participation:
A total of 24 students participated in the competition, competing separately in Boys' and Girls' categories. The event tested the participants' balance, concentration, and coordination, and was enjoyed by both participants and spectators.

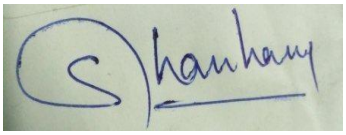
Results:

Boys' Category:
Winner: Amit Kumar (BCA)
Runner-up: Rohit Sharma (B.COM(H))

Girls' Category:
Winner: Pooja Verma (BBA)
Runner-up: Neha Singh (BA(JMC))

The competition was conducted smoothly under the supervision of the Sports Department. Participants demonstrated great enthusiasm and sportsmanship throughout the event. The Spoon Race Competition served as a fun-filled yet challenging activity, promoting agility, focus, and a spirit of camaraderie among students.

The Sports Department appreciates the efforts of all participants and volunteers for making the event a successful and memorable one.



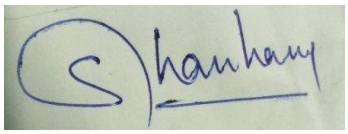
Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Tug of War Competition (Boys & Girls)

Ref: Office2/Dean/SPORTS/2025/23 **Date: 03 October 2025**

MERI College is organizing an Intra College Tug of War Competition (Boys & Girls) on 10 October 2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are encouraged to participate and demonstrate strength, coordination, and team spirit.

Event Details:
Date: 10 October 2025
Venue: MERI Playground
Registration: Interested students may submit their names latest by 09 October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Tug of War Competition (Boys & Girls) – Report

Date: 10 October 2025

The Intra College Tug of War Competition (Boys & Girls) was successfully conducted on 10 October 2025 at the MERI Playground, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, reflecting a strong spirit of teamwork, strength, and sportsmanship.

Highlights of the Event:

Participation:
A total of 10 teams participated in the competition, including 6 Boys' teams and 4 Girls' teams, representing different academic programmes. The matches were conducted in a knockout format, generating excitement among participants and spectators alike.

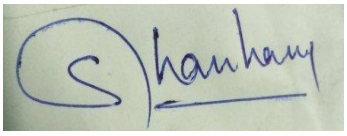
Results:

Boys' Category:
Winner: BBA Team
Runner-up: BCA Team

Girls' Category:
Winner: BA(JMC) Team
Runner-up: B.COM(H) Team

The competition was marked by intense matches, excellent coordination, and remarkable physical endurance displayed by all teams. The event not only promoted physical fitness but also reinforced the importance of unity, leadership, and collective effort.

The Sports Department extends its appreciation to all participants, student coordinators, and faculty members for their cooperation in making the event a grand success.



Dr. Sumit Chauhan

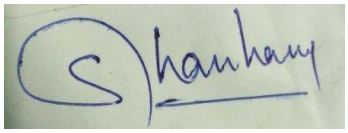
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Cricket Tournament (Boys)

Ref: Office2/Dean/SPORTS/2025/24 **Date: 10 October 2025**

MERI College is organizing an Intra College Cricket Tournament (Boys) on 15 October 2025 at the Hari Nagar Sports Complex. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their cricketing skills, teamwork, and sportsmanship.

Event Details:
Date: 15 October2025
Venue: Hari Nagar Sports Complex
Registration: Interested students may submit their names latest by 14October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Cricket Tournament (Boys) – Report

Date: 15 October 2025

The Intra College Cricket Tournament (Boys) was successfully conducted on 15 October 2025 at the Hari Nagar Sports Complex. Students from MBA, BBA, BCA and B.COM(H) participated enthusiastically, showcasing excellent cricketing skills, teamwork, and sportsmanship.

The tournament was organized in a knockout format and witnessed active participation from various course teams. All matches were played in a disciplined and competitive spirit under the supervision of the Sports Department.

Highlights of the Tournament:

Participation:
A total of 6 teams participated in the tournament, representing different academic courses of the institute.

Final Results:

Winner: BBA Team

Players:

1. Soumya Ranjan (BBA)
2. Prakhar Rai (BBA)
3. Akash Sharma (BBA)
4. Ankit Verma (BBA)
5. Sarthak Jain (BBA)
6. Rohan Mehta (BBA)
7. Nikhil Gupta (BBA)
8. Abhishek Kumar (BBA)
9. Kunal Malhotra (BBA)
10. Harsh Vardhan (BBA)
11. Piyush Aggarwal (BBA)
12. Shubham Mishra (BBA)
13. Aman Yadav (BBA)
14. Rohit Kumar (BBA)
15. Manish Rawat (BBA)

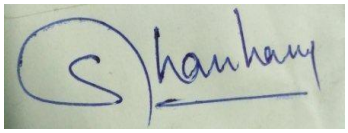
Runner-up: MBA Team

Players:

1. Ritika Singh (MBA)
2. Rahul Verma (MBA)
3. Tarun Vashisht (MBA)
4. Aman Sharma (MBA)
5. Nitin Bansal (MBA)
6. Varun Arora (MBA)
7. Akash Gupta (MBA)
8. Ritesh Singh (MBA)
9. Abhinav Mishra (MBA)
10. Prateek Jain (MBA)
11. Vishal Chauhan (MBA)
12. Yash Mittal (MBA)
13. Gaurav Sharma (MBA)
14. Mayank Tyagi (MBA)
15. Sandeep Kumar (MBA)

The final match was highly competitive, with both teams displaying strong batting and bowling performances. The BBA team emerged victorious due to their consistent performance, effective coordination, and disciplined approach throughout the tournament.

The event successfully promoted physical fitness, leadership qualities, and a spirit of healthy competition among students. The Sports Department extends its appreciation to all participants, student coordinators, and officials for the smooth and successful conduct of the tournament.



Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Intra College Arm Wrestling Competition (Boys & Girls)

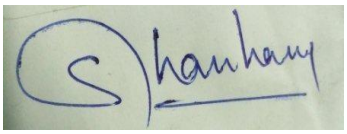
Ref: Office2/Dean/SPORTS/2025/25 **Date: 15 October 2025**

MERI College is organizing the Intra College Arm Wrestling Competition (Boys & Girls) on 25 October2025. Students from MBA, BCA, B.COM(H), BA(JMC) and BBA are invited to participate and demonstrate their strength, endurance, and competitive spirit.

Event Details:
Date: 25 October 2025
Venue: Amphitheatre
Registration: Interested students may submit their names latest by 24 October 2025 to the following Student Coordinator:- **Ayush Tiwari-9990290860**

Weight Categories:

- Men: 60 KG, 70 KG, 80 KG, 80+ KG
- Women: 65 KG, 65+ KG



Dr. Sumit Chauhan
Sports In-charge

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MANAGEMENT EDUCATION & RESEARCH INSTITUTE
Intra College Arm Wrestling Competition (Boys & Girls) – Report

Date: 25 October 2025

The Intra College Arm Wrestling Competition (Boys & Girls) was successfully conducted on 25 October 2025 at the Amphitheatre, Management Education & Research Institute, Janakpuri, New Delhi. The event witnessed enthusiastic participation from students of MBA, BCA, B.COM(H), BA(JMC) and BBA, who demonstrated remarkable strength, endurance, and competitive spirit.
The competition was organized in different weight categories for both boys and girls to ensure fair participation and competitive balance.

Highlights of the Event:

Participation:
A total of 18 students participated in the competition across various weight categories. The event was conducted smoothly under the supervision of the Sports Department, maintaining proper rules and safety guidelines.

Results:

Boys' Category:

60 KG Category
Winner: Prakhar Rai (BBA)
Runner-up: Tushar Aggarwal (BCA)

70 KG Category
Winner: Soumya Ranjan (BBA)
Runner-up: Devansh Rao (BCA)

80 KG & Above Category
Winner: Harsh Kumar (BBA)
Runner-up: Aman Sharma (MBA)

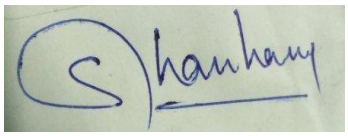
Girls' Category:

65 KG Category
Winner: Ritika Singh (MBA)
Runner-up: Neha Gupta (BA(JMC))

65 KG & Above Category
Winner: Anjali Singh (BA(JMC))
Runner-up: Pooja Verma (B.COM(H))

The competition was marked by intense matches and enthusiastic support from fellow students. Participants displayed excellent sportsmanship, discipline, and respect for the rules throughout the event.

The Sports Department appreciates the efforts of all participants, student coordinators, and officials for their cooperation in making the event a success.



Dr. Sumit Chauhan
Sports In-charge

MANAGEMENT EDUCATION & RESEARCH INSTITUTE
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)
Participation in 20th Annual Sports Meet – GGSIP University (AY 2025–26)

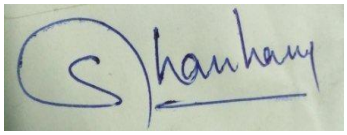
Ref: Office2/Dean/SPORTS/2025/26 **Date: 13 October 2025**

This is to inform all students that **Guru Gobind Singh Indraprastha University (GGSIPU)** is organizing the **20th Annual Sports Meet for the Academic Year 2025–26**. In this regard, entries are invited from interested students of MERI College to participate in the following sports events:

1. March Past *(Mandatory for all participating Institutes)*
2. Athletics *(List of sub-events enclosed)*
3. Badminton
4. Basketball
5. Best Physique
6. Chess
7. Cricket
8. Cross Country Race
9. Football
10. Judo
11. Kabaddi
12. Power Lifting
13. Table Tennis
14. Tennis
15. Tug of War
16. Volleyball
17. Yogasana

All interested students are requested to submit their names latest by **18 October 2025** to the **Student Coordinator**:**Ayush Tiwari – 9990290860**

The same may also be announced by the **Class Co-coordinators** in their respective classes for wider dissemination.



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MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/01 **Date: 12 January 2026**

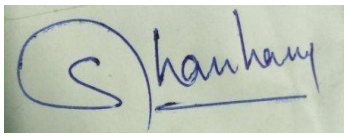
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

24th Delhi State Armwrestling & Para Armwrestling Championship 2025–26

MERI College is organizing the 24th Delhi State Armwrestling & Para Armwrestling Championship 2025–26, to be held from 24th to 26th January 2026 at the MERI College campus, in association with the Armwrestling Association of New Delhi and the People's Armwrestling Federation of India.

Event Details:

- **Date:** 24th to 26th January 2026
- **Venue:** MERI College Campus, Auditorium
- **Time:** 12:00 Noon onwards
- **Registration:** Interested students may submit their names latest by 22 January 2026 to the Student Coordinator: Piyush Monga – 8745055523



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77वें गणतंत्र दिवस की हार्दिक शुभकामनाएं

वर्षों से राष्ट्र की सेवा में समर्पित

वीर अर्जुन

नई दिल्ली, लखनऊ एवं देहरादून से प्रकाशित

वर्ष: 42, अंक : 56 पृष्ठ : 16 E-mail : newsdesk@virarjun.com Website : www.virarjun.com E-Paper : www.epapervirarjun.com

R.N.I. No. 511/57 D.L.(C)-05/1270/2024-26 (Posted at Delhi RMS) नई दिल्ली, सोमवार, 26 जनवरी, 2026 मूल्य : रु 4.00 प्रभात संस्करण

दिल्ली स्टेट चैंपियनशिप में सब-जूनियर और जूनियर आर्म रेसलर्स ने समां बांधा

वीर अर्जुन संवाददाता

नई दिल्ली। नई दिल्ली के जनकपुरी में मैनेजमेंट एजुकेशन एंड रिसर्च इंस्टीट्यूट (एमईआरआई) द्वारा आयोजित 24वीं दिल्ली स्टेट आर्म-रेसलिंग और पैरा आर्म-रेसलिंग चैंपियनशिप 2025-26 की शुरुआत शनिवार को एमईआरआई कॉलेज, जनकपुरी में शानदार तरीके से हुई, जिसमें सब-जूनियर और जूनियर कैटेगरी के खिलाड़ियों ने मुख्य भूमिका निभाई।

कार्यक्रम की शुरुआत छात्रों द्वारा स्मृति चिन्ह भेंट करने से हुई, जिसके बाद एमईआरआई के वाइस प्रेसिडेंट प्रोफेसर ललित अग्रवाल ने गणमान्य व्यक्तियों, फैकल्टी सदस्यों, छात्रों और मेहमानों का गर्मजोशी से स्वागत किया। दीप प्रज्ज्वलन समारोह किया गया जो आर्म-रेसलिंग और पैरा आर्म-रेसलिंग चैंपियनशिप 2025-26 की शुरुआत का प्रतीक था।

चैंपियनशिप में युवा आर्म रेसलर्स ने पुरुषों और महिलाओं दोनों के लिए बाएं और दाएं हाथ की कैटेगरी में उत्साहपूर्वक भाग लिया। दिन की शुरुआत सुबह 8:00 बजे से 11:00 बजे तक रजिस्ट्रेशन और वेट-इन के साथ हुई, क्योंकि पूरी दिल्ली से एथलीट कार्यक्रम स्थल पर पहुंचे। इसके साथ ही, सुबह 9:00 बजे से 10:00 बजे के बीच एक रेफरी प्रशिक्षण और सेमिनार आयोजित किया गया, जिससे यह सुनिश्चित हो सके कि पूरी प्रतियोगिता के दौरान ऑफिशिएटिंग स्टैंडर्ड उच्च बने रहें। सुबह 11:00 बजे से 11:30 बजे के बीच आयोजित एक उद्घाटन समारोह ने आधिकारिक तौर पर चैंपियनशिप की शुरुआत की। दिल्ली आर्म-रेसलिंग एसोसिएशन के अधिकारी, कोच, रेफरी और प्रतिभागी मौजूद थे जब कार्यक्रम का औपचारिक रूप से उद्घाटन किया गया। चैंपियनशिप के मैच सुबह 11:30 बजे से शुरू हुए, जिसमें सब-जूनियर और जूनियर प्रतियोगियों के बीच ताकत, तकनीक और दृढ़ संकल्प का प्रदर्शन करते हुए रोमांचक मुकाबले हुए। दोपहर में, यूथ (पुरुष और महिला) रजिस्ट्रेशन और वेट-इन दोपहर 3:00 बजे से हुआ, जिससे एथलीट आगामी प्रतियोगिताओं के लिए तैयार हो सकें। दिन का समापन शाम 4:00 बजे से पुरस्कार वितरण और सम्मान समारोह के साथ हुआ, जहां विजेताओं को उनके उत्कृष्ट प्रदर्शन के लिए सम्मानित किया गया, जिससे आने वाले दिनों के लिए एक ऊर्जावान माहौल बना।

कार्यक्रम का समापन एमईआरआई की डीन डॉ. दीपशिखा कालरा द्वारा धन्यवाद ज्ञापन के साथ हुआ, जिन्होंने कार्यक्रम को सफल बनाने के लिए सभी गणमान्य व्यक्तियों, वक्ताओं, फैकल्टी सदस्यों, कर्मचारियों और छात्रों का आभार व्यक्त किया। इस कार्यक्रम में एडवाइजर प्रो. (डॉ.) राकेश खुराना और डॉ. सुमित चौहान मौजूद थे।



एमईआरआई के वाइस प्रेसीडेंट प्रोफेसर (डा.) ललित अग्रवाल आर्म रेसलिंग एसोसिएशन आफ न्यू डेलही के रवींद्र गुप्ता, विजय मानव और विजय सिंह भंडारी को सम्मानित करते हुए ।

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/03 **Date: 22 January 2026**

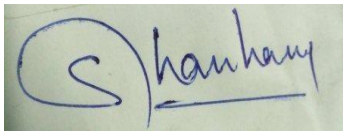
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Table Tennis Competition

MERI College is organizing an Intra-College Table Tennis Competition on 04 February 2026 for Boys & Girls.

Event Details:

- **Date: 04 February 2026**
- **Venue: Sports & Fitness Club, 4th Floor**
- **Time: 12:00 Noon**
- **Registration: Interested students may submit their names latest by 02 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

Copy to: –

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All Class Co-coordinators
All Notice Boards
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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE TABLE TENNIS COMPETITION – REPORT

Event Overview

The Management Education & Research Institute successfully organized the Intra-College Table Tennis Competition on 04 February 2026 for Boys and Girls at the Sports & Fitness Club, 4th Floor. The event was conducted with the objective of encouraging sportsmanship, healthy competition and active student participation in co-curricular activities.

The competition witnessed enthusiastic participation from students of various courses. Matches were conducted in a disciplined and competitive environment under the supervision of the faculty coordinators, and all participants displayed commendable energy, skill and sportsman spirit.

The Table Tennis Competition was held on the same day as the Intra-College Chess Competition, and a number of students entered both events. Several of them secured positions in each, which accounts for the names common to the two result sheets.

Date	04 February 2026
Venue	Sports & Fitness Club, 4th Floor
Event	Intra-College Table Tennis Competition
Categories	Boys' Singles and Girls' Singles
Organized By	Sports Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Boys' Category – Winners

S. No.	Student Name	Course / Semester	Position
1	Nikhil Raj	B.Com (Hons.) – 2nd Semester	1st Position
2	Soumitra Rawat	B.Com (Hons.) – 2nd Semester	2nd Position
3	Aditya Sharma	MBA – 2nd Semester	3rd Position

Girls' Category – Winners

S. No.	Student Name	Course / Semester	Position
1	Akshita Jain	B.Com (Hons.)	1st Position
2	Ritu Bisht	BBA – 2nd Semester	2nd Position (joint)
3	Arushi Suryan	B.Com (Hons.) – 6th Semester	2nd Position (joint)
4	Monika	B.Com (Hons.) – 6th Semester	3rd Position

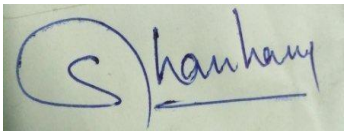
Participants

S. No.	Student Name	Course / Semester	Category
1	Nikhil Raj	B.Com (Hons.) – 2nd Semester	Boys
2	Soumitra Rawat	B.Com (Hons.) – 2nd Semester	Boys
3	Aditya Sharma	MBA – 2nd Semester	Boys
4	Dhairya		Boys
5	Sumit Singh		Boys
6	Vedansh		Boys
7	Akshita Jain	B.Com (Hons.)	Girls
8	Ritu Bisht	BBA – 2nd Semester	Girls
9	Arushi Suryan	B.Com (Hons.) – 6th Semester	Girls
10	Monika	B.Com (Hons.) – 6th Semester	Girls

Conclusion

The Table Tennis Competition concluded successfully with active student involvement and excellent coordination by the Sports Department. Such events play an important role in developing confidence, discipline, teamwork and physical fitness among students. The institute congratulates all winners and participants for making the event a grand success.

Note: the second position in the Girls' category was shared between Ritu Bisht and Arushi Suryan. Course and semester details for Dhairya, Sumit Singh and Vedansh are to be completed from the official register.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/04 **Date: 28 January 2026**

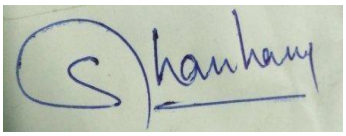
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Table Tennis Tournament

MERI College is organizing an Intra-College Table Tennis Tournament on 10 February 2026 for Boys & Girls.

Event Details:

- **Date:** 10 February 2026
- **Venue:** Sports & Fitness Club, 4th Floor
- **Time:** 12:00 Noon
- **Registration:** Interested students may submit their names latest by 07 February 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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All Notice Boards
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MERI COLLEGE
TABLE TENNIS TOURNAMENT – WINNERS REPORT

Date	10 February 2026
Venue	Sports & Fitness Club
Event	Table Tennis Tournament
Categories	Boys' Singles and Girls' Singles
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

The Table Tennis Tournament was organized at the Sports & Fitness Club on 10 February 2026. Students participated enthusiastically and demonstrated excellent concentration, technical ability, sportsmanship and competitive spirit.

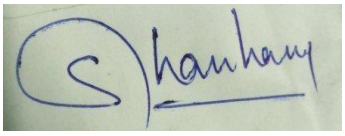
Boys' Category

S. No.	Student Name	Course / Semester	Position / Role
1	Aaryan Puri	BBA – 2nd Semester	1st Position
2	Tanveer Singh	BBA – 2nd Semester	2nd Position
3	Faizur Rehman	BCA – 4th Semester	3rd Position

Girls' Category

S. No.	Student Name	Course / Semester	Position / Role
1	Arushi Gupta	B.Com Hons.	1st Position
2	Akshita Jain	B.Com Hons.	2nd Position
3	Sanvi Saklani	BCA	3rd Position

The above students secured the respective positions in the Table Tennis Tournament. Certificates may be issued to all position holders in recognition of their sporting achievement.



Dr. Sumit Chauhan
Sports Coordinator
MERI College


CELEBRATING
38
YEARS OF
EXCELLENCE
MERI
GROUP OF INSTITUTIONS
INTERNATIONAL
TOURNAMENT


CELEBRATING
38
YEARS OF
EXCELLENCE
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Ref: Office2/Dean/SPORTS/2026/05 **Date: 07 February 2026**

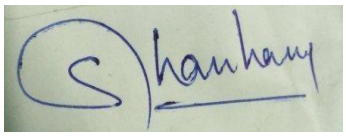
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Table Tennis Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Table Tennis Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR.

Event Details:

- **Date: 20 February 2026**
- **Venue: Gymnasium, MERI, Janakpuri**
- **Time: 12:00 Noon onwards**
- **Registration: Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE TABLE TENNIS COMPETITION – REPORT

Annual Fest ‘La’ Kermesse 2026’ | 20 February 2026

Event Overview

The Inter-College Table Tennis Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest ‘La’ Kermesse 2026’, held on 20 February 2026 at the Gymnasium, MERI, Janakpuri, under the fest theme “Interstellar – Where Art Meets Infinity”.

The competition was organized with the objective of promoting physical fitness, concentration, reflex and sportsmanship among students, and was held in the Boys' and Girls' Singles categories. Matches were conducted in a well-structured and disciplined manner under the guidance of the faculty coordinators and dedicated volunteers, ensuring fair play and smooth execution of all rounds. The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony.

Date	20 February 2026 (Fest: 20–21 February 2026)
Venue	Gymnasium, MERI, Janakpuri
Event	Inter-College Table Tennis Competition (Annual Fest ‘La’ Kermesse 2026’)
Theme	Interstellar – Where Art Meets Infinity
Categories	Boys' Singles and Girls' Singles
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

Participants

S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Gaurav Tanwar	MERI College	MDU	BBA – 1st Year	1
2	Manit Chopra	MERI	GGSIPU	BCA	1
3	Dev Arora	ADGIPS	GGSIPU	B.Tech	1
4	Kunal	Keshav Mahavidyalaya	University of Delhi	B.Sc. Computer Science	1
5	Sarthak Paliwal	Mewar University	Mewar University	MCA	1

Boys' Category – Winners

S. No.	Student Name	College	Position
1	Manit Chopra	MERI	1st Position
2	Dev Arora	ADGIPS	2nd Position
3	Sarthak Paliwal	Mewar University	3rd Position

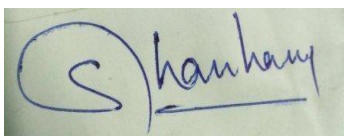
Girls' Category – Winners

S. No.	Student Name	College	Position
1	Pratigya Bhatia	MERI	1st Position
2	Ritika Singh	MERI	2nd Position
3	Manisha Kumari	MERI	3rd Position

Conclusion

The successful conduct of the Inter-College Table Tennis Competition reflects MERI College's continued commitment to promoting sportsmanship and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Note: The venue above follows the official fest entries record. The participant list is taken from the official fest participation form. The winners in both categories are to be entered from the official register.



Dr. Sumit Chauhan
Sports Coordinator

MERI College, Date: _____ Place: New Delhi

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Ref: Office2/Dean/SPORTS/2026/06 **Date: 07 February 2026**

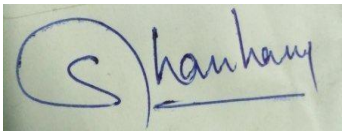
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Chess Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Chess Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR.

Event Details:

- **Date:** 20 February 2026
- **Venue:** Room No. 203, MERI, Janakpuri
- **Time:** 12:00 Noon onwards
- **Registration:** Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE CHESS COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | 20–21 February 2026

Event Overview

Management Education and Research Institute (MERI), Janakpuri, successfully organized an Inter-College Chess Competition as part of its Annual Fest 'La' Kermesse 2026', held on 20th and 21st February 2026 at Room No. 203, MERI, Janakpuri. The fest was based on the theme "Interstellar – Where Art Meets Infinity". The chess competition added an intellectual and competitive spirit to the vibrant cultural celebrations and became one of the most engaging highlights of the event.

The competition was contested across institutions of the MERI Group and drew entries from colleges of the University of Delhi and other universities, giving the tournament a genuinely inter-college character. Participants showcased exceptional analytical skill and tactical expertise throughout. The event was conducted in a well-structured and disciplined manner under the guidance of the faculty coordinators and dedicated volunteers, ensuring fair play and smooth execution of all rounds. The tournament was divided into Boys' and Girls' categories, with several intense and closely contested matches taking place over the course of a single day.

Date	20–21 February 2026
Venue	Room No. 203, MERI, Janakpuri
Event	Inter-College Chess Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Categories	Boys and Girls
Coordinator	Dr. Sumit Chauhan, Sports Coordinator

Boys' Category – Winners

S. No.	Student Name	College	Course	Position
1	Nikhil Raj	MERI College, Janakpuri, New Delhi	B.Com (Hons.)	1st Position
2	Ansh Garg	MERI College of Engineering & Technology, Sampla, Haryana	–	2nd Position
3	Raj Rishi	MERI (MDU)	BCA	3rd Position

In the Boys' category the winners came from two different institutions of the MERI Group — Nikhil Raj of MERI College, Janakpuri, taking the first position and Ansh Garg of MERI College of Engineering & Technology, Sampla, the second. Their calm approach, strategic planning and confidence under pressure reflected a deep understanding of the game.

Girls' Category – Winners

S. No.	Student Name	College	Course / Semester	Position
1	Arushi Suryan	MERI College, Janakpuri	B.Com (Hons.) – 6th Semester	1st Position
2	Akshita Jain	MERI College, Janakpuri	B.Com (Hons.)	2nd Position
3	Ritu Bisht	MERI College, Janakpuri	BBA – 2nd Semester	3rd Position

In the Girls' category the participants demonstrated consistent performance, determination and tactical brilliance, earning appreciation from the judges and fellow participants alike.

Participants

S. No.	Participant	College	University	Course
1	Nikhil Raj	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)
2	Ansh Garg	MERI College of Engineering &	MDU	–

		Technology, Sampla		
3	Raj Rishi	MERI	MDU	BCA
4	Arushi Suryan	MERI College, Janakpuri	GGSIPU	B.Com (Hons.) – 6th Sem
5	Akshita Jain	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)
6	Ritu Bisht	MERI College, Janakpuri	GGSIPU	BBA – 2nd Sem
7	Soumitra Rawat	MERI	GGSIPU	B.Com (Hons.)
8	Aditya Singh Rawat	MERI	GGSIPU	BCA
9	Ajay Kr. Rawat	MERI	GGSIPU	BCA
10	Rishabh Arora	MERI	GGSIPU	BCA
11	Hunar	MERI	GGSIPU	BCA
12	Manit Chopra	MERI	GGSIPU	BCA
13	Vedansh	MERI	GGSIPU	BCA
14	Harsh Badalya	MERI	GGSIPU	BCA
15	Aman Kumar	MERI	MDU	BCA
16	Chirag Chahal	MERI	MDU	BCA
17	Kavya Sharma	MERI	MDU	BCA
18	Saujanya Singh	MERI College	MDU	BBA – 1st Year
19	Gaurav Tanwar	MERI College	MDU	BBA – 1st Year
20	Ayush Yadav	MERI	MDU	B.Tech CSE
21	Kreetigya Choudhary	MERI PLI	MDU	BA LLB (5 Year)
22	Atul Raina	Ramjas College	University of Delhi	B.Com (Prog.)
23	Kunal	Keshav Mahavidyalaya	University of Delhi	B.Sc. Computer Science
24	Ritik Singh	IGIPESS	University of Delhi	B.Sc.
25	Ravi Sharma	Maharishi University of Information Technology, Noida	MUIT	B.Tech

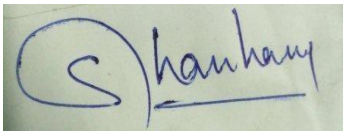
Prize Distribution

The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony held at the conclusion of the competition.

Conclusion

The remarkable success of the Inter-College Chess Competition highlights the commitment of Management Education and Research Institute (MERI) to fostering holistic development by promoting both intellectual growth and cultural excellence. The event embodied the spirit of strategic mastery, healthy competition and teamwork, thereby contributing significantly to the grandeur and success of 'La' Kermesse 2026'.

Note: The participant list is taken from the official fest participation form together with the recorded position holders. The course and semester of Ansh Garg (MERI CET, Sampla) may be completed from the official register.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi




MERI
GROUP OF INSTITUTIONS

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

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Ref: Office2/Dean/SPORTS/2026/07 **Date: 09 February 2026**

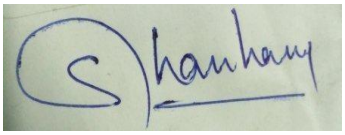
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Arm Wrestling Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Arm Wrestling Competition on 20 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to participants from colleges across Delhi-NCR. Bouts will be contested in the Under 60 kg, Under 70 kg, Under 80 kg and Above 80 kg categories.

Event Details:

- **Date: 20 February 2026 (Day 1 of the fest)**
- **Venue: Amphitheatre, MERI, Janakpuri**
- **Time: 1:00 PM - 2:30 PM**
- **Registration: Interested students may submit their names latest by 18 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE ARM WRESTLING COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | Day 1, 20 February 2026

Event Overview

The Inter-College Arm Wrestling Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest 'La' Kermesse 2026', held on 20 February 2026 at the Amphitheatre, MERI, Janakpuri, from 1:00 PM to 2:30 PM, under the fest theme "Interstellar – Where Art Meets Infinity".

Bouts were contested across four weight categories — Under 60 kg, Under 70 kg, Under 80 kg and Above 80 kg — and were conducted in a well-organized and disciplined manner under the guidance of the faculty coordinators and volunteers, ensuring fair play throughout. The competition drew participation from students of MERI and of colleges of the University of Delhi, and added an energetic, competitive highlight to the fest. The winners were felicitated with certificates, medals and accolades during the prize distribution ceremony.

Date	20 February 2026 (Day 1 of the fest, 20–21 February 2026)
Venue	Amphitheatre, MERI, Janakpuri
Time	1:00 PM – 2:30 PM
Event	Inter-College Arm Wrestling Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Categories	Under 60 kg, Under 70 kg, Under 80 kg, Above 80 kg
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Faculty on Duty	Dr. Sumit Chauhan (SPOC), Dr. Anil Grewal, Mr. Sandeep Chhillar

Under 60 kg – Winners

S. No.	Student Name	Position
1	Harsh Kumar Jha	1st Position
2	Monit	2nd Position
3	Jatin	3rd Position

Under 70 kg – Winners

S. No.	Student Name	Position
1	Aditya	1st Position
2	Preet Jha	2nd Position
3	Ayush	3rd Position

Under 80 kg – Winners

S. No.	Student Name	Position
1	Ashmeet Singh	1st Position
2	Bharat Verma	2nd Position
3	Akash	3rd Position

Above 80 kg (80+) – Winners

S. No.	Student Name	Position
1	Hardik	1st Position
2	Anish	2nd Position
3	Chitraj	3rd Position

Participants

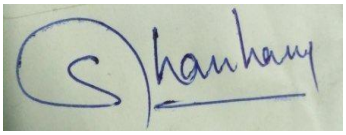
S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Praveen Kumar	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	1
2	Md. Nadeem	MERI College,	GGSIPU	B.Com (Hons.)	2

		Janakpuri			
3	Gaurang	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	10
4	Sparsh Tiku	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	1
5	Nitesh	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	1
6	Santosh Kumar	Shaheed Bhagat Singh College	University of Delhi	BA	1

Conclusion

The successful conduct of the Inter-College Arm Wrestling Competition reflects MERI College's continued commitment to promoting sportsmanship and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Note: The date, venue and timing above follow the official fest duty chart and schedule, which place Arm Wrestling on Day 1. Course, semester and institution of the winners are to be completed from the official register. Results verified against the record furnished by the Sports Coordinator on 26 August 2026; the participant list is taken from the official fest participation form.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

MANAGEMENT EDUCATION & RESEARCH INSTITUTE

52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/08 **Date: 09 February 2026**

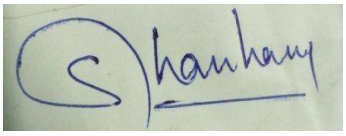
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Inter-College Tug of War Competition (La' Kermesse 2026)

MERI College is organizing an Inter-College Tug of War Competition on 21 February 2026 as part of its Annual Fest 'La' Kermesse 2026', open to teams from colleges across Delhi-NCR.

Event Details:

- **Date: 21 February 2026 (Day 2 of the fest)**
- **Venue: MERI Ground, Janakpuri**
- **Time: 10:30 AM - 12:30 PM**
- **Registration: Interested students may submit their team names latest by 19 February 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTER-COLLEGE TUG OF WAR COMPETITION – REPORT

Annual Fest 'La' Kermesse 2026' | Day 2, 21 February 2026

Event Overview

The Inter-College Tug of War Competition was organized by Management Education and Research Institute (MERI), Janakpuri, as part of its Annual Fest 'La' Kermesse 2026', held on 21 February 2026 at the MERI Ground from 10:30 AM to 12:30 PM, under the fest theme "Interstellar – Where Art Meets Infinity".

The competition drew a strong field of teams from MERI and from colleges of the University of Delhi and GGSIP University. Teams competed in a knock-out format under the supervision of the faculty coordinators and volunteers, and displayed excellent coordination, collective strength and team spirit throughout. The event proved one of the most keenly followed attractions of the second day of the fest.

The title was won by Baba Group, the MERI College team captained by Piyush Monga — the same combination that went on to take the first position in the Intra-College Kabaddi Competition. The team fielded eight players. It was felicitated with medals and a certificate at the prize distribution ceremony held on the fest stage in the Auditorium.

Date	21 February 2026 (Day 2 of the fest, 20–21 February 2026)
Venue	MERI Ground, Janakpuri
Time	10:30 AM – 12:30 PM
Event	Inter-College Tug of War Competition (Annual Fest 'La' Kermesse 2026')
Theme	Interstellar – Where Art Meets Infinity
Format	Team event, knock-out
Winners	Baba Group, MERI College (Captain: Piyush Monga)
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Faculty on Duty	Dr. Sumit Chauhan, Dr. Dhanbir Singh, Mr. Gaurav Bhateja, Mr. Sachin Grewal

Result

Position	Team	College
1st Position	Baba Group	MERI College, Janakpuri
2nd Position	Delhi Warriors	MERI College, Janakpuri

Winning Team – Baba Group

S. No.	Student Name	Course / Semester	Role
1	Piyush Monga	BCA – 4th Semester	Captain
2	Varun Singh	BCA – 4th Semester	Player
3	Shriyansh	BCA – 4th Semester	Player
4	Sukhdev Singh	BCA – 4th Semester	Player
5	Ayush Tiwari	BCA – 6th Semester	Player
6	Dharmender Yadav	B.Tech (CSE) – 6th Semester	Player
7	Vanshaj Tanwar	BBA – 2nd Semester	Player
8	Sumit Singh	BCA – 4th Semester	Player

Participating Teams

S. No.	Participant / SPOC	College	University	Course	No. of Participants
1	Arpan Singh	MERI	MDU	BBA LLB	–
2	Praveen Kumar	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	1
3	Md. Nadeem	MERI College, Janakpuri	GGSIPU	B.Com (Hons.)	2
4	Sumit Singh	MERI	MDU	MBA	8
5	Prateek Garg	MERI College of	MDU	MBA	8

		Engineering & Technology, Sampla			
6	Prerna	MERI College	MDU	B.Tech	1
7	Ajay	VMMC	GGSIPU	BPO	4
8	Gaurang	Shaheed Sukhdev College of Business Studies	University of Delhi	BBA (FIA)	10
9	Mohit Kumar	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	10
10	Mannat Pathak	Keshav Mahavidyalaya	University of Delhi	B.Sc. (Hons.) Computer Science	1
11	Parth	Ramanujan College	University of Delhi	B.Com (Hons.)	4
12	Atul Raina	Ramjas College	University of Delhi	B.Com (Prog.)	2
13	Jayant Singh Patwal	Acharya Narendra Dev College	University of Delhi	B.Sc. (Hons.) Zoology	1
14	Nishchay	PGDAV College	University of Delhi	B.Com	1
15	Yashasvi Jha	PGDAV College	University of Delhi	BA (Hons.) Political Science	1
16	Ritik Singh	IGIPESS	University of Delhi	B.Sc.	1
17	Sumit Singh	MERI College	GGSIPU	BCA	7

Conclusion

The successful conduct of the Inter-College Tug of War Competition reflects MERI College's continued commitment to promoting sportsmanship, teamwork and competitive spirit among students, and contributed significantly to the overall success of ‘La’ Kermesse 2026’.

Event Glimpses



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Ref: Office2/Dean/SPORTS/2026/09 **Date: 25 February 2026**

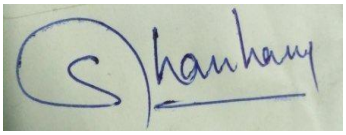
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Kabaddi Competition

MERI College is organizing an Intra-College Kabaddi Competition on 07 March 2026 for Boys & Girls.

Event Details:

- **Date: 07 March 2026**
- **Venue: MERI College Grounds**
- **Time: 12:00 Noon**
- **Registration: Interested students may submit their team names latest by 05 March 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE KABADDI COMPETITION – REPORT

Event Overview

The Intra-College Kabaddi Competition was organized by the Sports & Fitness Club of MERI College on 07 March 2026 at the MERI College Grounds. The competition was conducted with the objective of promoting physical fitness, agility, teamwork and competitive spirit among students.

Two teams, Baba Group and Power Rangers, contested the competition. The teams were drawn from students of the BCA, BBA, B.Tech and BA (JMC) programmes across semesters, and the matches were conducted under the supervision of the faculty coordinators and student volunteers. Both teams demonstrated teamwork, discipline, physical fitness and a strong competitive spirit, and the raiding and defending sequences were closely contested throughout.

Date	07 March 2026
Venue	MERI College Grounds
Event	Intra-College Kabaddi Competition
Teams	Baba Group, Power Rangers
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Results at a Glance

Position	**Team**
1st Position	Baba Group
2nd Position	Power Rangers

1st Position – Baba Group

S. No.	**Student Name**	**Course / Semester**
1	Piyush Monga (Captain)	BCA – 4th Semester
2	Varun Singh	BCA – 4th Semester
3	Shriyansh	BCA – 4th Semester
4	Sukhdev Singh	BCA – 4th Semester
5	Ayush Tiwari	BCA – 6th Semester
6	Dharmender Yadav	B.Tech (CSE) – 6th Semester
7	Vanshaj Tanwar	BBA – 2nd Semester

2nd Position – Power Rangers

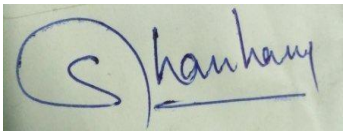
S. No.	**Student Name**	**Course / Semester**
1	Yaman (Captain)	BCA – 4th Semester
2	Alwin Binu	BCA – 4th Semester
3	Aayush Rajput	BCA – 4th Semester
4	Suraj Rawat	BCA – 4th Semester
5	Sahil Khan	B.Tech – 2nd Semester
6	Ashish Bisht	BA (JMC) – 4th Semester
7	Harsh	BBA – 2nd Semester

Power Rangers secured the second position after a commendable performance, competing valiantly until the final round.

Conclusion

The competition concluded successfully with enthusiastic student participation and effective coordination by the Sports Department. Kabaddi, as a traditional Indian contact sport, is particularly effective in building stamina, presence of mind and collective responsibility among students. The institute congratulates Baba Group on their victory and commends Power Rangers for their performance. Certificates may be issued to the winners and position holders in recognition of their achievement.

Note on the date: the notice for this competition was issued for 24 February 2026, and an earlier draft of this report carried that date. The Student Coordinator's record of 03 September 2026 places the competition on 07 March 2026, which suggests the fixture was postponed. The date shown above follows that record and may be confirmed against the official register. The earlier draft is retained in folder 16 (Extras).



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/10 **Date: 25 February 2026**

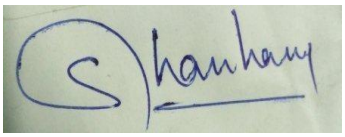
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra College Tug of War Competition

MERI College is organizing an Intra College Tug of War Competition on 10 March 2026 for Boys & Girls.

Event Details:

- **Date:** 10 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 3:30 PM onwards
- **Registration:** Interested students may submit their team names latest by 07 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE TUG OF WAR COMPETITION – REPORT

10 March 2026

Event Overview

The Intra-College Tug of War Competition was organized by the Sports & Fitness Club of MERI College on 10 March 2026 at the MERI Sports Ground for both Boys and Girls. The event was conducted with the objective of encouraging teamwork, physical strength, coordination and sportsmanship among students.

Teams of seven members each were constituted from students across the BCA, BBA, B.Com (Hons.) and B.Tech programmes and competed in a knock-out format. The teams displayed excellent coordination, determination and collective effort throughout the event, which was conducted under the supervision of the faculty coordinators and student volunteers.

Date	10 March 2026
Venue	MERI Sports Ground
Time	3:30 PM onwards
Event	Intra-College Tug of War Competition
Categories	Boys and Girls
Format	Teams of seven members, knock-out
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Participating Teams

Team – Desi Warrior

S. No.	Student Name	Course / Semester
1	Mayank (Captain)	B.Com – 4th Semester
2	Naman	B.Com – 4th Semester
3	Praveen	B.Com – 4th Semester
4	Naman	B.Com – 4th Semester
5	Saksham	B.Com – 2nd Semester
6	Aditya	B.Com – 2nd Semester
7	Mayur	B.Com – 2nd Semester

Team – Pehalwan

S. No.	Student Name	Course / Semester
1	Rajat (Captain)	BCA – 2nd Semester
2	Dhariya	BCA – 2nd Semester
3	Sachin	BBA – 2nd Semester
4	Aryan	BBA – 2nd Semester
5	Angshu	BBA – 2nd Semester
6	Badal	BBA – 2nd Semester
7	Nadeem	B.Com (Hons.) – 2nd Semester

Team – Delhi Warriors

S. No.	Student Name	Course / Semester
1	Sumit Singh (Captain)	BCA – 4th Semester
2	Sultan	BCA – 4th Semester
3	Alen Samuel	BCA – 2nd Semester
4	Rohit Dhoni	B.Tech – 2nd Semester
5	Nishu	B.Tech – 4th Semester
6	Vaibhav Singh	B.Com (Hons.) – 2nd Semester
7	Shivang Chauhan	B.Com (Hons.) – 2nd Semester

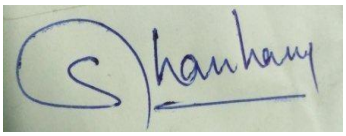
Final Placings

Position	Team
1st Position	Pehalwan
2nd Position	Delhi Warriors
3rd Position	Desi Warriors

Conclusion

The competition concluded successfully with active student involvement. Tug of War, being a purely team-based contest, is particularly effective in building collective effort, mutual trust and perseverance among students. The Sports Club commends the active involvement of all participants and encourages continued participation in such team-building activities.

Points for verification: (i) two members of Desi Warrior are both recorded as 'Naman, B.Com 4th Semester' — this may be a repeated entry or two students of the same name; (ii) the final placings and the rosters of the remaining teams are awaited. An earlier draft of this report carried a provisional participant list taken from the Sports Meet of 25 January 2025; that list has been removed and replaced by the team records above.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/11 **Date: 04 March 2026**

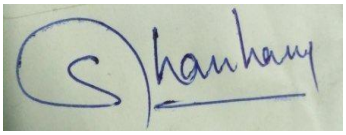
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra College Race Competition

MERI College is organizing an Intra College Race Competition on 17 March 2026 for Boys & Girls, comprising 50m, 100m, 200m and Spoon Race categories.

Event Details:

- **Date:** 17 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 9:00 AM onwards
- **Categories:** 50m Race, 100m Race, 200m Race, Spoon Race
- **Registration:** Interested students may submit their names latest by 14 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE RACE COMPETITION – REPORT

50m, 100m, 200m and Spoon Race | 17 March 2026

Event Overview

The Intra-College Race Competition was organized by the Sports & Fitness Club of MERI College on 17 March 2026 at the MERI Sports Ground for both Boys and Girls, comprising the 50 Metre, 100 Metre, 200 Metre and Spoon Race categories. The event was conducted with the objective of encouraging athletic ability, discipline, speed and healthy competition among students.

The competition witnessed enthusiastic participation from students across various courses. Heats were conducted for each category, followed by the finals, under the supervision of the faculty coordinators and student volunteers. All participants displayed commendable speed, agility and sportsmanship across the race categories.

Date	17 March 2026
Venue	MERI Sports Ground
Time	9:00 AM onwards
Event	Intra-College Race Competition
Categories	50m Race, 100m Race, 200m Race, Spoon Race
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

50 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Aditya Malik	BBA IV	Boys	1st
2	Alwin Binu	BCA IV	Boys	2nd
3	Deeptanshu Sharma	BCA IV	Boys	3rd

50 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Himanshi	BBA II	Girls	1st
2	Neha	BCA II	Girls	2nd
3	Lipika Parasher	BCA IV	Girls	3rd

100 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Shivang Chauhan	B.Com (Hons.) – 2nd Semester	Boys	1st
2	Aditya Malik	BBA IV	Boys	2nd
3	Saksham	B.Com – 2nd Semester	Boys	3rd

100 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Sakshi Awasthi	BCA II	Girls	1st
2	Sanvi Saklani	BCA II	Girls	2nd
3	Himanshi	BBA II	Girls	3rd

200 Metre Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Saksham	B.Com – 2nd Semester	Boys	1st

2	Alen Samuel	BCA – 2nd Semester	Boys	2nd
3	Badal	BBA – 2nd Semester	Boys	3rd

200 Meter Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Pratigya Bhatia	BCA II	Girls	1st
2	Ritika Singh	MBA II	Girls	2nd
3	Manisha Kumari	BBA IV	Girls	3rd

Spoon Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Alen Samuel	BCA – 2nd Semester	Boys	1st
2	Badal	BBA – 2nd Semester	Boys	2nd
3	Praveen	B.Com – 4th Semester	Boys	3rd

Spoon Race – Winners

S. No.	Student Name	Course / Semester	Category (Boys/Girls)	Position
1	Anjali Daspute	MBA II	Girls	1st
2	Shruti	MBA II	Girls	2nd
3	Avsheen Bedi	MBA II	Girls	3rd

Participants

The list below is provisional. It is carried from the participation records held by the Sports Club for the Sports Meet of 2025 and is to be replaced with the register of entries for this fixture.

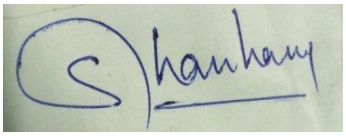
S. No.	Student Name	Event(s) Entered
1	Aastha Sharma	200 Meter Race / Spoon Race
2	Aditya	200 Meter Race / Spoon Race
3	Alen Samuel	200 Meter Race / Spoon Race
4	Angshu	200 Meter Race / Spoon Race
5	Anjali Daspute	200 Meter Race / Spoon Race
6	Anushka Sharma	200 Meter Race / Spoon Race
7	Aryan	200 Meter Race / Spoon Race
8	Avsheen Bedi	200 Meter Race / Spoon Race
9	Ayush Tiwari	200 Meter Race / Spoon Race
10	Badal	200 Meter Race / Spoon Race
11	Dhariya	200 Meter Race / Spoon Race
12	Drishti Suryavanshi	200 Meter Race / Spoon Race
13	Ekta Kapoor	200 Meter Race / Spoon Race
14	Hardik Singh	200 Meter Race / Spoon Race
15	Harika Mehra	200 Meter Race / Spoon Race
16	Khushi Shahi	200 Meter Race / Spoon Race
17	Lavanya Dhingra	200 Meter Race / Spoon Race
18	Manisha Kumari	200 Meter Race / Spoon Race
19	Manmeet Singh Gill	200 Meter Race / Spoon Race
20	Mayur	200 Meter Race / Spoon Race
21	Nadeem	200 Meter Race / Spoon Race

22	Naman	200 Meter Race / Spoon Race
23	Naman	200 Meter Race / Spoon Race
24	Prabhneet Kaur	200 Meter Race / Spoon Race
25	Pratigya Bhatia	200 Meter Race / Spoon Race
26	Praveen	200 Meter Race / Spoon Race
27	Ritika Singh	200 Meter Race / Spoon Race
28	Sachin	200 Meter Race / Spoon Race
29	Saksham	200 Meter Race / Spoon Race
30	Shivang Chauhan	200 Meter Race / Spoon Race
31	Shruti	200 Meter Race / Spoon Race
32	Sultan	200 Meter Race / Spoon Race
33	Uday Sharma	200 Meter Race / Spoon Race
34	Vaibhav Singh	200 Meter Race / Spoon Race
35	Himanshi	50 Meter / 100 Meter Race
36	Sakshi Awasthi	50 Meter / 100 Meter Race
37	Sanvi Saklani	50 Meter / 100 Meter Race
38	Aditya Malik	50 Meter / 100 Meter Race
39	Alwin Binu	50 Meter / 100 Meter Race
40	Anjani Kumari	50 Meter / 100 Meter Race
41	Deeptanshu Sharma	50 Meter / 100 Meter Race
42	Geet Bhatt	50 Meter / 100 Meter Race
43	Himanshi	50 Meter / 100 Meter Race
44	Lipika Parasher	50 Meter / 100 Meter Race
45	Neha	50 Meter / 100 Meter Race

Conclusion

The competition concluded successfully with enthusiastic student participation. Track events of this kind remain among the most effective means of promoting physical fitness and a competitive temperament among students. The Sports Club commends the active involvement of all participants and encourages continued participation in such athletic events.

Note: The winners and positions in all four categories are to be entered from the official Sports Club register, and the provisional participant list above replaced with the register of entries for this fixture.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi

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52-55, Institutional Area, Janakpuri, New Delhi – 110058
Phone: (011) 40554679, 28522201-04 | Website: www.meri.edu.in

Ref: Office2/Dean/SPORTS/2026/12 **Date: 11 March 2026**

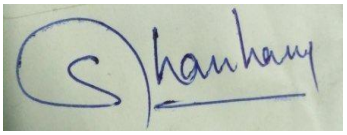
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

Intra-College Kho-Kho Tournament

MERI College is organizing an Intra-College Kho-Kho Tournament on 24 March 2026 for Boys & Girls.

Event Details:

- **Date:** 24 March 2026
- **Venue:** MERI Sports Ground
- **Time:** 3:30 PM onwards
- **Registration:** Interested students may submit their team names latest by 21 March 2026 to the Student Coordinator: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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MERI COLLEGE

Management Education & Research Institute, Janakpuri, New Delhi – 110058

INTRA-COLLEGE KHO-KHO TOURNAMENT – REPORT

Event Overview

The Intra-College Kho-Kho Tournament was organized by the Sports & Fitness Club of MERI College on 24 March 2026 at the MERI Sports Ground for both Boys and Girls. The tournament was conducted with the objective of promoting agility, speed, teamwork, physical fitness and team spirit among students.

Two teams competed in each of the Boys' and Girls' categories. In the Boys' category, Baba Group and Power Ranger contested the final, while in the Girls' category the teams Moon and Flower were pitted against each other. Teams were drawn from students across the BCA, BBA and B.Com (Hons.) programmes and across semesters, and the matches were conducted under the supervision of the faculty coordinators and student volunteers, ensuring fair play throughout.

The participating teams demonstrated excellent coordination, stamina and discipline. The chasing and defending sequences were closely contested in both categories. Baba Group took the first position in the Boys' category and Power Ranger the second; in the Girls' category Team Moon finished first and Team Flower second. The winners were felicitated with certificates and medals at the conclusion of the tournament.

Date	24 March 2026
Venue	MERI Sports Ground
Time	3:30 PM onwards
Event	Intra-College Kho-Kho Tournament
Categories	Boys and Girls
Teams – Boys	Baba Group, Power Ranger
Teams – Girls	Moon, Flower
Organized By	Sports & Fitness Club, MERI College
Coordinator	Dr. Sumit Chauhan, Sports Coordinator
Student Coordinator	Piyush Monga

Results at a Glance

Category	Position	Team
Boys	1st Position	Baba Group
Boys	2nd Position	Power Ranger
Girls	1st Position	Team Moon
Girls	2nd Position	Team Flower

Boys' Category – 1st Position: Baba Group

S. No.	Student Name	Course / Semester	Enrolment No.
1	Piyush Monga (Captain)	BCA – 4th Semester	04315102024
2	Shashank Sharma	BBA – 1st Year	25MER0463
3	Sumit Singh	BCA – 4th Semester	03315102024
4	Varun Singh	BCA – 4th Semester	35215102024
5	Dhariya Negi	BCA – 2nd Semester	02715102025
6	Md. Nadeem	B.Com (Hons.) – 2nd Semester	00715188825
7	Devansh Rao	BCA – 2nd Semester	01615102025
8	Shritvik Chauhan	BCA – 2nd Semester	02615102025
9	Rishabh Yadav	BCA – 2nd Semester	05115102025

Girls' Category – 1st Position: Team Moon

S. No.	Student Name	Course / Semester	Enrolment No.
1	Khushi	B.Com (Hons.) – 6th Semester	01315188823
2	Monika	B.Com (Hons.) – 6th Semester	00115188823
3	Anisha Rawat	B.Com (Hons.) – 6th	70315188823

		Semester	
4	Akshita Jain	B.Com (Hons.) – 6th Semester	01015188823
5	Muskaan	B.Com (Hons.) – 6th Semester	07015188823
6	Sakshi Awasthi	BCA – 2nd Semester	02535102025
7	Jasbir Kaur	BBA – 2nd Semester	08515101725
8	Muskan	BBA – 2nd Semester	05835101725
9	Himanshi	BBA – 2nd Semester	00515101725
10	Nutan Sharma	BBA – 2nd Semester	01435101725

Girls' Category – 2nd Position: Team Flower

S. No.	Student Name	Course / Semester	Enrolment No.
1	Dhanisha	B.Com (Hons.)	3015188825
2	Simar	B.Com (Hons.)	05415188825
3	Radhika	B.Com (Hons.)	04515188825
4	Akriti	B.Com (Hons.)	03315188825
5	Kartiki	B.Com (Hons.)	02715188825
6	Bhavya Bhatnagar	BBA	07515101725
7	Falguni	BCA	05315102025
8	Tannu	BCA	05415188825
9	Sanvi	BCA	04215102025

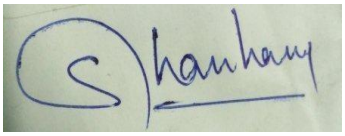
Conclusion

The tournament concluded successfully with enthusiastic student participation and effective coordination by the Sports Department. Kho-Kho, as a traditional Indian sport, offers an excellent means of building endurance, quick decision-making and collective responsibility among students. The institute congratulates Baba Group and Team Moon on their victories, and commends Power Ranger and Team Flower for their performance.

Event Glimpses

Photographs of the tournament are available in the ‘Photos’ sub-folder accompanying this report.

Results as furnished by the Student Coordinator, Piyush Monga, on 03 September 2026. The player list of Power Ranger, runners-up in the Boys' category, was not included in the record and may be added from the official register if required.



Dr. Sumit Chauhan
Sports Coordinator
MERI College

Date: _____ Place: New Delhi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Ref: Office2/Dean/SPORTS/2026/13 **Date: 20 March 2026**

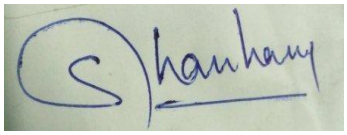
NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

SPARDHA-2026 - Annual Inter-College Sports Meet, MERI Group of Institutions

This is to inform all students that the MERI Group of Institutions is organizing its Annual Inter-College Sports Meet 'SPARDHA-2026' on 1st and 2nd April 2026 at MERI College of Engineering & Technology, Sampla, Bahadurgarh. Students of MERI College, Janakpuri, will represent the branch across track & field, team and racquet events.

Event Details:

- **Date: 01 - 02 April 2026**
- **Venue: MERI College of Engineering & Technology, Sampla, Bahadurgarh**
- **Events: 100m, 200m, 400m, 4x100m Relay, Tug of War, Basketball, Volleyball, Kho-Kho, Badminton, Lawn Tennis, Pickleball, Discus Throw and Shot Put**
- **Registration: Interested students may submit their names latest by 27 March 2026 to the Student Coordinator: Piyush Monga - 8745055523**



Dr. Sumit Chauhan
Sports In-charge

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All Notice Boards
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Report on SPARDHA–2026
MERI Group of Institutions
Date: 1–2 April 2026
Venue: MERI College of Engineering & Technology, Sampla, Bahadurgarh

The MERI Group of Institutions successfully organized its Annual Inter-College Sports Meet **"SPARDHA–2026"** on 1st and 2nd April 2026 at its Sampla campus. The event witnessed enthusiastic participation from various MERI branches, promoting sportsmanship, teamwork, and competitive spirit among students.
The MERI College, Janakpuri (New Delhi) branch delivered an outstanding performance across multiple athletic and team events, securing top positions in several categories over both days.

Day 1 Highlights (1 April 2026)
The first day focused primarily on track & field events and individual sports. Students from MERI Janakpuri demonstrated exceptional athletic ability and competitive excellence.
Track Events Performance

- **100 meters**
    - 1st Position: *Anisha*
    - 3rd Position: *Saumya Ranjan*
- **200 meters**
    - 1st Position: *Alen Samuel*
    - 2nd Position: *Rajat Bhatt*
    - 3rd Position: *Piyush Monga*
    - 1st Position (Girls): *Anisha*
- **400 meters**
    - 1st Position: *Monika*

Other Events

- **Lawn Tennis**
    - 3rd Position: *Khushi*

Day 2 Highlights (2 April 2026)
The second day featured team sports, relays, and field events. MERI Janakpuri continued its momentum with remarkable achievements.
Team Events

- **Tug of War** – 1st Position
- **4×100m Relay (Boys)** – 1st Position
  (Piyush Monga, Soumyo, Alen Samuel, Rajat Bhatt)
- **Basketball** – 1st Position
- **Volleyball** – 2nd Position
- **Kho-Kho** – 2nd Position
- **4×100m Relay (Girls)** – 2nd Position
  (Anisha, Khushi, Dhanisha, Monika)

Badminton

- **Singles** – 1st Position: *Monika*
- **Doubles** – 1st Position: *(Monika & Arushi)*

Pickleball

- 1st Position: *Khushi*
- 2nd Position: *Anisha*
- 3rd Position: *Muskaan*

Field Events

- **Discus Throw**
    - 1st Position: *Suraj Rawat*
    - 2nd Position: *Khushi*
- **Shot Put**
    - 1st Position: *Suraj Rawat*

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Ref: Office2/Dean/SPORTS/2026/14 **Date: 24 March 2026**

NOTICE (MBA, BCA, B.COM(H), BA(JMC) & BBA)

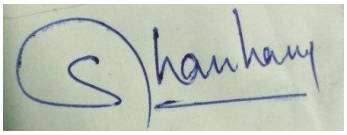
All India Inter University Thang-Ta (Men & Women) Competition 2025–26

This is to inform that MERI College students will be representing GGSIP University at the All India Inter University Thang-Ta (Men & Women) Competition 2025–26, organized by Manipur University, Kanchipur, Imphal, under the aegis of the Association of Indian Universities (AIU), New Delhi, from 06 to 09 April 2026.

Participating students will depart on 05 April 2026 and return on 10 April 2026.

Event Details:

- **Date:** 06 to 09 April 2026
- **Venue:** Manipur University, Kanchipur, Imphal
- **Departure:** 05 April 2026
- **Contact:** For details, contact: Piyush Monga – 8745055523



Dr. Sumit Chauhan
Sports In-charge

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Report on Participation in All India Inter University Thang-Ta (Men & Women) Competition 2025-26

I with two student participants from our College represented GGSIP University in the **All India Inter University Thang-Ta (Men & Women) Competition 2025-26**, organized by **Manipur University, Kanchipur, Imphal**, under the aegis of the **Association of Indian Universities (AIU), New Delhi**, from **06 April 2026 to 09 April 2026**.

1. Participants from MERI College

The following students from MERI College represented GGSIP University in the championship:

S. No.	Name of Student	Course	Semester	Batch
1	Jatin Negi	BBA	4th Semester	2024-2027
2	Aniket	BBA	2nd Semester	2025-2027

2. Journey Details

- **Departure:** 05 April 2026 via Indigo Flight to Imphal
- **Arrival at Imphal:** Approximately 11:45 AM
- **Return Journey:** 10 April 2026 via Air India Express Flight to Delhi

The journey was smooth and well managed.

3. Managers' Meeting

A Managers' meeting was conducted on **05 April 2026 at 5:30 PM** at **Manipur Central University, Imphal**.

During the meeting:

- All managers and officials introduced themselves.
- Organizers briefed all participants regarding:
  - Competition schedule
  - Rules and regulations
  - Reporting timings
  - Venue arrangements
  - Match procedures and discipline guidelines

The meeting concluded with refreshments including tea and biscuits.

4. Inaugural Ceremony

The inaugural function of the championship was held at **Dr. Kamal Indoor Stadium, Kanchipur, Manipur University** in a grand manner. The event witnessed participation from universities across India and reflected the rich sporting culture of Manipur.

5. Competition Performance

(A) Jatin Negi

- Event: **Phunaba-1 (Men)**
- Weight Category: **80 KG**
- University: **GGSIP University**

Jatin Negi played his bout on **08 April 2026**. He gave an excellent performance and displayed remarkable fighting spirit. He narrowly lost against **Manipur University** by only **2 points**, which reflects his strong competitiveness against a highly experienced opponent.

(B) Aniket

- Event: **PhunabaAnisubha (Men)**
- Weight Category: **80+ KG**
- University: **GGSIP University**

Aniket also participated in his scheduled bout on **08 April 2026**. He fought with determination and represented the institution with discipline and commitment. Though he lost in the first round, the exposure gained at the national level will be highly beneficial for his future growth.

6. Closing Ceremony
The closing ceremony of the championship was held on **09 April 2026** at the competition venue. The event concluded successfully with prize distribution and appreciation for all participating universities.

7. Overall Experience and Observations
The championship was very well organized by **Manipur University**. The arrangements regarding accommodation, transport, competition management, hospitality, and coordination were commendable.
This participation provided valuable exposure to our students in the following areas:

- National level competition experience
- Interaction with athletes from across India
- Understanding of advanced competitive standards
- Mental toughness and confidence building
- Motivation for future achievements

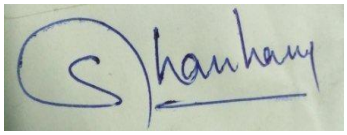
Manipur, being the birthplace of Thang-Ta, offered an inspiring atmosphere for the event.

8. Acknowledgements
I express my sincere gratitude to:

- **Prof. Lalit Aggarwal Sir** for granting permission and support to represent MERI / GGSIPU at the national level.
- MERI College administration for continuous encouragement of sports participation.

9. Conclusion
The participation of MERI students in this prestigious AIU National Championship was a matter of pride for the institution. Both students performed commendably and gained significant competitive exposure. Such opportunities greatly contribute to personality development, discipline, and sporting excellence.

I recommend continued encouragement and support for students participating in university and national level sports competitions.



Submitted by:
Sumit Chauhan

MERI College
Date: _____
Place: New Delhi